

# Social Worker Focused Psychological Strategies

<b>Submission date</b> 30/03/2009	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 29/05/2009	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 10/07/2019	<b>Condition category</b> Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

**Contact name**  
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## Additional identifiers

**Protocol serial number**  
N/A

## Study information

**Scientific Title**  
Optimising allied health psychological treatments in primary health care: piloting a randomised controlled trial of social worker training in focused psychological strategies

**Acronym**  
SWFPS

**Study objectives**

Social workers (SW) trained for skills in focused psychological treatments will show greater improvements in psychological skills than untrained SW, as rated on the Cognitive Therapy Rating Scale (CTS).

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Behavioural and Social Sciences Human Ethics Sub-Committee approved on the 8th May 2009 (ref: 0830922)

**Study design**

Randomised controlled trial

**Primary study design**

Interventional

**Study type(s)**

Treatment

**Health condition(s) or problem(s) studied**

Mental health skills

**Interventions**

Social worker's names will be placed in an envelope and selected at random by the research co-ordinator, allocating them alternately to intervention (training group) or control group:

Intervention:

Face to face teaching sessions. Three 5-hour sessions involving role plays, and video examples facilitated by a mental health expert.

Control:

Training as usual. The control group are also offered the training (delivered in separate sessions to the intervention group) as incentive for participation.

Total duration of treatment (intervention group): three sessions of training held on consecutive Wednesdays 22/07/2009, 29/07/2009 and 05/08/2009

Total duration of follow-up: conducted on 12/08/2009, one week after the final training session

**Intervention Type**

Other

**Phase**

Not Applicable

**Primary outcome(s)**

Competence on standardised consultations video-taped and rated by two blind reviewers using the Cognitive Therapy Scale, measured on 22/07/2009 and 05/08/2009.

**Key secondary outcome(s))**

Confidence in FPS on pre- and post-surveys, measured 09/07/2009 and 16/07/2009 for the control group, and 17/07/2009 and 07/08/2009 for the intervention group.

**Completion date**

01/12/2009

## **Eligibility**

**Key inclusion criteria**

Registered Social Workers (adults over 18 years of age, either sex) in Victoria

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Lower age limit**

18 years

**Sex**

All

**Total final enrolment**

40

**Key exclusion criteria**

Non-Victorian Social Workers

**Date of first enrolment**

01/01/2009

**Date of final enrolment**

01/12/2009

## **Locations**

**Countries of recruitment**

Australia

**Study participating centre**

Senior Research Fellow in Global Health

Victoria, Melbourne

Australia

3010

# Sponsor information

## Organisation

The Australian Primary Health Care Research Institute (APHCRI) (Australia)

## ROR

<https://ror.org/019wvm592>

# Funder(s)

## Funder type

Government

## Funder Name

The Australian Primary Health Care Research Institute (APHCRI) (Australia)

# Results and Publications

## Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	05/11/2010	10/07/2019	Yes	No
<a href="#">Participant information sheet</a>	Participant information sheet	11/11/2025	11/11/2025	No	Yes