

# Cost-effectiveness of low salt diet in lowering blood pressure in Hong Kong Chinese

<b>Submission date</b> 14/10/2002	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 14/10/2002	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input type="checkbox"/> Results
<b>Last Edited</b> 01/07/2009	<b>Condition category</b> Circulatory System	<input type="checkbox"/> Individual participant data <input type="checkbox"/> Record updated in last year

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

**Contact name**  
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## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

**Secondary identifying numbers**  
811028

## Study information

## **Scientific Title**

### **Study objectives**

Not provided at time of registration

### **Ethics approval required**

Old ethics approval format

### **Ethics approval(s)**

Not provided at time of registration

### **Study design**

Randomised controlled trial

### **Primary study design**

Interventional

### **Secondary study design**

Randomised controlled trial

### **Study setting(s)**

Hospital

### **Study type(s)**

Treatment

### **Participant information sheet**

### **Health condition(s) or problem(s) studied**

High blood pressure

### **Interventions**

All patients will undergo a 4-week placebo run-in and drug washout phase. After baseline measurements, each patient will be randomised to conventional treatment or low sodium diet for 6 months.

### **Intervention Type**

Other

### **Phase**

Not Specified

### **Primary outcome measure**

Not provided at time of registration

### **Secondary outcome measures**

Not provided at time of registration

### **Overall study start date**

01/10/1998

**Completion date**

01/09/2000

## Eligibility

**Key inclusion criteria**

1. Age between 18 and 75 inclusive
2. Patient has seated diastolic blood pressure between 90 and 110 mmHg inclusive; or seated systolic blood pressure of greater than 140 mmHg
3. Patient must be willing to give full informed consent

**Participant type(s)**

Patient

**Age group**

Adult

**Lower age limit**

18 Years

**Sex**

Both

**Target number of participants**

Not provided at time of registration

**Key exclusion criteria**

Does not meet inclusion criteria

**Date of first enrolment**

01/10/1998

**Date of final enrolment**

01/09/2000

## Locations

**Countries of recruitment**

Hong Kong

**Study participating centre**

Department of Medicine

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Hong Kong

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# Sponsor information

## Organisation

Hong Kong Health Services Research Fund (Hong Kong)

## Sponsor details

Health Welfare and Food Bureau  
Government Secretariat, HKSAR  
20th floor Murray Building  
Garden Road

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Hong Kong

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+852 (0)2973 8288  
hsrf@hwfb.gov.hk

## Sponsor type

Government

## Website

[http://www.fhb.gov.hk/grants/english/funds/funds\\_hhsrf/funds\\_hhsrf\\_abt/funds\\_hhsrf\\_abt.html](http://www.fhb.gov.hk/grants/english/funds/funds_hhsrf/funds_hhsrf_abt/funds_hhsrf_abt.html)

## ROR

<https://ror.org/03qh32912>

# Funder(s)

## Funder type

Government

## Funder Name

Hong Kong Health Services Research Fund (Hong Kong)

# Results and Publications

## Publication and dissemination plan

Not provided at time of registration

## Intention to publish date

## Individual participant data (IPD) sharing plan

**IPD sharing plan summary**  
Not provided at time of registration