

# Families First Edmonton

<b>Submission date</b> 26/02/2007	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 26/02/2007	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input type="checkbox"/> Results
<b>Last Edited</b> 16/11/2009	<b>Condition category</b> Other	<input type="checkbox"/> Individual participant data <input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

Dr Jane Elizabeth Drummond

### Contact details

Health Sciences Council

300 Campus Tower

8625, 112 Street

Edmonton

Alberta

Canada

T6G 1K8

+1 780 492 2861

jane.drummond@ualberta.ca

## Additional identifiers

### Protocol serial number

MCT-75478

## Study information

### Scientific Title

Families first Edmonton: The comparative effects and expense of four models of augmenting services for low-income families

**Acronym**

FFE

**Study objectives**

Low-income families who receive primary health care (PRMHLTH) and/or Recreation Coordination (REC) will initially increase uptake of linkages to services, costs to service systems will decrease over time, and the physical and psychosocial health of family members will increase over time.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Health Research Ethics Board of University of Alberta, Edmonton, Alberta, Canada, approved on the 5th September 2006 (ref: B-030704)

**Study design**

Single centre prevention, behavioural, and educational intervention type, four-armed randomised factorial trial with outcome assessor blinding

**Primary study design**

Interventional

**Study type(s)**

Quality of life

**Health condition(s) or problem(s) studied**

Physical and psychosocial health

**Interventions**

This trial will test four service delivery models:

1. The Control Model (EXIST)
2. The Primary Health Care Model (PRMHLTH)
3. The Recreation Coordination Model (REC)
4. The Comprehensive Model (COMP)

These service delivery models and the practices associated with them are designed primarily to:

1. Build and sustain low-income family-initiated linkages to established government and community services, and
2. Reduce overall costs to health and social service sectors by increasing cost-effective use of preventive and health promotional services

**Intervention Type**

Other

**Phase**

Not Applicable

**Primary outcome(s)**

Increased linkages between low-income families and established services in their communities.

**Key secondary outcome(s)**

1. Characteristics of linkages between families and services
2. Costs to service systems
3. Adult physical health
4. Adult psychosocial health
5. Child physical health
6. Child psychosocial health

**Completion date**

01/02/2007

**Eligibility****Key inclusion criteria**

Participant families will:

1. Have received low-income assistance (Income Support [IS] or Alberta Child Health Benefit [ACHB]) continuously for over 12 months
2. Have a child or children between zero and 18 years of age, either sex
3. Reside in designated geographic areas that serves many low-income families, and
4. Be able to provide signed consent

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Lower age limit**

18 years

**Sex**

All

**Key exclusion criteria**

Potential study participants will be excluded:

1. If they refuse to give informed consent to be interviewed
2. If they are unable to read and write English and an appropriate translator is not available
3. If they have plans to move outside the regions, or
4. If they are unwilling to participate for the entire follow-up period

**Date of first enrolment**

01/11/2005

**Date of final enrolment**

01/02/2007

**Locations**

**Countries of recruitment**

Canada

**Study participating centre**

Health Sciences Council

Alberta

Canada

T6G 1K8

**Sponsor information****Organisation**

University of Alberta (Canada)

**ROR**

<https://ror.org/0160cpw27>

**Funder(s)****Funder type**

Research organisation

**Funder Name**

Canadian Institutes of Health Research (CIHR) (Canada) - <http://www.cihr-irsc.gc.ca> (ref: MCT-75478)

**Funder Name**

Alberta Heritage Foundation for Medical Research (AHFMR) (Canada)

**Alternative Name(s)**

AHFMR

**Funding Body Type**

Government organisation

**Funding Body Subtype**

Local government

**Location**

Canada

## **Results and Publications**

**Individual participant data (IPD) sharing plan**

**IPD sharing plan summary**

Not provided at time of registration