# Cost-effectiveness of low salt diet in lowering blood pressure in Hong Kong Chinese

Submission date	Recruitment status	<ul><li>Prospectively registered</li></ul>
14/10/2002	No longer recruiting	☐ Protocol
Registration date	Overall study status	Statistical analysis plan
14/10/2002	Completed	Results
Last Edited	Condition category	Individual participant data
01/07/2009	Circulatory System	<ul><li>Record updated in last year</li></ul>

#### Plain English summary of protocol

Not provided at time of registration

#### Contact information

Type(s)

Scientific

Contact name

Dr BMY Cheung

#### Contact details

Department of Medicine Faculty of Medicine University of Hong Kong

Hong Kong

-

#### Additional identifiers

**EudraCT/CTIS** number

**IRAS** number

ClinicalTrials.gov number

Secondary identifying numbers 811028

## Study information

#### Scientific Title

#### **Study objectives**

Not provided at time of registration

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Not provided at time of registration

#### Study design

Randomised controlled trial

#### Primary study design

Interventional

#### Secondary study design

Randomised controlled trial

#### Study setting(s)

Hospital

#### Study type(s)

Treatment

#### Participant information sheet

#### Health condition(s) or problem(s) studied

High blood pressure

#### **Interventions**

All patients will undergo a 4-week placebo run-in and drug washout phase. After baseline measurements, each patient will be randomised to conventional treatment or low sodium diet for 6 months.

#### Intervention Type

Other

#### Phase

**Not Specified** 

#### Primary outcome measure

Not provided at time of registration

#### Secondary outcome measures

Not provided at time of registration

#### Overall study start date

#### Completion date

01/09/2000

## Eligibility

#### Key inclusion criteria

- 1. Age between 18 and 75 inclusive
- 2. Patient has seated diastolic blood pressure between 90 and 110 mmHg inclusive; or seated systolic blood pressure of greater than 140 mmHg
- 3. Patient must be willing to give full informed consent

#### Participant type(s)

**Patient** 

#### Age group

Adult

#### Lower age limit

18 Years

#### Sex

Both

#### Target number of participants

Not provided at time of registration

#### Key exclusion criteria

Does not meet inclusion criteria

#### Date of first enrolment

01/10/1998

#### Date of final enrolment

01/09/2000

#### Locations

#### Countries of recruitment

Hong Kong

## Study participating centre Department of Medicine

\_

Hong Kong

-

## Sponsor information

#### Organisation

Hong Kong Health Services Research Fund (Hong Kong)

#### Sponsor details

Health Welfare and Food Bureau Government Secretariat, HKSAR 20th floor Murray Building Garden Road

-Hana Kai

Hong Kong

+852 (0)2973 8288 hsrf@hwfb.gov.hk

#### Sponsor type

Government

#### Website

http://www.fhb.gov.hk/grants/english/funds/funds\_hhsrf/funds\_hhsrf\_abt/funds\_hhsrf\_abt.html

#### **ROR**

https://ror.org/03qh32912

## Funder(s)

#### Funder type

Government

#### **Funder Name**

Hong Kong Health Services Research Fund (Hong Kong)

### **Results and Publications**

#### Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

**IPD sharing plan summary**Not provided at time of registration