# To gain further information about the safety of EPs® 7630 film-coated tablets (Kaloba 20 mg Filmtabletten) in adult subjects (greater than or equal to 18 years old) suffering from common cold symptoms

Submission date	Recruitment status No longer recruiting	[X] Prospectively registered		
02/12/2010		☐ Protocol		
Registration date 10/01/2011	Overall study status Completed	Statistical analysis plan		
		[X] Results		
Last Edited	Condition category	[] Individual participant data		
18/05/2021	Respiratory			

# Plain English summary of protocol

Not provided at time of registration

# Contact information

# Type(s)

Scientific

#### Contact name

Dr Fathi Abdul Malek

#### Contact details

Dr. Willmar Schwabe GmbH & Co. KG Clinical Research Department Willmar-Schwabe-Str. 4 Karlsruhe Germany 76227

# Additional identifiers

**EudraCT/CTIS** number

IRAS number

ClinicalTrials.gov number

#### Secondary identifying numbers

701004.01.012

# Study information

#### Scientific Title

EPs® 7630 film-coated tablets in subjects (greater than or equal to 18 years old) suffering from common cold: a prospective, multicentre, single-arm, open-label, phase IV clinical postmarketing safety study

#### **Study objectives**

The objective of the present post-marketing study is to gain further information about the safety and treatment outcome with EPs® 7630 film-coated tablets (Kaloba 20 mg Filmtabletten) in adult subjects (greater than or equal to 18 years old) suffering from common cold.

Please note that as of 18/09/2012, the anticipated end date of this trial has been updated from 31/12/2011 to 31/12/2013.

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Ethikkommissionder Medizinischen Universität Graz approved on the 16th December 2010 (ref:  $23-076e \times 10/11$ )

## Study design

Prospective multicentre single-arm open-label phase IV safety study

# Primary study design

Interventional

# Secondary study design

Non randomised controlled trial

## Study setting(s)

Hospital

# Study type(s)

Treatment

## Participant information sheet

Not available in web format, please use contact details below to request a copy of subject information form

# Health condition(s) or problem(s) studied

Common cold

#### Interventions

One EPs® 7630 film-coated tablet (Kaloba 20 mg Filmtabletten) three times a day for a period of 10 consecutive days.

#### Intervention Type

Drug

#### **Phase**

Phase IV

#### Drug/device/biological/vaccine name(s)

EPs® 7630

#### Primary outcome measure

- 1. Adverse events surveillance
- 2. Treatment outcome according to the Integrative Medicine Outcomes Scale (IMOS) as assessed by the investigator (day 3, 5 and 10) and the subject (visit 2 and 3), respectively
- 3. Change in individual common cold symptoms (CCS) and total score of CCS from baseline (day
- 1) to visit 2 and visit 3, respectively, as assessed by the investigator
- 4. Change in further common cold relevant complaints from baseline (day 1) to visit 2 and visit 3, respectively, as assessed by the investigator
- 5. Change in total score of common cold symptoms and further common cold relevant complaints from baseline (day 1) to visit 2 and visit 3, respectively, as assessed by the investigator
- 6. Change in common cold symptoms (CCS) as rated by the subject in the subject's diary
- 7. Number of subjects who are 'not sick' or 'very mildly sick' as rated daily by the subject in the subject's diary when answering the question 'how sick do you feel today?'
- 8. Duration of subject's off work or inability to attend school/college (checked daily)
- 9. Need for subject's treatment with antibiotics during the study period according to the medical decision of the investigator
- 10. Use of paracetamol tablets from baseline (day 1) to individual study end
- 11. Satisfaction of the subject with the treatment according to the Integrative Medicine Patient Satisfaction Scale (IMPSS) as assessed by the subject in the subject's diary at day 10

#### Secondary outcome measures

No secondary outcome measures

#### Overall study start date

10/01/2011

#### Completion date

31/12/2013

# **Eligibility**

#### Key inclusion criteria

- 1. Male and female subjects aged greater than or equal to 18 years old
- 2. Written informed consent
- 3. Subject suffers from common cold
- 4. Presence of at least two common cold symptoms
- 5. First common cold symptom started less than or equal to 72 hours prior to inclusion into the study
- 6. Subject with willingness and ability to comply with all procedures of the trial

