

# Heart Revascularisation Trial - UK

<b>Submission date</b> 30/07/2010	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 30/07/2010	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 13/06/2019	<b>Condition category</b> Circulatory System	<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

**Secondary identifying numbers**  
2995

## Study information

**Scientific Title**

## Heart Revascularisation Trial - UK

### Acronym

Heart Revascularisation Trial - UK

### Study objectives

Patients with heart failure, left ventricular systolic dysfunction and definite coronary disease in whom angina is not the predominant symptom will be identified. Cardiac nuclear techniques or stress echocardiography will then be used to identify patients with substantial stress-induced ischaemia or myocardial hibernation/stunning. Patients with either of these problems will be randomised to best medical treatment alone versus best medical therapy and angiography with the intention of, where possible, revascularisation. Revascularisation may be by whichever conventional means the attending cardiologist and cardiac surgeon agree is advisable. Patients will be followed until 90% of patients in the worst performing group have died to determine the effect of the above interventions on all-cause mortality, symptoms, quality of life and recurrent hospitalisation.

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

MREC, ref: 0/3/35

### Study design

Multicentre randomised interventional process of care and treatment trial

### Primary study design

Interventional

### Secondary study design

Randomised controlled trial

### Study setting(s)

Hospital

### Study type(s)

Treatment

### Participant information sheet

Not available in web format, please use contact details to request a participant information sheet

### Health condition(s) or problem(s) studied

Topic: Cardiovascular; Subtopic: Cardiovascular (all Subtopics); Disease: Cardiovascular

### Interventions

1. Optimal medication plus angiography with, if appropriate, CABG
2. Optimal medication

Follow-up length: 60 months

Study entry: single randomisation only

**Intervention Type**

Mixed

**Primary outcome measure**

Survival

**Secondary outcome measures**

Determine whether coronary revascularisation reduces all-cause and cause-specific hospitalisation

**Overall study start date**

07/03/2003

**Completion date**

20/11/2006

**Eligibility****Key inclusion criteria**

1. Heart failure (in the investigators opinion) requiring chronic diuretic therapy
2. Coronary disease as the cause of heart failure as evidenced by a history of previous myocardial infarction, previous revascularisation or previous angiography
3. Left ventricular systolic dysfunction (ejection fraction less than 35%)
4. Stress-induced myocardial ischaemia or evidence of myocardial hibernation/stunning affecting five or more left ventricular segments in a 16-segment model
5. Male and female, lower age limit of 18 years

**Participant type(s)**

Patient

**Age group**

Adult

**Lower age limit**

18 Years

**Sex**

Both

**Target number of participants**

Planned sample size: 140; UK sample size: 140

**Total final enrolment**

138

**Key exclusion criteria**

1. Inability to give written informed consent. No age limits are stipulated but patients will have to be over 18 years to give consent and some patients may be considered too frail to survive surgery and would be excluded.

2. Patients who are not candidates for coronary artery bypass graft (CABG) surgery because of frailty or serious co-morbidity, e.g., severe lung disease, metastatic carcinoma. N.B. Some patients will be candidates for percutaneous transluminal coronary angioplasty (PTCA) but prior to randomisation (i.e. prior to doing an angiogram for study purposes) the investigator should be willing to send the patient to CABG surgery in case that is the preferred mode of revascularisation.

3. Unstable angina, myocardial infarction or stroke within the preceding 2 months

4. Patients being considered for revascularisation for the relief of chest pain (angina) or for valve surgery

**Date of first enrolment**

07/03/2003

**Date of final enrolment**

20/11/2006

## Locations

**Countries of recruitment**

England

United Kingdom

**Study participating centre**

Hull and East Yorkshire Hospitals NHS Trust

Cottingham

United Kingdom

HU16 5JQ

## Sponsor information

**Organisation**

Hull and East Yorkshire Hospitals NHS Trust (UK)

**Sponsor details**

Castle Hill Hospital

Castle Road

Cottingham

England

United Kingdom

HU16 5JQ

**Sponsor type**

Hospital/treatment centre

**Website**

<http://www.hey.nhs.uk/>

**ROR**

<https://ror.org/01b11x021>

## **Funder(s)**

### **Funder type**

Research council

### **Funder Name**

Medical Research Council (MRC) (UK)

### **Alternative Name(s)**

Medical Research Council (United Kingdom), UK Medical Research Council, MRC

### **Funding Body Type**

Government organisation

### **Funding Body Subtype**

National government

### **Location**

United Kingdom

### **Funder Name**

Arthritis Research UK

### **Alternative Name(s)**

### **Funding Body Type**

Private sector organisation

### **Funding Body Subtype**

Other non-profit organizations

### **Location**

United Kingdom

## **Results and Publications**

### **Publication and dissemination plan**

Not provided at time of registration

**Intention to publish date**

**Individual participant data (IPD) sharing plan**

**IPD sharing plan summary**

Not provided at time of registration

**Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/02/2011	13/06/2019	Yes	No