

# Extended scope physiotherapy (ESP) practice in primary care: a prospective pilot study of its role in the management of back pain

<b>Submission date</b> 12/09/2003	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 12/09/2003	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 16/09/2014	<b>Condition category</b> Musculoskeletal Diseases	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

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### Contact details

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## Additional identifiers

### Protocol serial number

N0080120591

## Study information

### Scientific Title

**Study objectives**

To determine the health outcomes of patients referred directly to an ESP service for back pain and to assess the cost effectiveness of an ESP service.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Not provided at time of registration

**Study design**

Prospective randomised pilot study

**Primary study design**

Interventional

**Study type(s)**

Treatment

**Health condition(s) or problem(s) studied**

Musculoskeletal Diseases: Back pain

**Interventions**

Initial assessment by triage clinician.

Three arms of study:

1. Specialist
2. Extended Scope Physio triage who randomises groups to controls or ESP cases
3. Secondary care physiotherapist

**Intervention Type**

Other

**Phase**

Not Applicable

**Primary outcome(s)**

Results from this study will provide evidence for service development in back pain management

**Key secondary outcome(s))**

Not provided at time of registration

**Completion date**

01/08/2004

**Eligibility****Key inclusion criteria**

Patients are eligible for this study if acute back pain from 2-12 weeks duration or chronic mechanical pain >12.

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Not Specified

**Sex**

Not Specified

**Key exclusion criteria**

Not provided at time of registration

**Date of first enrolment**

01/02/2003

**Date of final enrolment**

01/08/2004

**Locations****Countries of recruitment**

United Kingdom

England

**Study participating centre**

Consultant Rheumatologist

London

United Kingdom

E11 1NR

**Sponsor information****Organisation**

Department of Health (UK)

**Funder(s)****Funder type**

Government

**Funder Name**

Whipps Cross University Hospital NHS Trust (UK)

**Results and Publications**

Individual participant data (IPD) sharing plan

**IPD sharing plan summary**

Not provided at time of registration