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Survivors at risk: a randomised controlled trial of primary prevention of complicated grief among first degree relatives of suicide victims

Submission date
28/04/2006

Recruitment status
No longer recruiting

Registration date
28/04/2006

Overall study status
Completed

Last Edited
26/04/2007

Condition category
Mental and Behavioural Disorders

[ ] Prospectively registered
[ ] Protocol
[ ] Statistical analysis plan
[X] Results
[ ] Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
METC 2002/137

Study information

Scientific Title

Study objectives
A brief (four sessions) nurse-led family focused intervention, based on cognitive behavioral therapy and psycho-education, offered between three and six months following the suicide, prevents depressive and complicated grief symptoms at 13 months bereavement.

Ethics approval required
Old ethics approval format

Ethics approval(s)
Approval received from the local ethics committee (ref: METC 2002/137).

Study design
Randomised controlled trial

Primary study design
Interventional

Study type(s)
Prevention

Health condition(s) or problem(s) studied
Suicide bereavement, complicated grief

Interventions
Brief, nurse-led family-focused four session intervention by trained psychiatric nurses, based on cognitive behavioural therapy and psycho-education versus care as usual (control).

Intervention Type
Other

Phase
Not Specified

Primary outcome(s)
1. Depression (Center for Epidemiologic Studies Depression Scale [CESD])
2. Complicated grief (Inventory of Traumatic Grief [ITG])
3. Traumatic Grief Evaluation of Response to Loss (TRGR2L)
4. Schedules for Clinical Assessment in Neuropsychiatry (SCAN)

Key secondary outcome(s))
1. Guilt
2. Relief
3. Satisfaction

Completion date
01/01/2004

Eligibility

Key inclusion criteria
Families (first-degree relatives, in-laws and spouses) of suicide victims recruited in the three northern provinces of the Netherlands between 1 September 1999 and 1 January 2002.

Participant type(s)
Patient

Healthy volunteers allowed
No

Age group
Adult

Sex
All

Key exclusion criteria
1. Severe mental illness
2. Imprisonment of the deceased
3. Lack of Dutch fluency

Date of first enrolment
01/09/1999

Date of final enrolment
01/01/2004

Locations

Countries of recruitment
Netherlands

Study participating centre
University Medical Center Groningen (UMCG)
Groningen
Netherlands
9700 RB

Sponsor information

Organisation
University Medical Center Groningen (UMCG) (The Netherlands)

ROR
https://ror.org/03cv38k47

Funder(s)

Funder type
Research organisation

Funder Name
The Netherlands Organisation for Health Research and Development (ZonMw) (The Netherlands)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	Results	12/05/2007		Yes	No