Delivery of cancer systemic therapy in patient's home, outreach surgery and hospital day unit

Submission date	Recruitment status No longer recruiting	Prospectively registered		
18/06/2010		☐ Protocol		
Registration date	Overall study status Completed	Statistical analysis plan		
18/06/2010		[X] Results		
Last Edited	Condition category	[] Individual participant data		
26/10/2022	Cancer			

Plain English summary of protocol

https://www.cancerresearchuk.org/about-cancer/find-a-clinical-trial/trial-looking-at-comparingthe-delivery-of-treatment-for-cancer-in-the-community-and-hospital-OUTREACH

Contact information

Type(s)

Scientific

Contact name

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Additional identifiers

Protocol serial number

5700

Study information

Scientific Title

A randomised trial comparing delivery of cancer systemic therapy in three different settings: patient's home, outreach surgery and hospital day unit

Acronym

OUTREACH

Study objectives

This is a randomised, prospective controlled trial to determine the true benefits and costs of delivering systemic therapy to cancer patients in two different community settings - at home or in an outreach surgery - compared with standard delivery of treatment in hospital facilities, in terms of patient-perceived benefits, cost-effectiveness and patient safety.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Cambridgeshire 2 Research Ethics Committee approved in August 2008 (ref: 08/H0308/130)

Study design

Multicentre randomised interventional treatment trial

Primary study design

Interventional

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Topic: National Cancer Research Network; Subtopic: All Cancers/Misc Sites; Disease: All

Interventions

The trial runs for 4 months with no patient follow up after that period. Three arms of the trial are treatment at home, treatment at a designated outreach surgery and at hospital day unit - this can be described as the control arm of the trial.

Study entry: single randomisation only

Intervention Type

Other

Phase

Not Applicable

Primary outcome(s)

Patient perceived benefits, measured by questionnaire at 0 weeks, 4 weeks, 8 weeks and 12 weeks with an optional 24 weeks visit.

Key secondary outcome(s))

- 1. Additional patient perceived benefits, measured by questionnaire at 0 weeks, 4 weeks, 8 weeks and 12 weeks with an optional 24 weeks visit
- 2. Impact on costs, measured by questionnaire at 0 weeks and 12 weeks

Completion date

Eligibility

Key inclusion criteria

- 1. Any cancer patient being treated at either Cambridge University Hospital (CUH) or West Suffolk Hospital (WSH)
- 2. Prepared to be considered for treatment at home or at one of the three defined outreach surgeries as alternatives to standard hospital treatment
- 3. Life expectancy greater than 6 months
- 4. Either commencing a course of treatment planned to last a minimum of 3 months, or having already commenced a course of treatment which is planned to continue for a minimum of 3 further months
- 5. Course of treatment may be aimed at cure, palliation or supportive care
- 6. Has hot and cold running water
- 7. Has an indoor toilet
- 8. Has a working telephone
- 9. Is not dependant on hospital transport
- 10. Able to give written informed consent
- 11. Aged greater than 18 years
- 12. No other acute or chronic medical or psychiatric conditions which might have a significant influence on choice of the appropriate location of the patient to receive treatment
- 13. Easter Cooperative Oncology Group (ECOG) performance status less than 2; if ECOG PS 2, there must be a second individual living in the home who functions as a carer
- 14. Either sex, lower age limit of 18 years

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Lower age limit

18 years

Sex

All

Total final enrolment

97

Kev exclusion criteria

- 1. Any patient receiving an unlicensed cancer drug treatment as part of a clinical trial, where the drug is defined as an investigational medical product (IMP), unless the trial itself has received ethics and research and development approval to be conducted in designated community settings used in the Outreach Trial
- 2. Patients with language barriers or communication difficulties whose safety might potentially

be compromised by entry into this trial (in the opinion of the Investigator)

3. Any patient, where, in the opinion of the investigator, entry into this trial would give cause for concern regarding patient safety

Date of first enrolment

01/11/2008

Date of final enrolment

31/03/2011

Locations

Countries of recruitment

United Kingdom

England

Study participating centre Addenbrookes Hospital

Cambridge United Kingdom CB2 0QQ

Sponsor information

Organisation

Cambridge University Hospitals NHS Foundation Trust (UK)

ROR

https://ror.org/04v54gj93

Funder(s)

Funder type

Government

Funder Name

Research for Patient Benefit Programme (ref: PB-PG-0107-12101)

Alternative Name(s)

NIHR Research for Patient Benefit Programme, Research for Patient Benefit (RfPB), The NIHR Research for Patient Benefit (RfPB), RfPB

Funding Body Type

Government organisation

Funding Body Subtype

National government

Location

United Kingdom

Results and Publications

Individual participant data (IPD) sharing plan

Not provided at time of registration

IPD sharing plan summary

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	17/09/2013		Yes	No
Participant information sheet	Participant information sheet	11/11/2025	11/11/2025	No	Yes
Plain English results			26/10/2022	No	Yes