

# A randomised trial of a comprehensive stroke information service for patients and carers.

<b>Submission date</b> 23/01/2004	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 23/01/2004	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 21/01/2010	<b>Condition category</b> Circulatory System	<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

**Secondary identifying numbers**  
HSR/067 R180/05588

# Study information

## Scientific Title

## Study objectives

To determine the effectiveness of a multi-disciplinary Stroke Education Programme for stroke patients and their informal carers in improving health status, by enhancing their knowledge of the causes and consequences of stroke and the availability of community support

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Not provided at time of registration

## Study design

Randomised controlled trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Hospital

## Study type(s)

Treatment

## Participant information sheet

## Health condition(s) or problem(s) studied

Cerebrovascular disease

## Interventions

1. Stroke educational programme (SEP):  
One 1-hour small group educational session for inpatients followed by six 1-hour sessions after discharge
2. A control group to receive conventional stroke unit care

## Intervention Type

Other

## Phase

Not Specified

## Primary outcome measure

Patient and informal carer perceived health status (SF-36) at six months post stroke

## **Secondary outcome measures**

1. Knowledge of stroke
2. Satisfaction with services
3. Emotional outcomes of patients and informal carers
4. Informal carer stress
5. Disability

## **Overall study start date**

06/01/1996

## **Completion date**

31/05/1998

# **Eligibility**

## **Key inclusion criteria**

In-patients and their carers, randomised within one week of stroke or when mentally stable

## **Participant type(s)**

Patient

## **Age group**

Other

## **Sex**

Both

## **Target number of participants**

204 patients, 176 carers (added 21/01/10; see publication)

## **Key exclusion criteria**

Does not match inclusion criteria

## **Date of first enrolment**

06/01/1996

## **Date of final enrolment**

31/05/1998

# **Locations**

## **Countries of recruitment**

England

United Kingdom

## **Study participating centre**

**Centre for Health Services Research**  
Newcastle upon Tyne  
United Kingdom  
NE2 4AA

## **Sponsor information**

### **Organisation**

NHS R&D Regional Programme Register - Department of Health (UK)

### **Sponsor details**

The Department of Health  
Richmond House  
79 Whitehall  
London  
United Kingdom  
SW1A 2NL  
+44 (0)20 7307 2622  
dhmail@doh.gsi.org.uk

### **Sponsor type**

Government

### **Website**

<http://www.doh.gov.uk>

## **Funder(s)**

### **Funder type**

Government

### **Funder Name**

NHS Executive Northern and Yorkshire (UK)

## **Results and Publications**

### **Publication and dissemination plan**

Not provided at time of registration

### **Intention to publish date**

### **Individual participant data (IPD) sharing plan**

**IPD sharing plan summary**  
Not provided at time of registration

**Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/12/1999		Yes	No