

Randomised controlled trial of computerised psychological treatment of anxiety and depression in primary care

Submission date 12/09/2003	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered
Registration date 12/09/2003	Overall study status Completed	<input type="checkbox"/> Protocol
Last Edited 18/08/2011	Condition category Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
M0001078853

Study information

Scientific Title

Study objectives

To compare the efficacy and cost effectiveness of a short term computer treatment package for anxiety and depression in primary care.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Study type(s)

Not Specified

Health condition(s) or problem(s) studied

Mental and Behavioural Disorders: Depression

Interventions

The computerised administered programme will be compared with the standard GP treatment and standard clinical psychology treatment.

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

A computerised package will be therapeutically effective as a companion to therapists working in primary care.

Key secondary outcome(s)

Not provided at time of registration

Completion date

01/06/2003

Eligibility**Key inclusion criteria**

Patients from general practices will be asked to participate in the study, presenting with anxiety and depression. They will be randomly allocated to one of two conditions: the computerised treatment package or clinical psychology treatment. GP matched controls will be obtained from a London trial run from the Institute of Psychiatry.

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Not Specified

Sex

Not Specified

Key exclusion criteria

Not provided at time of registration

Date of first enrolment

01/04/1999

Date of final enrolment

01/06/2003

Locations**Countries of recruitment**

United Kingdom

England

Study participating centre

West London Mental Health Trust

London

United Kingdom

W6 7DY

Sponsor information**Organisation**

Department of Health (UK)

Funder(s)**Funder type**

Government

Funder Name

The West London Research Network - WeLReN (UK)

Results and Publications

Individual participant data (IPD) sharing plan**IPD sharing plan summary**

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/01/2004		Yes	No