

# To assess the impact of Target Inhalation Mode (TIM) aerosol delivery on the treatment time with nebulised antibiotic therapy in children with Cystic Fibrosis

<b>Submission date</b> 14/03/2011	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 07/04/2011	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 17/01/2012	<b>Condition category</b> Nutritional, Metabolic, Endocrine	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**Protocol serial number**  
09-02-RE

## Study information

**Scientific Title**

A pilot randomised controlled trial to assess the impact of Target Inhalation Mode (TIM) aerosol delivery on the treatment time with nebulised antibiotic therapy in children with Cystic Fibrosis

**Acronym**

TIM CF

**Study objectives**

With an Adaptive Aerosol Delivery (AAD) device, use of target inhalation mode (TIM) will reduce the length of treatment times for inhalation when compared with standard tidal breathing mode.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Liverpool paediatric ethics committee and date of approval was 25/05/2009

**Study design**

Pilot randomised controlled trial

**Primary study design**

Interventional

**Study type(s)**

Treatment

**Health condition(s) or problem(s) studied**

Cystic Fibrosis

**Interventions**

Target inhalation mode vs tidal breathing mode for delivering aerosolised antibiotic through an adaptive aerosol delivery device

**Intervention Type**

Other

**Phase**

Not Applicable

**Primary outcome(s)**

Treatment time (seconds)

**Key secondary outcome(s)**

1. % Adherence to treatment
2. Pseudomonas growth (number of colony forming units on respiratory culture)
3. Pulmonary function (FEV1 and forced vital capacity (FVC), percent predicted for age, sex and height)
4. Adverse events (e.g. wheeze, or increase in wheeze or change in wheeze pattern)
5. Patient withdrawal
6. Patient reported outcomes using Challenges of Living with Cystic Fibrosis (CLCF) questionnaire

**Completion date**

31/05/2010

## Eligibility

**Key inclusion criteria**

1. Patients with a valid diagnosis (sweat chloride > 60 or two CF causing gene mutations)
2. Airway infection with *Pseudomonas aeruginosa* requiring long term nebulised Colistin therapy
3. Established on standard Tidal Breathing Mode of delivery using AAD device for Colistin therapy
4. Ability to comprehend use of the TIM device and follow instruction
5. Aged more than or equal to 5 years and able to perform lung function
6. No recent (> 6 weeks) exacerbation of chest condition as defined by
  - 6.1. A deterioration forced expiratory volume in one second (FEV1) more than or equal to 10% from previously recorded value
  - 6.2. Cough
  - 6.3. Change in sputum production

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Child

**Sex**

All

**Key exclusion criteria**

1. Patient with first growth of *Pseudomonas aeruginosa* requiring short term (3 months) colistin therapy
2. Patients prescribed alternate month TOBI and Colistin nebulised therapy
3. Patients with an acute exacerbation respiratory symptoms

**Date of first enrolment**

01/06/2009

**Date of final enrolment**

31/05/2010

## Locations

**Countries of recruitment**

United Kingdom

England

**Study participating centre**  
Alder Hey Children's Hospital  
Liverpool  
United Kingdom  
L12 2AP

## Sponsor information

**Organisation**  
Alder Hey Children's NHS Foundation Trust (UK)

**ROR**  
<https://ror.org/00p18zw56>

## Funder(s)

**Funder type**  
Government

**Funder Name**  
Alder Hey Children's Foundation Trust Endowment Fund (UK)

## Results and Publications

**Individual participant data (IPD) sharing plan**

**IPD sharing plan summary**  
Not provided at time of registration

### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/09/2011		Yes	No