

# Does exercise influence the first trimester nuchal translucency measurement of the fetus? A randomised controlled study

<b>Submission date</b> 12/09/2003	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 12/09/2003	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 30/04/2015	<b>Condition category</b> Pregnancy and Childbirth	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

Mr Chris Griffin

### Contact details

Department of Obstetrics & Gynaecology  
Birmingham Heartlands & Solihull NHS Trust  
Bordesley Green East  
Bordesley Green  
Birmingham  
United Kingdom  
B9 5SS  
+44 (0)121 424 2000  
abc@email.com

## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

## Secondary identifying numbers

N0046118377

# Study information

## Scientific Title

Does exercise influence the first trimester nuchal translucency measurement of the fetus? A randomised controlled study

## Study objectives

Not provided at time of registration

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Not provided at time of registration

## Study design

Randomised controlled trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Not specified

## Study type(s)

Not Specified

## Participant information sheet

## Health condition(s) or problem(s) studied

Pregnancy and Childbirth: Nuchal translucency screening

## Interventions

A randomised controlled study

## Intervention Type

Other

## Phase

Not Specified

## Primary outcome measure

Not provided at time of registration

**Secondary outcome measures**

Not provided at time of registration

**Overall study start date**

01/01/2003

**Completion date**

01/01/2004

## Eligibility

**Key inclusion criteria**

Not provided at time of registration

**Participant type(s)**

Patient

**Age group**

Adult

**Sex**

Female

**Target number of participants**

74

**Key exclusion criteria**

Not provided at time of registration

**Date of first enrolment**

01/01/2003

**Date of final enrolment**

01/01/2004

## Locations

**Countries of recruitment**

England

United Kingdom

**Study participating centre**

**Birmingham Heartlands & Solihull NHS Trust**

Birmingham

United Kingdom

B9 5SS

# Sponsor information

## Organisation

Department of Health (UK)

## Sponsor details

Richmond House  
79 Whitehall  
London  
United Kingdom  
SW1A 2NL

## Sponsor type

Government

## Website

<http://www.doh.gov.uk>

# Funder(s)

## Funder type

Government

## Funder Name

Birmingham Heartlands and Solihull NHS Trust (UK)

# Results and Publications

## Publication and dissemination plan

Not provided at time of registration

## Intention to publish date

## Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration