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A feasibility study to test the methods and recruitment procedures towards a future randomised trial of self-hypnosis versus antidepressant medication for the management of depression

Submission date	Recruitment status
02/12/2005	No longer recruiting
Registration date	**Overall study status**
24/01/2006	Completed
Last Edited	**Condition category**
20/01/2011	Mental and Behavioural Disorders

[ ] Prospectively registered
[ ] Protocol
[ ] Statistical analysis plan
[X] Results
[ ] Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers
CZG/2/121

Study information

Scientific Title

Study objectives
The future aim of this work was to conduct a randomised trial of nurse-taught self-hypnosis versus antidepressant drug treatment in primary care. However, an initial feasibility study was proposed to determine the feasibility and acceptability of the study and its proposed methods.

Ethics approval required
Old ethics approval format

Ethics approval(s)
Reviewed and approved by National Health Service Lothian Research Ethics Committee

Study design
Patient preference trial measuring the response to either nurse led antidepressants or self-hypnosis

Primary study design
Interventional

Secondary study design
Randomised controlled trial

Study setting(s)
GP practice

Study type(s)
Treatment

Participant information sheet

Health condition(s) or problem(s) studied
Depression

Interventions
A nurse led audio compact disc (CD) package on self-hypnosis versus GP prescribed antidepressant treatment (usual care).

Intervention Type
Other

Phase
Not Specified

Primary outcome measure
1. Changes in scores on the Beck Depression Inventory
2. Brief Symptom Inventory
3. SF-36

Secondary outcome measures
Not provided at time of registration

Overall study start date
31/05/2004

Completion date
12/12/2004

Eligibility

Key inclusion criteria
Eligible patients were all those aged 18-65 with a diagnosis of depression and receiving a new prescription for antidepressants from their general practitioner (GP)

Participant type(s)
Patient

Age group
Adult

Lower age limit
18 Years

Upper age limit
65 Years

Sex
Both

Target number of participants
100

Key exclusion criteria
Exceptions were those with bipolar depression, psychoses, alcohol and illicit drug use and active suicidal ideas.

Date of first enrolment
31/05/2004

Date of final enrolment

12/12/2004

Locations

Countries of recruitment
Scotland

United Kingdom

Study participating centre
Reader in Sociology
Stirling
United Kingdom
FK9 4LA

Sponsor information

Organisation
University of Edinburgh (UK)

Sponsor details
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Sponsor type
University/education

Website
http://www.ed.ac.uk

ROR
https://ror.org/01nrxwf90

Funder(s)

Funder type
Government

Funder Name
Chief Scientist Office of the Scottish Executive Health Division ref CZG/2/121 (UK)

Results and Publications

Publication and dissemination plan
Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/07/2009		Yes	No