# Peripheral targeting of inhaled recombinant human deoxyribonuclease in stable cystic fibrosis patients

Submission date	Recruitment status	[X] Prospectively registered
07/03/2007	No longer recruiting	∐ Protocol
Registration date	Overall study status	Statistical analysis plan
07/03/2007	Completed	☐ Results
Last Edited	Condition category	Individual participant data
12/08/2008	Nutritional, Metabolic, Endocrine	Record updated in last year

## Plain English summary of protocol

Not provided at time of registration

## Contact information

## Type(s)

Scientific

#### Contact name

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## Additional identifiers

**EudraCT/CTIS** number

**IRAS** number

ClinicalTrials.gov number

## Secondary identifying numbers

2412325-3; NTR912

# Study information

#### Scientific Title

## **Study objectives**

Recombinant human deoxyribonuclease (rhDNase) targeted to the peripheral airways improves lung function in children with cystic fibrosis (CF) and a stable clinical condition.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Ethics approval received from the Medical Ethical Committee of Erasmus MC Rotterdam on the 26th April 2007.

## Study design

Randomised, active controlled, parallel group, double blinded, multicentre trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Hospital

## Study type(s)

Treatment

## Participant information sheet

## Health condition(s) or problem(s) studied

Cystic fibrosis

#### Interventions

25 patients will receive four weeks of treatment with inhaled rhDNase targeted to the peripheral airways and 25 patients will receive four weeks of treatment with inhaled rhDNase targeted to the central airways. The central airways regimen is aimed to simulate equal deposition pattern as compared to conventional maintenance therapy. The peripheral airway regimen deposits a greater percentage of the medication in the peripheral airways.

## Intervention Type

Drug

#### Phase

## Drug/device/biological/vaccine name(s)

Recombinant human deoxyribonuclease (rhDNase)

#### Primary outcome measure

Primary endpoint will be the change in forced expiratory flow (FEF75) as a result of treatment. FEF75 is the most suitable endpoint since it is sensitive to peripheral airways obstruction.

## Secondary outcome measures

Secondary endpoints will include:

- 1. Lung Clearance Index (LCI) measurements as assessed by multiple breath washout
- 2. Other values obtained in the flow volume curve:
- 2.1. Maximum mean expiratory flow (MMEF25-75)
- 2.2. Forced expiratory volume in one second (FEV1)
- 2.3. Forced Vital Capacity (FVC)
- 3. Other study parameters, such as use of antibiotics and number of exacerbations (if applicable)

## Overall study start date

01/05/2007

#### Completion date

01/05/2008

# **Eligibility**

#### Key inclusion criteria

- 1. Age between six and 18 years old
- 2. Diagnosis of CF confirmed by sweat-test and/or deoxyribonucleic acid (DNA) analysis and/or electro-physiology testing (nasal potential difference measurement)
- 3. Routine treatment with rhDNase once daily, started at least one month before enrolment in the study
- 4. Stable condition, in this study defined as: no intravenous (i.v.) antibiotics (hospital or at home) in the previous month and constant medication regime during the previous two weeks (for example: no additional oral antibiotics course, no newly started inhaled or systemic corticosteroids etc.,)
- 5. Ability to perform lung function tests (assessed by trained lung function technician)
- 6. Lung function: forced vital capacity (FVC) greater than 40% predicted
- 7. Signed written informed consent

## Participant type(s)

Patient

#### Age group

Child

#### Lower age limit

6 Years

#### Upper age limit

18 Years

#### Sex

**Not Specified** 

## Target number of participants

50

## Key exclusion criteria

- 1. Inability to follow instructions of the investigator
- 2. Inability to inhale rhDNase
- 3. Clinical condition not stable, as assessed by the patients paediatrician
- 4. Concomitant medical conditions that effect inhaled treatment (e.g. cleft palate, severe malacia)
- 5. Current respiratory tract infection
- 6. Pulmonary complications that might put the patient at risk to participate in the study
- 7. Neuromuscular disease
- 8. Poor compliance with treatment as assessed by the patients paediatrician
- 9. Active allergic bronchopulmonary aspergillosis (ABPA) defined as an oral course of prednisone for ABPA within the last three months

#### Date of first enrolment

01/05/2007

## Date of final enrolment

01/05/2008

## Locations

#### Countries of recruitment

Italy

Netherlands

#### Study participating centre

Division of Pediatric Respiratory Medicine, Room Sb-2666

Rotterdam Netherlands 3015 GJ

# Sponsor information

## Organisation

Erasmus Medical Centre (The Netherlands)

## Sponsor details

Sophia Children's Hospital Dr. Molewaterplein 60 Rotterdam Netherlands 3015 GJ

## Sponsor type

Hospital/treatment centre

#### Website

http://www.erasmusmc.nl/

## ROR

https://ror.org/018906e22

# Funder(s)

## Funder type

Industry

#### **Funder Name**

Roche Nederland B.V. (The Netherlands)

#### Funder Name

Erasmus Medical Centre (The Netherlands)

## **Results and Publications**

## Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration