

# Predicting the outcome of conservative (non-surgical) voice therapy for adults with laryngeal pathologies associated with hyperfunctional voice use

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|--|---|--|
| <b>Submission date</b><br>10/10/2002   | <b>Recruitment status</b><br>No longer recruiting | <input type="checkbox"/> Prospectively registered    |
| <b>Registration date</b><br>10/10/2002 | <b>Overall study status</b><br>Completed          | <input type="checkbox"/> Protocol                    |
| <b>Last Edited</b><br>01/07/2009       | <b>Condition category</b><br>Respiratory          | <input type="checkbox"/> Statistical analysis plan   |
|  |   | <input type="checkbox"/> Results                     |
|  |   | <input type="checkbox"/> Individual participant data |
|  |   | <input type="checkbox"/> Record updated in last year |

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

Dr E Yu

### Contact details

Department of Speech & Hearing Sciences

The University of Hong Kong

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Hong Kong

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## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

821007

# Study information

## Scientific Title

## Study objectives

Not provided at time of registration

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Not provided at time of registration

## Study design

Randomised controlled trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Hospital

## Study type(s)

Treatment

## Participant information sheet

## Health condition(s) or problem(s) studied

Voice disorders

## Interventions

Patients will be randomly assigned to either the treatment or non-treatment group:

1. Treatment group: each subject in the treatment group will receive a structured voice therapy programme individually. The program consists of 10 weekly sessions involving vocal hygiene education and vocal exercises
2. Control group: the non-treatment group will receive no therapy for 10 weeks before being given voice therapy

## Intervention Type

Other

## Phase

Not Specified

## Primary outcome measure

Not provided at time of registration

### **Secondary outcome measures**

Not provided at time of registration

### **Overall study start date**

01/01/1998

### **Completion date**

01/01/2001

## **Eligibility**

### **Key inclusion criteria**

1. Subjects with voice disorders should have one of the following pathologies:

1.1. Vocal nodule

1.2. Vocal polyp

1.3. Cysts

1.4. Chronic laryngitis

1.5. Odema

2. Must have normal hearing

3. Aged between 21 to 50 years old

4. Must be non-smokers

5. Consume less than one standard alcohol drink a day

6. Had not received any voice therapy

7. Not professional voice users (e.g., singers, actors, etc)

### **Participant type(s)**

Patient

### **Age group**

Adult

### **Sex**

Both

### **Target number of participants**

Not provided at time of registration

### **Key exclusion criteria**

Does not meet inclusion criteria

### **Date of first enrolment**

01/01/1998

### **Date of final enrolment**

01/01/2001

## **Locations**

**Countries of recruitment**

Hong Kong

**Study participating centre**

Department of Speech & Hearing Sciences

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Hong Kong

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## **Sponsor information**

**Organisation**

Hong Kong Health Services Research Fund (Hong Kong)

**Sponsor details**

Health Welfare and Food Bureau

Government Secretariat, HKSAR

20th floor Murray Building

Garden Road

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Hong Kong

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+852 (0)2973 8288

hsrf@hwfb.gov.hk

**Sponsor type**

Government

**Website**

[http://www.fhb.gov.hk/grants/english/funds/funds\\_hhsrf/funds\\_hhsrf\\_abt/funds\\_hhsrf\\_abt.html](http://www.fhb.gov.hk/grants/english/funds/funds_hhsrf/funds_hhsrf_abt/funds_hhsrf_abt.html)

**ROR**

<https://ror.org/03qh32912>

## **Funder(s)**

**Funder type**

Government

**Funder Name**

Hong Kong Health Services Research Fund (Hong Kong)

# Results and Publications

## Publication and dissemination plan

Not provided at time of registration

## Intention to publish date

## Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration