# The role of pressure feedback in muscle patterning shoulder instability

Submission date	Recruitment status	Prospectively registered
29/09/2006	Stopped	☐ Protocol
Registration date	Overall study status	Statistical analysis plan
29/09/2006	Stopped	Results
Last Edited	<b>Condition category</b> Musculoskeletal Diseases	Individual participant data
17/07/2009		Record updated in last year

## Plain English summary of protocol

Not provided at time of registration

## Contact information

## Type(s)

Scientific

#### Contact name

Miss Anju Jaggi

#### Contact details

Royal National Orthopaedic Hospital Brockley Hill Stanmore United Kingdom HA7 4LP

## Additional identifiers

**EudraCT/CTIS** number

IRAS number

ClinicalTrials.gov number

**Secondary identifying numbers** N0209167764

## Study information

Scientific Title

## **Study objectives**

Does the application of Tubigrip on the symptomatic arm affect grip strength, dexterity and shoulder movement in patients with muscle patterning instability?

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Not provided at time of registration

## Study design

Randomised controlled trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Not specified

## Study type(s)

Treatment

## Participant information sheet

## Health condition(s) or problem(s) studied

Musculoskeletal Diseases: Shoulder disorders

#### Interventions

Participants will have their grip strength assessed, and dexterity measured via the 9-hole peg test. They will then be randomised to receive treatment (Tubigrip) or nothing, and asked to rest for 30 minutes. Following a 30-min rest, they will be asked to repeat these tests in front of a second assessor, who is blinded to whether they have received the treatment or not. Both groups will be asked to keep a symptom diary for 14 days.

Added 17/07/09: trial stopped due to lack of resources and change in objectives.

## **Intervention Type**

Other

#### Phase

**Not Specified** 

## Primary outcome measure

Active range of shoulder movement, grip strength, dexterity, subjective improvement rating by patient.

## Secondary outcome measures

Not provided at time of registration

## Overall study start date

18/08/2005

## Completion date

10/01/2006

## Reason abandoned (if study stopped)

Lack of staff/facilities/resources + Objectives no longer viable

## **Eligibility**

## Key inclusion criteria

70 patients with symptoms of shoulder instability and/or pain and have a suspicion or diagnosis of muscle patterning abnormality.

## Participant type(s)

**Patient** 

## Age group

Adult

#### Sex

**Not Specified** 

## Target number of participants

70

## Key exclusion criteria

Not provided at time of registration

#### Date of first enrolment

18/08/2005

## Date of final enrolment

10/01/2006

## Locations

## Countries of recruitment

England

**United Kingdom** 

## Study participating centre

## Royal National Orthopaedic Hospital

Stanmore United Kingdom HA7 4LP

## Sponsor information

## Organisation

Record Provided by the NHSTCT Register - 2006 Update - Department of Health

## Sponsor details

The Department of Health, Richmond House, 79 Whitehall London United Kingdom SW1A 2NL +44 (0)20 7307 2622 dhmail@doh.gsi.org.uk

## Sponsor type

Government

### Website

http://www.dh.gov.uk/Home/fs/en

## Funder(s)

## Funder type

Government

#### **Funder Name**

Royal National Orthopaedic Hospital NHS Trust (UK), NHS R&D Support Funding

## **Results and Publications**

## Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

**IPD sharing plan summary**Not provided at time of registration