

# Trial of Imaging and Schedule in Seminoma Testis

<b>Submission date</b> 04/07/2007	<b>Recruitment status</b> No longer recruiting	<input checked="" type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 29/08/2007	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 21/03/2022	<b>Condition category</b> Cancer	<input type="checkbox"/> Individual participant data

## Plain English summary of protocol

<https://www.cancerresearchuk.org/about-cancer/find-a-clinical-trial/a-trial-to-find-the-best-way-of-using-scans-to-monitor-men-after-treatment-for-seminoma-testicular-cancer>

## Study website

[http://www.ctu.mrc.ac.uk/our\\_research/research\\_areas/cancer/studies/trisst\\_mrc\\_te24/](http://www.ctu.mrc.ac.uk/our_research/research_areas/cancer/studies/trisst_mrc_te24/)

## Contact information

### Type(s)

Scientific

### Contact name

Dr Dipa Noor

### Contact details

MRC Clinical Trials Unit at UCL  
Institute of Clinical Trials & Methodology  
90 High Holborn 2nd Floor  
London  
United Kingdom  
WC1V 6LJ  
+44 (0)20 7670-4747  
[mrcctu.trisst@ucl.ac.uk](mailto:mrcctu.trisst@ucl.ac.uk)

## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

NCT00589537

## **Secondary identifying numbers**

MRC TE24

# **Study information**

## **Scientific Title**

Trial of Imaging and Schedule in Seminoma Testis

## **Acronym**

TRISST

## **Study objectives**

To assess whether a reduced computed tomography (CT) schedule or magnetic resonance imaging (MRI) could be used as a safe and effective alternative to standard CT-based surveillance in the management of stage one seminoma testis patients without evidence of nonseminomatous germ cell tumour (NSGCT) elements.

As of 21/03/2012, the following amendments have been made to the record.  
Australia, Canada and New Zealand have been removed from the countries of recruitment.  
Anticipated end date has been modified from 01/11/2016 to 31/05/2020.

## **Ethics approval required**

Old ethics approval format

## **Ethics approval(s)**

Leeds (East) Research Ethics Committee, 26/10/2007, ref: 07/H1306/127

## **Study design**

Open randomised phase III multicentre trial

## **Primary study design**

Interventional

## **Secondary study design**

Randomised controlled trial

## **Study setting(s)**

Hospital

## **Study type(s)**

Screening

## **Participant information sheet**

## **Health condition(s) or problem(s) studied**

Seminoma testis

## **Interventions**

1. Standard surveillance: CT-based, scans at 6, 12, 18, 24, 36, 48 and 60 months
2. CT-based surveillance: reduced schedule: scans at 6, 18, and 36 months
3. MRI-based surveillance: scans at 6, 12, 18, 24, 36, 48 and 60 months
4. MRI-based surveillance: reduced schedule: scans at 6, 18, and 36 months

## **Intervention Type**

Other

## **Phase**

Phase III

## **Primary outcome measure**

Proportion of patients relapsing with Royal Marsden Hospital (RMH) stage IIC or greater disease.

Primary and secondary outcome timepoint measurements will depend partly on recruitment and event rates. Recruitment will be for five years, and final analyses are expected to be nine years after the first patient is randomised. In addition, annual interim analyses will be performed with an independent data monitoring committee.

## **Secondary outcome measures**

Current secondary outcome measure(s) as of 21/03/2012:

1. Mean abdominal mass size at relapse between CT and MRI
2. Time on surveillance before detection of relapse
3. First modality to detect relapse (patient symptom, clinical examination, tumour marker, chest X-ray [CXR], cross sectional image)
4. Extent of relapse according to International Germ Cell Cancer Collaborative Group (IGCCCG) classification (IGCCCG, 1997)
5. Disease free and overall survival according to schedule randomisation and prognostic grouping
6. Prospective evaluation of prognostic factors for relapse of stage I seminoma patients
7. Number of false positive MRIs
8. Resource use and costs

Primary and secondary outcome timepoint measurements will depend partly on recruitment and event rates. Recruitment will be for five years, and final analyses are expected to be nine years after the first patient is randomised. In addition, annual interim analyses will be performed with an independent data monitoring committee.

Previous secondary outcome measure(s):

1. Mean abdominal mass size at relapse between CT and MRI
2. Time on surveillance before detection of relapse
3. First modality to detect relapse (patient symptom, clinical examination, tumour marker, chest X-ray [CXR], cross sectional image)
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6. Prospective evaluation of prognostic factors for relapse of stage I seminoma patients

Primary and secondary outcome timepoint measurements will depend partly on recruitment and event rates. Recruitment will be for five years, and final analyses are expected to be nine years after the first patient is randomised. In addition, annual interim analyses will be performed with an independent data monitoring committee.

