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# Predicting the outcome of conservative (non-surgical) voice therapy for adults with laryngeal pathologies associated with hyperfunctional voice use

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|---|---|---|
| **Submission date**<br>10/10/2002 | **Recruitment status**<br>No longer recruiting | [_] Prospectively registered<br>[_] Protocol |
| **Registration date**<br>10/10/2002 | **Overall study status**<br>Completed | [_] Statistical analysis plan<br>[_] Results |
| **Last Edited**<br>01/07/2009 | **Condition category**<br>Respiratory | [_] Individual participant data<br>[_] Record updated in last year |

**Plain English summary of protocol**
Not provided at time of registration

## Contact information

**Type(s)**
Scientific

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## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

**Secondary identifying numbers**
821007

# Study information

### Scientific Title

### Study objectives
Not provided at time of registration

### Ethics approval required
Old ethics approval format

### Ethics approval(s)
Not provided at time of registration

### Study design
Randomised controlled trial

### Primary study design
Interventional

### Secondary study design
Randomised controlled trial

### Study setting(s)
Hospital

### Study type(s)
Treatment

### Participant information sheet

### Health condition(s) or problem(s) studied
Voice disorders

### Interventions
Patients will be randomly assigned to either the treatment or non-treatment group:
1. Treatment group: each subject in the treatment group will receive a structured voice therapy programme individually. The program consists of 10 weekly sessions involving vocal hygiene education and vocal exercises
2. Control group: the non-treatment group will receive no therapy for 10 weeks before being given voice therapy

### Intervention Type
Other

### Phase
Not Specified

### Primary outcome measure

Not provided at time of registration

### Secondary outcome measures
Not provided at time of registration

### Overall study start date
01/01/1998

### Completion date
01/01/2001

## Eligibility

### Key inclusion criteria
1. Subjects with voice disorders should have one of the following pathologies:
1.1. Vocal nodule
1.2. Vocal polyp
1.3. Cysts
1.4. Chronic laryngitis
1.5. Odema
2. Must have normal hearing
3. Aged between 21 to 50 years old
4. Must be non-smokers
5. Consume less than one standard alcohol drink a day
6. Had not received any voice therapy
7. Not professional voice users (e.g., singers, actors, etc)

### Participant type(s)
Patient

### Age group
Adult

### Sex
Both

### Target number of participants
Not provided at time of registration

### Key exclusion criteria
Does not meet inclusion criteria

### Date of first enrolment
01/01/1998

### Date of final enrolment
01/01/2001

## Locations

### Countries of recruitment
Hong Kong

### Study participating centre
**Department of Speech & Hearing Sciences**
-
Hong Kong
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## Sponsor information

### Organisation
Hong Kong Health Services Research Fund (Hong Kong)

### Sponsor details
Health Welfare and Food Bureau
Government Secretariat, HKSAR
20th floor Murray Building
Garden Road
-
Hong Kong
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+852 (0)2973 8288
hsrf@hwfb.gov.hk

### Sponsor type
Government

### Website
http://www.fhb.gov.hk/grants/english/funds/funds_hhsrf/funds_hhsrf_abt/funds_hhsrf_abt.html

### ROR
https://ror.org/03qh32912

## Funder(s)

### Funder type
Government

### Funder Name
Hong Kong Health Services Research Fund (Hong Kong)

# Results and Publications

### Publication and dissemination plan
Not provided at time of registration

### Intention to publish date

### Individual participant data (IPD) sharing plan

### IPD sharing plan summary
Not provided at time of registration