

# Extended scope physiotherapy (ESP) practice in primary care: a prospective pilot study of its role in the management of back pain

<b>Submission date</b> 12/09/2003	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 12/09/2003	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 16/09/2014	<b>Condition category</b> Musculoskeletal Diseases	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

Dr Alan Hakim

### Contact details

Consultant Rheumatologist  
Whipps Cross University Hospital NHS Trust  
Whipps Cross Hospital  
Whipps Cross Road  
London  
United Kingdom  
E11 1NR

## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

### Secondary identifying numbers

N0080120591

# Study information

## Scientific Title

## Study objectives

To determine the health outcomes of patients referred directly to an ESP service for back pain and to assess the cost effectiveness of an ESP service.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Not provided at time of registration

## Study design

Prospective randomised pilot study

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Not specified

## Study type(s)

Treatment

## Participant information sheet

## Health condition(s) or problem(s) studied

Musculoskeletal Diseases: Back pain

## Interventions

Initial assessment by triage clinician.

Three arms of study:

1. Specialist
2. Extended Scope Physio triage who randomises groups to controls or ESP cases
3. Secondary care physiotherapist

## Intervention Type

Other

## Phase

Not Applicable

## Primary outcome measure

Results from this study will provide evidence for service development in back pain management

**Secondary outcome measures**

Not provided at time of registration

**Overall study start date**

01/02/2003

**Completion date**

01/08/2004

## **Eligibility**

**Key inclusion criteria**

Patients are eligible for this study if acute back pain from 2-12 weeks duration or chronic mechanical pain >12.

**Participant type(s)**

Patient

**Age group**

Not Specified

**Sex**

Not Specified

**Target number of participants**

80 patients

**Key exclusion criteria**

Not provided at time of registration

**Date of first enrolment**

01/02/2003

**Date of final enrolment**

01/08/2004

## **Locations**

**Countries of recruitment**

England

United Kingdom

**Study participating centre**

Consultant Rheumatologist

London

United Kingdom  
E11 1NR

## Sponsor information

### Organisation

Department of Health (UK)

### Sponsor details

Richmond House  
79 Whitehall  
London  
United Kingdom  
SW1A 2NL

### Sponsor type

Government

### Website

<http://www.doh.gov.uk>

## Funder(s)

### Funder type

Government

### Funder Name

Whipps Cross University Hospital NHS Trust (UK)

## Results and Publications

### Publication and dissemination plan

Not provided at time of registration

### Intention to publish date

### Individual participant data (IPD) sharing plan

### IPD sharing plan summary

Not provided at time of registration