

Randomised controlled trial of computerised psychological treatment of anxiety and depression in primary care

Submission date 12/09/2003	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered
Registration date 12/09/2003	Overall study status Completed	<input type="checkbox"/> Protocol
Last Edited 18/08/2011	Condition category Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

Contact name
Ms Meredith Robson

Contact details
West London Mental Health Trust
2 Wolverton Gardens
London
United Kingdom
W6 7DY
+44 (0)20 8846 7765

Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers
M0001078853

Study information

Scientific Title

Study objectives

To compare the efficacy and cost effectiveness of a short term computer treatment package for anxiety and depression in primary care.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Not specified

Study type(s)

Not Specified

Participant information sheet

Health condition(s) or problem(s) studied

Mental and Behavioural Disorders: Depression

Interventions

The computerised administered programme will be compared with the standard GP treatment and standard clinical psychology treatment.

Intervention Type

Other

Phase

Not Specified

Primary outcome measure

A computerised package will be therapeutically effective as a companion to therapists working in primary care.

Secondary outcome measures

Not provided at time of registration

Overall study start date

01/04/1999

Completion date

01/06/2003

Eligibility

Key inclusion criteria

Patients from general practices will be asked to participate in the study, presenting with anxiety and depression. They will be randomly allocated to one of two conditions: the computerised treatment package or clinical psychology treatment. GP matched controls will be obtained from a London trial run from the Institute of Psychiatry.

Participant type(s)

Patient

Age group

Not Specified

Sex

Not Specified

Target number of participants

Not provided at time of registration

Key exclusion criteria

Not provided at time of registration

Date of first enrolment

01/04/1999

Date of final enrolment

01/06/2003

Locations

Countries of recruitment

England

United Kingdom

Study participating centre

West London Mental Health Trust
London
United Kingdom
W6 7DY

Sponsor information

Organisation

Department of Health (UK)

Sponsor details

Richmond House
79 Whitehall
London
United Kingdom
SW1A 2NL

Sponsor type

Government

Website

<http://www.doh.gov.uk>

Funder(s)

Funder type

Government

Funder Name

The West London Research Network - WeLReN (UK)

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/01/2004		Yes	No