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Predicting the outcome of conservative (non-surgical) voice therapy for adults with laryngeal pathologies associated with hyperfunctional voice use

Submission date 10/10/2002	**Recruitment status** No longer recruiting	[_] Prospectively registered [_] Protocol
Registration date 10/10/2002	**Overall study status** Completed	[_] Statistical analysis plan [_] Results
Last Edited 01/07/2009	**Condition category** Respiratory	[_] Individual participant data [_] Record updated in last year

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
821007

Study information

Scientific Title

Study objectives
Not provided at time of registration

Ethics approval required
Old ethics approval format

Ethics approval(s)
Not provided at time of registration

Study design
Randomised controlled trial

Primary study design
Interventional

Study type(s)
Treatment

Health condition(s) or problem(s) studied
Voice disorders

Interventions
Patients will be randomly assigned to either the treatment or non-treatment group:
1. Treatment group: each subject in the treatment group will receive a structured voice therapy programme individually. The program consists of 10 weekly sessions involving vocal hygiene education and vocal exercises
2. Control group: the non-treatment group will receive no therapy for 10 weeks before being given voice therapy

Intervention Type
Other

Phase
Not Specified

Primary outcome(s)
Not provided at time of registration

Key secondary outcome(s))
Not provided at time of registration

Completion date
01/01/2001

Eligibility

Key inclusion criteria
1. Subjects with voice disorders should have one of the following pathologies:
1.1. Vocal nodule
1.2. Vocal polyp

1.3. Cysts
1.4. Chronic laryngitis
1.5. Odema
2. Must have normal hearing
3. Aged between 21 to 50 years old
4. Must be non-smokers
5. Consume less than one standard alcohol drink a day
6. Had not received any voice therapy
7. Not professional voice users (e.g., singers, actors, etc)

Participant type(s)
Patient

Healthy volunteers allowed
No

Age group
Adult

Sex
All

Key exclusion criteria
Does not meet inclusion criteria

Date of first enrolment
01/01/1998

Date of final enrolment
01/01/2001

Locations

Countries of recruitment
Hong Kong

Study participating centre
Department of Speech & Hearing Sciences
-
Hong Kong
-

Sponsor information

Organisation

Hong Kong Health Services Research Fund (Hong Kong)

ROR
https://ror.org/03qh32912

Funder(s)

Funder type
Government

Funder Name
Hong Kong Health Services Research Fund (Hong Kong)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration