

A feasibility study to test the methods and recruitment procedures towards a future randomised trial of self-hypnosis versus antidepressant medication for the management of depression

Submission date

02/12/2005

Recruitment status

No longer recruiting

Registration date

24/01/2006

Overall study status

Completed

Last Edited

20/01/2011

Condition category

Mental and Behavioural Disorders

☐ Prospectively registered

☐ Protocol

☐ Statistical analysis plan

☒ Results

☐ Individual participant data

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

Dr Margaret Maxwell

Contact details

Reader in Sociology
Department of Applied Social Science
Colin Bell Building
University of Stirling
Stirling
United Kingdom
FK9 4LA
+44 (0)131 650 9458
margaret.maxwell@stir.ac.uk

Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

CZG/2/121

Study information

Scientific Title

Study objectives

The future aim of this work was to conduct a randomised trial of nurse-taught self-hypnosis versus antidepressant drug treatment in primary care. However, an initial feasibility study was proposed to determine the feasibility and acceptability of the study and its proposed methods.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Reviewed and approved by National Health Service Lothian Research Ethics Committee

Study design

Patient preference trial measuring the response to either nurse led antidepressants or self-hypnosis

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

GP practice

Study type(s)

Treatment

Participant information sheet

Health condition(s) or problem(s) studied

Depression

Interventions

A nurse led audio compact disc (CD) package on self-hypnosis versus GP prescribed antidepressant treatment (usual care).

Intervention Type

Other

Phase

Not Specified

Primary outcome measure

1. Changes in scores on the Beck Depression Inventory
2. Brief Symptom Inventory
3. SF-36

Secondary outcome measures

Not provided at time of registration

Overall study start date

31/05/2004

Completion date

12/12/2004

Eligibility**Key inclusion criteria**

Eligible patients were all those aged 18-65 with a diagnosis of depression and receiving a new prescription for antidepressants from their general practitioner (GP)

Participant type(s)

Patient

Age group

Adult

Lower age limit

18 Years

Upper age limit

65 Years

Sex

Both

Target number of participants

100

Key exclusion criteria

Exceptions were those with bipolar depression, psychoses, alcohol and illicit drug use and active suicidal ideas.

Date of first enrolment

31/05/2004

Date of final enrolment

12/12/2004

Locations

Countries of recruitment

Scotland

United Kingdom

Study participating centre

Reader in Sociology

Stirling

United Kingdom

FK9 4LA

Sponsor information

Organisation

University of Edinburgh (UK)

Sponsor details

Old College

South Bridge

Edinburgh

Scotland

United Kingdom

EH8 9YL

+44 (0)131 650 0000

communications.office@ed.ac.uk

Sponsor type

University/education

Website

<http://www.ed.ac.uk>

ROR

<https://ror.org/01nrxf90>

Funder(s)

Funder type

Government

Funder Name

Chief Scientist Office of the Scottish Executive Health Division ref CZG/2/121 (UK)

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date**Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/07/2009		Yes	No