

# Fenofibrate Intervention and Event Lowering in Diabetes

**Submission date**

27/09/2004

**Recruitment status**

No longer recruiting

☐ Prospectively registered

☒ Protocol

**Registration date**

19/10/2004

**Overall study status**

Completed

☐ Statistical analysis plan

☒ Results

**Last Edited**

10/03/2023

**Condition category**

Nutritional, Metabolic, Endocrine

☐ Individual participant data

**Plain English summary of protocol**

Not provided at time of registration

## Contact information

**Type(s)**

Scientific

**Contact name**

Prof Anthony Keech

**Contact details**

NHMRC Clinical Trials Centre  
University of Sydney  
Locked Bag 77  
Camperdown  
Australia  
2040

## Additional identifiers

**Protocol serial number**

N/A

## Study information

**Scientific Title**

Fenofibrate Intervention and Event Lowering in Diabetes

**Acronym**

FIELD

**Study objectives**

The trial aims to determine whether treatment with fenofibrate, a potent modifier of blood lipid levels, will reduce the risk of fatal coronary heart disease in people with type 2 diabetes.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Added 10/09/2007: The study has been approved by local ethics committees at each participating institution.

**Study design**

Randomised controlled trial

**Primary study design**

Interventional

**Study type(s)**

Treatment

**Health condition(s) or problem(s) studied**

Type 2 diabetes

**Interventions**

200 mg daily comicronized fenofibrate or matching placebo.

**Intervention Type**

Drug

**Phase**

Not Applicable

**Drug/device/biological/vaccine name(s)**

Fenofibrate

**Primary outcome(s)**

First nonfatal myocardial infarction or coronary death

**Key secondary outcome(s)**

Not provided at time of registration

**Completion date**

31/12/2005

**Eligibility****Key inclusion criteria**

1. Type 2 diabetes mellitus with onset after the age of 35 years
2. Men and women aged 50-75 years of age
3. Average total cholesterol 3.0-6.5 mmol/L
4. Triglycerides/high-density cholesterol ratio of 4.0 or higher, or triglycerides over 1.0 mmol/L

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Sex**

All

**Total final enrolment**

9795

**Key exclusion criteria**

Added 21/04/2008:

1. Triglyceride levels over 5.0 mmol/L
2. Participants could not be taking any lipid-modifying therapy at the start of the dietary run-in period. However, the protocol allows for statin or other lipid-lowering therapy to be added at any time after randomisation and recommends continuing study medication

**Date of first enrolment**

01/01/1998

**Date of final enrolment**

31/12/2005

**Locations****Countries of recruitment**

Australia

Finland

New Zealand

**Study participating centre**

NHMRC Clinical Trials Centre

Camperdown

Australia

2040

# Sponsor information

## Organisation

Australian National Health and Medical Research Council (NHMRC) Clinical Trials Centre

## ROR

<https://ror.org/011kf5r70>

# Funder(s)

## Funder type

Industry

## Funder Name

Fournier Pharma (France)

## Funder Name

National Health and Medical Research Council (Australia)

## Alternative Name(s)

National Health and Medical Research Council, Australian Government, NHMRC National Health and Medical Research Council, NHMRC

## Funding Body Type

Government organisation

## Funding Body Subtype

National government

## Location

Australia

# Results and Publications

## Individual participant data (IPD) sharing plan

Not provided at time of registration

## IPD sharing plan summary

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	22/08/2005		Yes	No
<a href="#">Results article</a>	results	26/11/2005		Yes	No
<a href="#">Results article</a>	results	17/11/2007		Yes	No
<a href="#">Results article</a>	results	08/01/2010		Yes	No
<a href="#">Results article</a>	results	01/02/2011		Yes	No
<a href="#">Results article</a>	results	01/02/2012		Yes	No
<a href="#">Results article</a>	results	01/03/2012		Yes	No
<a href="#">Results article</a>	results	01/03/2015		Yes	No
<a href="#">Protocol article</a>	protocol	01/12/2004		Yes	No
<a href="#">Other publications</a>	post-hoc analysis	01/04/2018		Yes	No
<a href="#">Other publications</a>	Post-hoc analysis	09/03/2023	10/03/2023	Yes	No
<a href="#">Participant information sheet</a>	Participant information sheet	11/11/2025	11/11/2025	No	Yes
<a href="#">Study website</a>	Study website	11/11/2025	11/11/2025	No	Yes