

# Cognitive Behavioural Case Management (CBCM) in First-Episode Schizophrenia and Related Psychotic Disorders - a pilot study

<b>Submission date</b> 29/09/2006	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 29/09/2006	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 12/08/2016	<b>Condition category</b> Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

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### Contact details

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## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

## Secondary identifying numbers

N0038161724

# Study information

## Scientific Title

Cognitive Behavioural Case Management (CBCM) in First-Episode Schizophrenia and Related Psychotic Disorders - a pilot study

## Study objectives

Will a group of participants with first episode psychosis (FEP) receiving CBCM report lower levels of psychopathology, better psychosocial functioning and quality of life, greater service satisfaction and be more engaged with treatment than a group of participants with FEP receiving treatment-as-usual at the end of a 12 month intervention and at an 18 month follow-up?

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Not provided at time of registration

## Study design

Pilot randomised controlled trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Not specified

## Study type(s)

Treatment

## Participant information sheet

## Health condition(s) or problem(s) studied

Mental and Behavioural Disorders: Schizophrenia

## Interventions

[A] Cognitive Behavioural Case Management

[B] Treatment-as-usual

## Intervention Type

Other

## Phase

Not Applicable

**Primary outcome measure**

Quality of Life Survey

**Secondary outcome measures**

1. Brief psychiatric rating scale (expanded version)
2. Montgomery-Asberg Depression Rating Scale
3. WHOQOL-BREF
4. Social and Occupational Functioning Assessment Scale
5. Addition Severity Scale
6. Illness Duration Interview
7. Pathways to care item (from CORS)
8. Premorbid Adjustment Scale
9. Verona Service Satisfaction Scale
10. An engagement measure
11. Socio-demographic & Service Receipt Inventory
12. SCID-P
13. OCPRIT

**Overall study start date**

08/03/2005

**Completion date**

07/03/2006

## **Eligibility**

**Key inclusion criteria**

12-15 patients with first-episode psychosis, recruited from Bath & North East Somerset and North Somerset localities in the Avon & Wiltshire Mental Health Partnership NHS Trust.

**Participant type(s)**

Patient

**Age group**

Not Specified

**Sex**

Not Specified

**Target number of participants**

15

**Key exclusion criteria**

1. Presence of organic mental disorder
2. Mental retardation
3. Inadequate command of language

**Date of first enrolment**

08/03/2005

**Date of final enrolment**

07/03/2006

## **Locations**

**Countries of recruitment**

England

United Kingdom

**Study participating centre**

**University of Bristol**

Bristol

United Kingdom

BS6 6JL

## **Sponsor information**

**Organisation**

Record Provided by the NHSTCT Register - 2006 Update - Department of Health

**Sponsor details**

The Department of Health, Richmond House, 79 Whitehall

London

United Kingdom

SW1A 2NL

+44 (0)20 7307 2622

dhmail@doh.gsi.org.uk

**Sponsor type**

Government

**Website**

<http://www.dh.gov.uk/Home/fs/en>

## **Funder(s)**

**Funder type**

Government

**Funder Name**

Avon and Wiltshire Mental Health Partnership NHS Trust (UK) NHS R&D Support Funding

**Results and Publications****Publication and dissemination plan**

Not provided at time of registration

**Intention to publish date****Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration