# Testing a breathing app for patients in the emergency room

Submission date	Recruitment status  Not yet recruiting	[X] Prospectively registered		
26/08/2025		[X] Protocol		
Registration date 28/08/2025	Overall study status Ongoing Condition category	Statistical analysis plan		
		Results		
Last Edited		Individual participant data		
24/10/2025	Respiratory	[X] Record updated in last year		

# Plain English summary of protocol

Background and study aims

This study is looking at a new device to measure aspects of breathing and heart rate. We want to test whether the new device works as well as traditional equipment. The new device is a smartphone application (app) which uses the video camera function. If the new device works as well as the standard methods, it could help doctors to better monitor and treat patients with breathing and heart diseases in the future.

## Who can participate?

Males and females, aged 18 years and above, presenting at the Emergency Department at Addenbrooke's Hospital in Cambridge

# What does the study involve?

You will be shown the new device and standard equipment. You will use the new app to measure your breathing over a 1-minute period. At the same time the nurse will count your number of breaths. This will be done three times. Next, the doctor or nurse will use the standard equipment (called a spirometer) to measure your breathing. This will be done three times. Then you will use the new device to measure your heart rate over a 1-minute period. At the same time the nurse will use standard equipment (called a pulse oximeter) to measure your heart rate. This will be done three times. Lastly, you will be given a short questionnaire with seven simple questions to say what you thought of using the new app.

# What are the possible benefits and risks of participating?

There are no particular advantages of taking part in the study. Your participation is entirely voluntary, and there is no payment for taking part. Your participation may help to bring about a beneficial new way to monitor patients with disorders or diseases that affect their breathing, possibly preventing hospital admissions and bringing about earlier treatment if their disease flares up.

The app uses the smartphone camera to perform a simple non-invasive scan so there are no expected risks to you. If you have any technical problems or difficulties using the app, you may feel frustrated or anxious, but the study staff will always be on-hand to help. To help the app

function correctly, we will use tape to secure a small marker to the back of each of your hands. There is a very low chance of skin reaction to the tape but if that did happen, a cold compress can be used, or calamine lotion to relieve any swelling or itchiness.

Where is the study run from? Addenbrooke's Hospital (UK)

When is the study starting and how long is it expected to run for? August 2025 to March 2026

Who is funding the study? electronRx Ltd (UK)

Who is the main contact?

Dr Bipin Patel (CEO of electronRx), admin@electronrx.com

# Contact information

## Type(s)

Principal investigator

#### Contact name

Dr Adrian Boyle

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# Type(s)

Public

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# Additional identifiers

# Clinical Trials Information System (CTIS)

Nil known

# Integrated Research Application System (IRAS)

360871

# ClinicalTrials.gov (NCT)

Nil known

# Protocol serial number

F006-REG-AD/GB-25

# Study information

#### Scientific Title

CLinical Evaluation of a mobile App-based Respiratory device in the Emergency Department setting (CLEAR-ED)

# **Acronym**

**CLEAR-ED** 

# Study objectives

The primary objectives of this study are to evaluate the agreement and usability of a new device, namely purpleDx smartphone application which uses video technology to measure patients' peak expiratory flow, forced expiratory volume in one second, respiratory rate and heart rate. Results obtained using the purpleDx app will be compared to those measured using standard clinical reference methods during a single patient encounter in an Emergency Department setting.

The secondary objectives are to demonstrate the safety of the purpleDx app and determine any subject subgroups or conditions of use of the new device that impair the quality or reliability of data.

# Ethics approval required

Ethics approval required

# Ethics approval(s)

submitted 08/08/2025, East of England - Cambridgeshire and Hertfordshire Research Ethics Committee (2 Redman Place, Stratford, London, E20 1JQ, United Kingdom; +44 (0)207 104 8096, +44 (0)207 104 8194, +44 (0)207 104 8269; cambsandherts.rec@hra.nhs.uk), ref: 25/EE/0187

## Study design

Single-centre single-visit study

# Primary study design

Observational

## Study type(s)

Other

# Health condition(s) or problem(s) studied

Respiratory disease

#### **Interventions**

There is no drug or other treatment involved in this study. It is a study to assess a new medical device compared to standard equipment.

