

# Cracked nipples colonized with *Staphylococcus aureus*: a randomised treatment trial

<b>Submission date</b> 09/12/2002	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 09/12/2002	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 13/10/2014	<b>Condition category</b> Pregnancy and Childbirth	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

**Contact name**  
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## Additional identifiers

**Protocol serial number**  
Research Ethics Number (La Trobe University): 00/124

## Study information

**Scientific Title**

**Acronym**

## ROBIn (Reduction of Breast Infection) Trial

### **Study objectives**

The aim of our study was to prevent mastitis in breastfeeding women with cracked nipples colonised with *S. aureus*. The hypothesis was that a course of antibiotics would reduce mastitis in breastfeeding women with cracked nipples colonized with *S. aureus*. Participating women were randomised to receive a seven-day course of either an oral antibiotic (flucloxacillin) or identical placebo capsules.

### **Ethics approval required**

Old ethics approval format

### **Ethics approval(s)**

Not provided at time of registration

### **Study design**

Randomised controlled trial

### **Primary study design**

Interventional

### **Study type(s)**

Treatment

### **Health condition(s) or problem(s) studied**

Mastitis (prevention of) in lactating women

### **Interventions**

Women with nipple swab positive for *Staphylococcus aureus* are randomised to receive a seven-day course of:

1. Flucloxacillin 500 mg qid, or
2. Identical placebo capsules

### **Intervention Type**

Drug

### **Phase**

Not Applicable

### **Drug/device/biological/vaccine name(s)**

Flucloxacillin

### **Primary outcome(s)**

Incidence of mastitis in each group in the week following recruitment.

### **Key secondary outcome(s)**

Nipple healing, nipple pain.

### **Completion date**

30/11/2002

# Eligibility

## Key inclusion criteria

1. Breastfeeding women with at least one damaged nipple
2. English-speaking
3. Live in Melbourne
4. Not allergic to penicillin

## Participant type(s)

Patient

## Healthy volunteers allowed

No

## Age group

Adult

## Sex

Female

## Key exclusion criteria

Not provided at time of registration.

## Date of first enrolment

01/11/2001

## Date of final enrolment

30/11/2002

# Locations

## Countries of recruitment

Australia

## Study participating centre

### Director

Carlton  
Australia  
VIC 3053

# Sponsor information

## Organisation

La Trobe University (Australia)

ROR

<https://ror.org/01rxfrp27>

## Funder(s)

### Funder type

Research council

### Funder Name

Medical Research Foundation for Women and Babies, Melbourne (Australia)

### Funder Name

Australian National Health and Medical Research Council Public Health scholarship (Australia)

### Funder Name

Postgraduate grant, Faculty of Health Sciences, La Trobe University (Australia)

### Funder Name

Antibiotics provided by CSL Ltd

## Results and Publications

### Individual participant data (IPD) sharing plan

### IPD sharing plan summary

Not provided at time of registration

### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	Results	16/09/2004		Yes	No