

# A randomised trial comparing Z-DEX with VAD as induction therapy for patients with multiple myeloma

<b>Submission date</b> 19/08/2002	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 19/08/2002	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 07/06/2012	<b>Condition category</b> Cancer	<input type="checkbox"/> Individual participant data

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

Dr - -

### Contact details

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MRC Clinical Trials Unit  
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## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

NCT00006232

Secondary identifying numbers

H31

# Study information

## Scientific Title

### Study objectives

Added 07/08/09:

Drugs used in chemotherapy use different ways to stop tumor cells from dividing so they stop growing or die. It is not yet known which combination chemotherapy regimen is more effective for multiple myeloma. The aim of this trial is to compare two combination chemotherapy regimens, Zevedos® and dexamethasone (Z-DEX) and vincristine, adriamycin and dexamethasone (VAD) to see how well they work in treating patients with stage II or stage III multiple myeloma.

As of 07/08/09 this record has been extensively updated. All updates can be found under the relevant field with the above update date.

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Not provided at time of registration.

### Study design

Multicentre randomised active controlled trial

### Primary study design

Interventional

### Secondary study design

Randomised controlled trial

### Study setting(s)

Hospital

### Study type(s)

Treatment

### Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

### Health condition(s) or problem(s) studied

Plasma cell neoplasms

### Interventions

Z-DEX Regimen: Zovedos capsules Days 1-4. Dexamethasone Days 1-4 (Cycle 1 only: days 8-11). Cycle repeated every 21 days for a max of six cycles.

VAD Regimen: Adriamycin Days 1-4. Vincristine Days 1-4. Dexamethasone Days 1-4 (Cycle 1 only: Days 8-11). Every 21 days for a max of six cycles.

**Intervention Type**

Drug

**Phase**

Phase III

**Drug/device/biological/vaccine name(s)**

Idarubicin (Zovedos®), dexamethasone, vincristine, doxorubicin (Adriamycin®)

**Primary outcome measure**

Added 07/08/09:

Response rate

**Secondary outcome measures**

Added 07/08/09:

1. Time to maximum response
2. Duration of response

**Overall study start date**

18/10/1996

**Completion date**

19/03/2002

**Eligibility****Key inclusion criteria**

Current information as of 07/08/09:

1. Diagnosis of multiple myeloma as in current MRC UK guidelines
2. Durie-Salmon stage II and III disease
3. <75 years of age
4. Bilirubin  $\leq$  2.34mg/dL
5. Adequate contraceptive measures

Initial information at time of registration:

1. Diagnosis of multiple myeloma as in current MRC UK guidelines
2. Durie-Salmon stage II and III disease

**Participant type(s)**

Patient

**Age group**

Adult

**Sex**

Both

**Target number of participants**

Added as of 04/10/2007: 200

## Key exclusion criteria

Current information as of 07/08/09:

1. Previous or concurrent therapy (except radiotherapy for bone lesions)
2. End stage renal failure (creatinine greater than 5.65 mg/dL after rehydration)
3. Requires dialysis
4. Pregnant or nursing
5. Prior malignancy
6. Other medical condition that would preclude intensive treatment

Initial information at time of registration:

Previous treatment other than local radiotherapy to bone lesions

## Date of first enrolment

18/10/1996

## Date of final enrolment

19/03/2002

## Locations

### Countries of recruitment

England

United Kingdom

### Study participating centre

UKCCCR Register Co-ordinator

London

United Kingdom

NW1 2DA

## Sponsor information

### Organisation

Pharmacia and Upjohn (UK)

### Sponsor details

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United Kingdom

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### Sponsor type

Industry

ROR

<https://ror.org/04x4v8p40>

## Funder(s)

### Funder type

Industry

### Funder Name

Pharmacia and Upjohn (UK)

### Funder Name

Chugai Pharma UK (UK)

## Results and Publications

### Publication and dissemination plan

Not provided at time of registration

### Intention to publish date

### Individual participant data (IPD) sharing plan

### IPD sharing plan summary

Not provided at time of registration

### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/09/2004		Yes	No