Once a participant has signed the Informed Consent form, they will be shown the new device and standard equipment. They will use the new device (purpleDx smartphone application) to measure their breathing over a 1-minute period. At the same time the nurse will count the number of breaths. This will be done three times. Next, the doctor or nurse will use the standard equipment (called a spirometer) to measure their breathing. This will be done three times. Then participants will use the new device to measure their heart rate over a 1-minute period. At the same time the nurse will use standard equipment (called a pulse oximeter) to measure their heart rate. This will be done three times. Lastly, participants will be given a short questionnaire with seven simple questions to say what they thought of using the new app.

# Intervention Type

Device

#### Phase

Not Applicable

# Drug/device/biological/vaccine name(s)

purpleDx smartphone application

# Primary outcome(s)

Peak expiratory flow measured by conventional and novel medical devices at a single visit

## Key secondary outcome(s))

- 1. Forced Expiratory Volume in one second (FEV1), heart rate and respiratory rate measured by conventional and novel medical devices at a single visit
- 2. The ease of using the novel medical device measured by a simple Likert-scale questionnaire at a single visit
- 3. The safety of the novel medical device assessed by evaluation of adverse events at a single visit
- 4. Patients and/or conditions not suitable for assessment by the novel medical device, determined by evaluation of missing, inaccurate and unreliable measurements produced by using the novel medical device at a single visit

## Completion date

31/03/2026

# **Eligibility**

# Key inclusion criteria

Current inclusion criteria as of 24/10/2025:

- 1. Sex at birth classified as male or female
- 2. 18 years of age and above, presenting to Addenbrooke's Hospital Emergency Department
- 3. Able to read and understand the participant information sheet in English
- 4. Capacity and ability to sign an informed consent form
- 5. With or without respiratory or cardiorespiratory symptom/s

#### Previous inclusion criteria:

- 1. Male or female
- 2. Aged 18 years and above, presenting to Addenbrooke's Hospital Emergency Department
- 3. Able to read/understand/write in English
- 4. With or without a medical diagnosis of respiratory or cardiopulmonary condition/s

#### Participant type(s)

Patient

## Healthy volunteers allowed

No

#### Age group

Adult

# Lower age limit

18 years

#### Sex

All

#### Key exclusion criteria

Current exclusion criteria as of 24/10/2025:

1. Unable to sit up i.e. cannot lie completely flat (supine)

- 2. Known pregnancy in women of child-bearing potential
- 3. Unable to comply with the requirements of the investigation in any way
- 4. Prisoners or young offenders

#### Previous exclusion criteria:

- 1. Unable to sit up
- 2. Determined not to have capacity to provide consent to participate in the study
- 3. Known pregnancy in women of childbearing potential
- 4. Unable to comply with the requirements of the investigation in any way
- 4. Prisoners

#### Date of first enrolment

27/11/2025

#### Date of final enrolment

27/02/2026

# Locations

#### Countries of recruitment

United Kingdom

England

# Study participating centre

# Cambridge University Hospitals NHS Foundation Trust

Addenbrooke's Hospital
Emergency Department
Box 87
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# Sponsor information

#### Organisation

electronRx Ltd

# Funder(s)

# Funder type

Industry

#### Funder Name

electronRx Ltd

# **Results and Publications**

# Individual participant data (IPD) sharing plan

The data-sharing plans for the current study are unknown and will be made available at a later date

# IPD sharing plan summary

Data sharing statement to be made available at a later date

# **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Participant information sheet	Participant information sheet	11/11/2025	11/11/2025	No	Yes
<u>Protocol file</u>	Study wobsito	14/10/2025	24/10/2025	No	No
Study website		11/11/2025	11/11/2025	No	Yes