

Adolescent Asthma Action programme in Jordanian high schools

Submission date 11/10/2009	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
Registration date 03/11/2009	Overall study status Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
Last Edited 15/02/2012	Condition category Respiratory	<input type="checkbox"/> Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

Contact name
Dr Robyn Gallagher

Contact details
Faculty of Nursing, Midwifery and Health
University of Technology, Sydney
Sydney
Australia
2007

Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers
N/A

Study information

Scientific Title

Evaluation of a school-based, peer-led asthma education programme on quality of life, asthma-related knowledge and self-efficacy to resist smoking among adolescents with asthma in high schools in Jordan

Acronym

Triple A in Jordan (TAJ programme)

Study objectives

A school-based, peer-led asthma education program (TAJ) improves quality of life, asthma-related knowledge and self-efficacy to resist smoking among adolescents with asthma attending high schools in Jordan.

Ethics approval required

Old ethics approval format

Ethics approval(s)

1. Human Research Ethics Committee, the University of Technology, Sydney, Australia, approved on 23/08/2006 (ref: 2006-214A)
2. Ministry of Education, Irbid, Jordan, approved on 11/07/2006 (ref: 35794/10/3)

Study design

Cluster-randomised (at the school level) controlled trial

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Other

Study type(s)

Treatment

Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

Health condition(s) or problem(s) studied

Asthma, wheezing

Interventions

This is a cluster-randomised (at the school level), controlled trial. Four schools were randomly selected from the list of all eligible schools in the Irbid region, stratified by gender.

The intervention is an adaptation and implementation of the Triple A programme (TAJ), which was developed by Shah in 1993 in Australia. Triple A is a peer-led education programme that involves senior students educating younger peers about asthma and smoking through a three-step implementation process in high schools (description of the TAJ programme in: <http://www.ncbi.nlm.nih.gov/pubmed/9436069>). Students in the intervention schools received the modified

Triple A programme, and students in the control schools did not receive any intervention but continued their usual routine.

261 students were recruited but 241 completed the trial.

Intervention Type

Other

Phase

Not Applicable

Primary outcome measure

Asthma-related quality of life, assessed by the Paediatric Asthma Quality of Life Questionnaire (PAQLQ)

All primary and secondary outcomes were assessed at baseline (December 2006) and at post-intervention (April 2007).

Secondary outcome measures

1. Asthma knowledge of self-management, assessed by the Consumer Asthma Knowledge Questionnaire (CQ)
2. Self-efficacy to resist smoking, assessed by the Self-Administered Nicotine-Dependence Self-Efficacy Sub-Scale (SANDSES)

All primary and secondary outcomes were assessed at baseline (December 2006) and at post-intervention (April 2007).

All three questionnaires used in this trial were self-administered and were in validated Arabic versions.

Overall study start date

10/11/2006

Completion date

01/05/2007

Eligibility

Key inclusion criteria

1. Both males and females, in year 8, 9, or 10 at school
2. Recent wheezing in the last 12 months as detected by the Core Questionnaire for Wheezing and Asthma (CQWA). This questionnaire is an Arabic version of the International Studies of Asthma and Allergies in Childhood (ISAAC) Written Questionnaire.
3. Physically and cognitively capable of completing the survey
4. Able to read and converse in both Arabic and English
5. Attending regular school classes
6. Free of any other major diseases that could affect quality of life measures
7. Not involved in another concurrent health-related study

Participant type(s)

Patient

Age group

Other

Sex

Both

Target number of participants

250 - 280

Key exclusion criteria

1. Students who were not regularly attending years 8, 9, and 10
2. Students who did not experience wheezing in the last 12 months
3. Students who had other chronic conditions

Date of first enrolment

10/11/2006

Date of final enrolment

01/05/2007

Locations**Countries of recruitment**

Australia

Jordan

Study participating centre

Faculty of Nursing, Midwifery and Health

Sydney

Australia

2007

Sponsor information**Organisation**

Westmead Hospital (Australia)

Sponsor details

Primary Health Care Education and Research Unit

PO Box 533

NSW 2145

Wentworthville
Australia
2145

Sponsor type

Hospital/treatment centre

Website

<http://www.swahs.health.nsw.gov.au/westmead/index.htm>

ROR

<https://ror.org/04gp5yv64>

Funder(s)

Funder type

Hospital/treatment centre

Funder Name

Westmead Hospital, Primary Health Care Education and Research Unit (Australia)

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/01/2012		Yes	No