#### Participant type(s)

Patient

#### Age group

Adult

#### Lower age limit

18 Years

#### Sex

Both

#### Target number of participants

120 subjects

#### Total final enrolment

120

#### Key exclusion criteria

- 1. Obstructive anatomic lesions in the nasopharynx such as nasal polyps, or severe septal deviations
- 2. Previous surgery (within the last 12 months prior to inclusion into the study) or need for surgery of the nose or paranasal sinuses including sinus puncture
- 3. Presence of any acute respiratory tract disease (e.g. tonsillitis, sinusitis, otitis media, bronchitis, pneumonia) other than common cold
- 4. Subjects with known or suspected allergic rhinitis
- 5. Subjects with other explanations of sore throat (e.g. tonsillo-pharyngitis, drugs, aphthous ulcers, candida, etc.)
- 6. Subjects with previous rheumatic fever within the last 12 months prior to inclusion into the trial
- 7. Subjects with several previous complications of tonsillitis (quinsy)
- 8. Chronic lung diseases (e.g. chronic bronchitis, COPD, bronchial asthma, cystic fibrosis, active pulmonary tuberculosis, lung cancer)
- 9. History of recurrent tonsillitis or otitis media of greater than 3 episodes during the last 12 months prior to enrolment into the study
- 10. History of recurrent bronchitis of greater than 6 episodes during the past 12 months prior to enrolment into the study
- 11. History of recurrent sinusitis of greater than 3 episodes during the past 12 months prior to enrolment into the trial or chronic sinusitis (symptoms lasting for greater than 1 month)
- 12. Previous (within the last 6 weeks prior to inclusion into the clinical trial) or concomitant treatment with anti-coagulants
- 13. Concomitant common cold medications that might impair the interpretation of trial results
- 14. Known or suspected hypersensitivity to the investigational drug
- 15. Severe cardiovascular disease, unstable diabetes mellitus, or immunosuppression
- 16. History of renal or hepatic dysfunction (serum creatinine, serum aspartate aminotransferase [AST], alanine aminotransferase [ALT] or alkaline phosphatase of greater than 3 times above the upper limit of normal values) at any time during the past 12 months prior to enrolment into the trial
- 17. Known alcohol or drug abuse
- 18. Subjects with tendency to bleed, especially nose or gingival bleeding
- 19. Known gastrointestinal disorders (e.g. gastritis, duodenitis, colitis, gastric ulcer, partial or

total gastrectomy, enterectomy, inflammatory bowel disease, coeliac disease, symptomatic lactose intolerance, other disorders associated with chronic diarrhoea)

- 20. Females of child-bearing potential without adequate contraception
- 21. Pregnancy or lactation
- 22. Subjects participating in another clinical trial at the same time or have taken part in a clinical trial during the last 4 weeks before inclusion into this study
- 23. Irresponsible subjects or those unable to understand nature, meaning and consequences of the trial

### Date of first enrolment

10/01/2011

Date of final enrolment 31/12/2013

# Locations

#### Countries of recruitment

Austria

Germany

Study participating centre
Dr. Willmar Schwabe GmbH & Co. KG
Karlsruhe
Germany
76227

# Sponsor information

#### Organisation

Dr. Willmar Schwabe GmbH & Co. KG (Germany)

#### Sponsor details

c/o F. A. Malek, MD, PhD Clinical Research Department Willmar-Schwabe-Str. 4 Karlsruhe Germany 76227

#### Sponsor type

Industry

#### Website

http://www.schwabepharma.com/international/

#### **ROR**

https://ror.org/043rrkc78

# Funder(s)

## Funder type

Industry

#### Funder Name

Dr. Willmar Schwabe GmbH & Co. KG (Germany)

# **Results and Publications**

#### Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration

# **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article		30/04/2021	18/05/2021	Yes	No