**Overall study start date**

01/11/2007

**Completion date**

29/09/2020

## Eligibility

**Key inclusion criteria**

Current inclusion criteria as of 31/03/2011:

1. Histologically proven seminoma of the testis without evidence of NSGCT elements
2. Clinical stage I on the basis of clinical examination and CT scan of the chest, abdomen and pelvis. This CT scan should have been performed no more than 8 weeks before randomisation
3. No planned adjuvant therapy
4. Normal serum alphafetoprotein (AFP) post-orchidectomy and not known to be raised pre-orchidectomy
5. Normal serum beta-human chorionic gonadotropin ( $\beta$ -HCG) at randomisation (may have been raised pre-orchidectomy)
6. Patient written, informed consent
7. Patients must be able to attend for regular surveillance
8. The interval between orchidectomy and randomisation should not normally exceed 8 weeks (although up to 10 weeks is acceptable in exceptional circumstances following discussion with the trial team)
9. Patients must be at least 16 years old

Previous inclusion criteria:

1. Histologically proven seminoma of the testis without evidence of NSGCT elements
2. Clinical stage one on the basis of clinical examination and CT scan of the chest, abdomen and pelvis
3. No planned adjuvant therapy
4. Normal serum alphafetoprotein (AFP) pre-orchidectomy and at randomisation
5. Normal serum beta-human chorionic gonadotropin ( $\beta$ -HCG) at randomisation (may have been raised pre-orchidectomy)
6. Patient written, informed consent
7. Patient must be able to attend for regular surveillance
8. The interval between orchidectomy and registration should not exceed eight weeks

**Participant type(s)**

Patient

**Age group**

Adult

**Sex**

Male

**Target number of participants**

660

**Total final enrolment**

**Key exclusion criteria**

Current exclusion criteria as of 31/03/2011:

1. Co-existent or previously treated malignancy within 10 years, with the only exceptions being (i) successfully treated non-melanoma skin cancer or, (ii) RMH stage I germ cell tumour of the contralateral testis diagnosed more than 5 years earlier and managed by surveillance
2. Inability for any reason to comply with the trial investigations or follow-up schedules
3. Any contra-indication to MRI, for example, ferrous metal implants of any type, cardiac pacemaker or defibrillators, or history of injury by metal fragments
4. Spermatocytic seminomas

Previous exclusion criteria:

1. Co-existent or previously treated malignancy within ten years other than successfully treated non-melanoma skin cancer
2. Inability for any reason to comply with the trial investigations or follow-up schedules
3. Any contra-indication to magnetic resonance imaging, for example ferrous metal implants of any type, cardiac pacemaker or defibrillators, or history of injury by metal fragments

**Date of first enrolment**

01/11/2007

**Date of final enrolment**

31/07/2014

**Locations****Countries of recruitment**

England

United Kingdom

**Study participating centre**

**Huddersfield Royal Infirmary**

West Yorkshire

United Kingdom

HD3 3EA

**Study participating centre**

**35 other centres**

United Kingdom

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**Sponsor information**

**Organisation**

Medical Research Council (UK)

**Sponsor details**

2nd Floor David Phillips Building,  
Polaris House,  
North Star Avenue  
Swindon  
United Kingdom  
SN2 1FL  
+44 (0)20 7670 4625  
iv@centre-london.mrc.ac.uk

**Sponsor type**

Research council

**Website**

<http://www.mrc.ac.uk>

**ROR**

<https://ror.org/03x94j517>

**Funder(s)****Funder type**

Charity

**Funder Name**

Cancer Research UK (CRUK) (UK) (ref: C17084/A8690)

**Alternative Name(s)**

CR\_UK, Cancer Research UK - London, CRUK

**Funding Body Type**

Private sector organisation

**Funding Body Subtype**

Other non-profit organizations

**Location**

United Kingdom

**Results and Publications**

## Publication and dissemination plan

Results from the primary analysis and pre-specified secondary analyses will be presented at relevant national/international meetings and will be published in peer-reviewed journals following funder open access requirements. A plain English summary of the results will be distributed to participants and will also be published on the study and funder websites.

## Intention to publish date

01/10/2021

## Individual participant data (IPD) sharing plan

The trial data are held at MRC Clinical Trials Unit at UCL which encourages optimal use of data by employing a controlled access approach to data sharing. Requests for data can be made via application to the Trial Steering Committee. Further information on both the approach and the application process can be found here: [http://www.ctu.mrc.ac.uk/our\\_research/datasharing/](http://www.ctu.mrc.ac.uk/our_research/datasharing/)

## IPD sharing plan summary

Available on request

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Plain English results</a>	management practices			No	Yes
<a href="#">Other publications</a>		01/02/2012		Yes	No
<a href="#">Results article</a>		17/03/2022	21/03/2022	Yes	No