

# Biological Variation of insulin resistance in normal ovulating women and PolyCystic Ovarian Syndrome

**Submission date**

25/01/2007

**Recruitment status**

No longer recruiting

**Registration date**

28/02/2007

**Overall study status**

Completed

**Last Edited**

03/05/2011

**Condition category**

Nutritional, Metabolic, Endocrine

☐ Prospectively registered

☐ Protocol

☐ Statistical analysis plan

☒ Results

☐ Individual participant data

**Plain English summary of protocol**

Not provided at time of registration

## Contact information

**Type(s)**

Scientific

**Contact name**

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**Contact details**

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## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

02/98/249

# Study information

## Scientific Title

## Acronym

Biological variation in PCOS

## Study objectives

Women with polycystic ovarian syndrome has a higher and more variable insulin resistance than controls

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Hull and East Riding Local Research Ethics Committee. LREC number : 02/98/249

## Study design

Comparison study

## Primary study design

Observational

## Secondary study design

Cross-section survey

## Study setting(s)

Hospital

## Study type(s)

Not Specified

## Participant information sheet

## Health condition(s) or problem(s) studied

Polycystic ovarian syndrome

## Interventions

Primary outcome was the comparison of insulin resistance in polycystic ovarian syndrome and controls. Venous blood was taken for measurement of insulin and glucose levels, and insulin resistance was calculated by HOMA-IR (insulin x glucose /22.5).

Secondary outcome was the biological variation of insulin resistance in polycystic ovarian syndrome and controls. Insulin resistance was calculated by HOMA-IR as above, and calculation of biological variation was done on 10 consecutive HOMA-IR taken at 4-day intervals.

## Intervention Type

Other

**Phase**

Not Specified

**Primary outcome measure**

Comparison of Insulin resistance in polycystic ovarian syndrome and controls

**Secondary outcome measures**

Comparison of biological variation of polycystic ovarian syndrome with controls

**Overall study start date**

28/02/2002

**Completion date**

31/12/2004

## Eligibility

**Key inclusion criteria**

The diagnosis of PCOS will be based on evidence of hyperandrogenemia (Free androgen index > 8, with a history of oligomenorrhea and hirsutism or acne. Non classical 21-hydroxylase deficiency, hyperprolactinemia, and androgen secreting tumors will be excluded by appropriate tests before the diagnosis of PCOS will be made. Transvaginal ultrasound will also be performed to confirm the diagnosis of PCOS

**Participant type(s)**

Patient

**Age group**

Not Specified

**Sex**

Female

**Target number of participants**

40

**Key exclusion criteria**

1. No subjects will be taking any medication currently or for the preceding six months
2. No concurrent illness
3. Patients not wishing to allow disclosure to their GPs

**Date of first enrolment**

28/02/2002

**Date of final enrolment**

31/12/2004

## Locations

**Countries of recruitment**

England

United Kingdom

**Study participating centre**

**Centre for Diabetes and Endocrinology**

Hull

United Kingdom

HU3 2RW

## **Sponsor information**

**Organisation**

Hull and East Yorkshire Hospitals NHS Trust (UK)

**Sponsor details**

Hull Royal Infirmary

Anlaby Road

Hull

England

United Kingdom

HU3 2JZ

**Sponsor type**

Hospital/treatment centre

**ROR**

<https://ror.org/01b11x021>

## **Funder(s)**

**Funder type**

University/education

**Funder Name**

Diabetes endowment Fund, University of Hull (UK)

## **Results and Publications**

**Publication and dissemination plan**

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/04/2002		Yes	No