

# The efficacy of a nail laquer in daily practice use, in patients with persistent onychomycosis who failed a previous topical treatment

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<b>Registration date</b> 23/01/2013	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input type="checkbox"/> Results
<b>Last Edited</b> 10/07/2015	<b>Condition category</b> Infections and Infestations	<input type="checkbox"/> Individual participant data <input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

### Background and study aims

Onychomycosis is a common fungal infection of the nail mostly caused by dermatophytic fungi. Two compounds, amorolfine and ciclopirox, are currently used in a lacquer base as treatment. The study assesses whether treatment with Ciclopoli 8% Nagellack is useful in those patients (about 40-50%) who did not see any improvements after amorolfine local treatment.

### Who can participate?

Approximately 70 patients with persistent onychomycosis, after unsuccessful topical treatment with amorolfine, have been included.

### What does the study involve?

All participants that failed a treatment with amorolfine, received the same treatment with Ciclopoli® 8% Nagellack.

### What are the possible benefits and risks of participating?

The study could offer the chance of healing those patients previously treated without success with amorolfine, with a response rate similar to the oral treatment but with lower drug exposure. As it is a topical administration, there are no risks.

### Where is the study run from?

Ten dermatologists in Germany participated.

### When is the study starting and how long is it expected to run for?

The patients were recruited between June 2011 and July 2012.

### Who is funding the project?

Polichem SA (Switzerland).

Who is the main contact?  
Francesco Scarci  
francesco.scarci@polichem.com

## Contact information

**Type(s)**  
Scientific

**Contact name**  
Prof Wolfgang Vanscheidt

**Contact details**  
Facharzt für Dermatologie Phlebologie Allergologie  
Paula-Modersohn-Platz 3  
Freiburg  
Germany  
79100

## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

**Secondary identifying numbers**  
PM0921

## Study information

**Scientific Title**  
Ciclopoli® 8% Nagellack administration in onychomycotic patients who failed previously topical treatment

**Study objectives**  
Onychomycosis is a fungal infection of the nail. It is the most common disease of the nails and constitutes about a half of all nail abnormalities. This condition may affect toenails or fingernails, but toenail infections are particularly common.

This observational study would highlight if a drug with an optimal nail penetration, such as the water-soluble 8% ciclopirox lacquer Ciclopoli® 8% Nagellack, is useful in the real life onychomycosis treatment, in those patients unable to convert to negative direct examination (KOH) after amorolfine local treatment as no controlled data on amorolfine negative conversion of KOH were available.

**Ethics approval required**  
Old ethics approval format

**Ethics approval(s)**

Ethics Committee of the Bavarian Landesärztekammer [Ethik-Kommission der Bayerischen Landesärztekammer], 21/04/2011, ref: 7/11049

**Study design**

Observational study

**Primary study design**

Observational

**Secondary study design**

Cohort study

**Study setting(s)**

Hospital

**Study type(s)**

Treatment

**Participant information sheet**

Not available in web format, please use the contact details below to request a patient information sheet

**Health condition(s) or problem(s) studied**

Onychomycosis

**Interventions**

Observational study over a period of 24 weeks in patients unsuccessfully treated topically with a different antimycotic nail lacquer.

According to the scientific information, the usual treatment duration is 6 months. Ciclopoli® 8% Nagellack should be applied once/day on the affected nails. Nevertheless, it is recommended to treat all nails, even if they are not affected. Therefore the period that the patients underwent to the treatment was 6 months with visits at 3 different timepoints (recruitment, 3 months and 6 months),

**Intervention Type**

Drug

**Phase**

Not Applicable

**Drug/device/biological/vaccine name(s)**

8% ciclopirox lacquer Ciclopoli® 8% Nagellack

**Primary outcome measure**

Negative conversion of direct microscopy examination (KOH) of the target nail after 6 months of treatment

**Secondary outcome measures**

1. Clinical improvement of the target nail (change of affected area compared to baseline assessed by Physician) after 3 and 6 months of treatment
2. Clinical improvement of the other affected nails (change of affected area compared to baseline assessed by Physician) after 3 and 6 months of treatment
3. Clinical evaluation of the number of affected nails at baseline and at the end of 6-month therapy
4. Patient's treatment satisfaction assessed by Clinical Global Impression-scale (CGI), after 3 and 6 months
5. Investigator's treatment satisfaction assessed by Clinical Global Impressionscale (CGI) with the previous amorolfine treatment at Screening
6. Investigator's treatment satisfaction assessed by Clinical Global Impressionscale (CGI) after 6 months
7. The evaluation of safety

**Overall study start date**

01/06/2011

**Completion date**

31/12/2013

## Eligibility

**Key inclusion criteria**

Patients with the following characteristics should be considered for inclusion into the study:

1. Diagnosis: distolateral or subungual mild to moderate onychomycosis (ICD 10, Ziffer B 35.1)
2. Patients of both gender, aged above 18 years old
3. Indication for local treatment of Onychomycosis with Ciclopoli® 8% Nagellack
4. Laboratory finding positive for fungi (KOH examination)
5. Affected area of minimum 10% of at least one toenail or one fingernail
6. Unsuccessful topical amorolfine treatment lasted at least 6 months and concluded no later than one month before inclusion
7. No concomitant oral treatment for onychomycosis
8. Signed informed consent form (ICF)

**Participant type(s)**

Patient

**Age group**

Adult

**Lower age limit**

18 Years

**Sex**

Both

**Target number of participants**

70 evaluable patients are needed

**Key exclusion criteria**

Onychomycotic patients with indication to oral treatment

**Date of first enrolment**

01/06/2011

**Date of final enrolment**

01/07/2012

## **Locations**

**Countries of recruitment**

Germany

**Study participating centre**

Facharzt für Dermatologie Phlebologie Allergologie

Freiburg

Germany

79100

## **Sponsor information**

**Organisation**

Polichem SA (Switzerland)

**Sponsor details**

Via Senago 42D

Lugano-Pazzallo

Switzerland

CH - 6912

**Sponsor type**

Industry

**Website**

<http://www.polichem.com>

**ROR**

<https://ror.org/05735qy63>

## **Funder(s)**

**Funder type**

Industry

**Funder Name**

Polichem SA (Switzerland)

**Results and Publications****Publication and dissemination plan**

Not provided at time of registration

**Intention to publish date****Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration