

# Cracked nipples colonized with *Staphylococcus aureus*: a randomised treatment trial

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| <b>Submission date</b><br>09/12/2002   | <b>Recruitment status</b><br>No longer recruiting     | <input type="checkbox"/> Prospectively registered    |
|  |   | <input type="checkbox"/> Protocol                    |
| <b>Registration date</b><br>09/12/2002 | <b>Overall study status</b><br>Completed              | <input type="checkbox"/> Statistical analysis plan   |
|  |   | <input checked="" type="checkbox"/> Results          |
| <b>Last Edited</b><br>13/10/2014       | <b>Condition category</b><br>Pregnancy and Childbirth | <input type="checkbox"/> Individual participant data |

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

**Contact name**  
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VIC 3053

## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

**Secondary identifying numbers**  
Research Ethics Number (La Trobe University): 00/124

# Study information

## Scientific Title

## Acronym

ROBIn (Reduction of Breast Infection) Trial

## Study objectives

The aim of our study was to prevent mastitis in breastfeeding women with cracked nipples colonised with *S. aureus*. The hypothesis was that a course of antibiotics would reduce mastitis in breastfeeding women with cracked nipples colonized with *S. aureus*. Participating women were randomised to receive a seven-day course of either an oral antibiotic (flucloxacillin) or identical placebo capsules.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Not provided at time of registration

## Study design

Randomised controlled trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Not specified

## Study type(s)

Treatment

## Participant information sheet

## Health condition(s) or problem(s) studied

Mastitis (prevention of) in lactating women

## Interventions

Women with nipple swab positive for *Staphylococcus aureus* are randomised to receive a seven-day course of:

1. Flucloxacillin 500 mg qid, or
2. Identical placebo capsules

## Intervention Type

Drug

**Phase**

Not Applicable

**Drug/device/biological/vaccine name(s)**

Flucloxacillin

**Primary outcome measure**

Incidence of mastitis in each group in the week following recruitment.

**Secondary outcome measures**

Nipple healing, nipple pain.

**Overall study start date**

01/11/2001

**Completion date**

30/11/2002

**Eligibility****Key inclusion criteria**

1. Breastfeeding women with at least one damaged nipple
2. English-speaking
3. Live in Melbourne
4. Not allergic to penicillin

**Participant type(s)**

Patient

**Age group**

Adult

**Sex**

Female

**Target number of participants**

10

**Key exclusion criteria**

Not provided at time of registration.

**Date of first enrolment**

01/11/2001

**Date of final enrolment**

30/11/2002

**Locations**

**Countries of recruitment**

Australia

**Study participating centre****Director**

Carlton

Australia

VIC 3053

## **Sponsor information**

**Organisation**

La Trobe University (Australia)

**Sponsor details**

Faculty of Health Sciences

Melbourne

Australia

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lhs@latrobe.edu.au

**Sponsor type**

University/education

**Website**

[http://www.latrobe.edu.au/health/healthsci\\_schoolcent.html](http://www.latrobe.edu.au/health/healthsci_schoolcent.html)

**ROR**

<https://ror.org/01rxfrp27>

## **Funder(s)**

**Funder type**

Research council

**Funder Name**

Medical Research Foundation for Women and Babies, Melbourne (Australia)

**Funder Name**

Australian National Health and Medical Research Council Public Health scholarship (Australia)

**Funder Name**

Postgraduate grant, Faculty of Health Sciences, La Trobe University (Australia)

**Funder Name**

Antibiotics provided by CSL Ltd

## Results and Publications

**Publication and dissemination plan**

Not provided at time of registration

**Intention to publish date**

**Individual participant data (IPD) sharing plan**

**IPD sharing plan summary**

Not provided at time of registration

**Study outputs**

| Output type                     | Details | Date created | Date added | Peer reviewed? | Patient-facing? |
|---------------------------------|---------|--------------|------------|----------------|-----------------|
| <a href="#">Results article</a> | Results | 16/09/2004   |            | Yes            | No              |