# Helping people who have had heart stents who are having surgeries that aren't related to the heart, using Perioperative Bridging Therapy

Submission date	Recruitment status No longer recruiting	Prospectively registered		
08/12/2023		Protocol		
Registration date	Overall study status	Statistical analysis plan		
12/12/2023	Completed	[X] Results		
Last Edited	Condition category	Individual participant data		
24/04/2024	Surgery			

# Plain English summary of protocol

Background and study aims

Not much information is available about the safety of using low-molecular-weight heparin (LMWH) as a bridging therapy for surgery performed more than 12 months after stent implantation. The randomized trial was set up to assess and compare the positive and negative effects of stopping antiplatelet drugs while using LMWH bridging therapy.

#### Who can participate?

Patients aged 75 years or older, who had a heart stent in the last 12 months, received antiplatelet therapy for 1 year or longer, and were undergoing elective surgery or other elective invasive procedure that required interruption of antiplatelet therapy

#### What does the study involve?

Patients were randomly assigned in equal numbers to receive either subcutaneous injections of dalteparin sodium or a placebo. The main goal was to measure the effectiveness by looking at cardiac or cerebrovascular events. The main focus on safety was to observe major bleeding.

What are the possible benefits and risks of participating?

Where is the study run from? Chinese PLA General Hospital (China)

When is the study starting and how long is it expected to run for? January 2022 to December 2024

#### Who is funding the study?

This study was supported by the "National Key R&D Program of China" (Funding No. 2022YFC3602405), co-funded by the National Clinical Research Center for Geriatric Diseases projects (Funding No. NCRCG-PLAGH-2023003).

# Contact information

## Type(s)

Public, Scientific, Principal investigator

#### Contact name

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# Additional identifiers

#### Clinical Trials Information System (CTIS)

Nil known

# ClinicalTrials.gov (NCT)

Nil known

#### Protocol serial number

Funding No. 2022YFC3602405, Funding No. NCRCG-PLAGH-2023003

# Study information

#### Scientific Title

Impact of Perioperative Bridging Therapy on clinical events of elderly patients with prior coronary stents implanted >1 year undergoing non-cardiac surgery

#### **Acronym**

**IPBT** 

## **Study objectives**

The safety of with low-molecular-weight heparin (LMWH) bridging therapy surgery performed >12 months from stents implantation.

## Ethics approval required

Ethics approval required

# Ethics approval(s)

approved 31/01/2022, Ethics Committee Of Chinese PLA General Hosptial (Fuxing Road, Beijing, 100853, China; +86 10-66937166; no.email.provided@a), ref: S2022-664-03

#### Study design

Randomized placebo-controlled trial

#### Primary study design

Interventional

#### Study type(s)

Treatment, Safety, Efficacy

#### Health condition(s) or problem(s) studied

Clinical benefits and risks of discontinuing antiplatelet drugs with LMWH bridging therapy in patients with coronary stents undergoing noncardiac surgery

#### **Interventions**

Patients were randomly assigned using an online tool to receive LMWH bridging therapy with dalteparin sodium (2500 IU administered subcutaneously twice daily) or to receive no bridging therapy (a matching subcutaneous placebo).

All study outcomes were assessed 30 days after the procedure.

#### Intervention Type

Drug

#### Phase

Not Applicable

# Drug/device/biological/vaccine name(s)

dalteparin sodium

# Primary outcome(s)

Primary efficacy outcome:

Composite of major adverse cardiac or cerebrovascular events, defined as myocardial injury, myocardial infarction, cardiac death and non-fatal stroke measured using patient records at the end of the study

#### Primary safety outcome:

Major bleeding defined by one or more of the events defined by the International Society on Thrombosis and Haemostasis measured using patient records at the end of the study

# Key secondary outcome(s))

Secondary efficacy outcomes:

Pulmonary embolism, deep-vein thrombosis and death measured using patient records at the end of the study

### Secondary safety outcome:

Minor bleeding measured using patient records at the end of the study

#### Completion date

31/12/2024

# Eligibility

### Key inclusion criteria

- 1.75 years of age or older
- 2. Underwent PCI with stents >12 months
- 3. Had received antiplatelet therapy for 1 year or longer
- 4. Were undergoing elective surgery or other elective invasive procedure that required interruption of antiplatelet therapy

#### Participant type(s)

**Patient** 

# Healthy volunteers allowed

No

## Age group

Senior

## Lower age limit

75 years

#### Sex

Αll

#### Total final enrolment

2476

## Key exclusion criteria

- 1. Less than 75 years of age
- 2. Have taken antiplatelet therapy for less than 12 months
- 3. Were scheduled for local anesthesia surgery, planned cardiac surgery
- 4. Major cardiac ischemic events and/or bleeding within the previous 6 weeks
- 5. Patients with a mechanical heart valve, some of whom were receiving both oral anticoagulant therapy and antiplatelet therapy
- 6. Platelet count of less than 100×1^3 per cubic millimeter.

#### Date of first enrolment

01/01/2023

#### Date of final enrolment

01/11/2023

# Locations

#### Countries of recruitment

China

# Study participating centre Chinese PLA General Hospital

Fuxing Road 28 Beijing China 100853

# Sponsor information

#### Organisation

Chinese PLA General Hospital

#### **ROR**

https://ror.org/04gw3ra78

# Funder(s)

## Funder type

Government

#### **Funder Name**

National Key Research and Development Program of China

#### Alternative Name(s)

, National Basic Research Program of China (973 Program), Special Fund for the National Key Research and Development Plan, China National Key Research and Development Plan Project, National Key Research and Development of China, National Key Research and Development Program, National Key R&D Program of China, National Key R&D Programmes of China, China's National Key R&D Programmes, National Basic Research Program of China, 973 Program, National Program on Key Basic Research Project (973 Program), National Plan on Key Basic Research and Development, National Basic Research Program, NKRDPC, NKPs

#### **Funding Body Type**

Government organisation

#### **Funding Body Subtype**

National government

#### Location

China

#### Funder Name

National Clinical Research Center for Geriatric Diseases

# **Results and Publications**

# Individual participant data (IPD) sharing plan

The datasets generated during hte current study will be stored in a non-publicly available repository.

# IPD sharing plan summary

Stored in non-publicly available repository

# **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article		23/04/2024	24/04/2024	Yes	No