

# Randomised evaluation of stents to open restricted airways in patients with centrally placed non-small cell lung cancer

<b>Submission date</b> 21/10/2010	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 21/10/2010	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input type="checkbox"/> Results
<b>Last Edited</b> 26/10/2022	<b>Condition category</b> Cancer	<input type="checkbox"/> Individual participant data <input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

<https://www.cancerresearchuk.org/about-cancer/find-a-clinical-trial/a-trial-looking-at-stents-to-relieve-breathlessness-for-non-small-cell-lung-cancer-restore-air>

## Contact information

### Type(s)

Scientific

### Contact name

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### Contact details

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## Additional identifiers

### EudraCT/CTIS number

Nil known

### IRAS number

### ClinicalTrials.gov number

NCT01003522

## Secondary identifying numbers

6064

# Study information

## Scientific Title

Randomised Evaluation of STents to Open REstricted AIRways in patients with centrally placed non-small cell lung cancer: a multicentre randomised interventional phase III treatment trial

## Acronym

RESTORE-AIR

## Study objectives

This study intends to build on a previous small pilot study which showed good improvement in breathlessness in lung cancer patients with the insertion of a bronchial stent. We wish to compare the improvement in dyspnoea with or without a bronchial stent at 2 weeks. We wish to assess if an improved clinical state improves outcomes of tumour specific therapy in these patients. Subjective assessment of breathlessness will be followed, but also the use of rescue medication (such as opioids), and objective measures of pulmonary function including the 6 minute walking distance (6MWD), arterial blood gas analysis and spirometry (where possible).

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

MREC for Wales, 03/04/2008, ref: 08/MRE09/6

## Study design

Multicentre randomised interventional phase III treatment trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Hospital

## Study type(s)

Treatment

## Participant information sheet

## Health condition(s) or problem(s) studied

Topic: National Cancer Research Network; Subtopic: Lung Cancer; Disease: Lung (non-small cell)

## Interventions

Bronchial stent insertion versus no stent.

Follow up length: 3 months  
Study entry: single randomisation only

**Intervention Type**

Other

**Phase**

Phase III

**Primary outcome measure**

Improvement in dyspnoea, measured at 2 weeks

**Secondary outcome measures**

No secondary outcome measures.

**Overall study start date**

13/10/2008

**Completion date**

01/03/2010

**Eligibility****Key inclusion criteria**

1. Able to give informed written consent in the English language
2. Male or female, aged greater than 18 years
3. Able and willing to attend St George's Hospital/Royal Marsden Hospital (RMH) for stent insertion (if allocated) and documentation of 6-minute walk distance (6MWD)
4. Willing to re-attend for follow-up and 6MWD at St George's Hospital/RMH 2 weeks later (all patients)
5. Diagnosis of non-small cell lung cancer (NSCLC) with centrally placed tumour with some degree of airway obstruction from information from bronchoscopy or computed tomography (CT) scan
6. Eastern Cooperative Oncology Group (ECOG) performance status 0 - 3

**Participant type(s)**

Patient

**Age group**

Adult

**Lower age limit**

18 Years

**Sex**

Both

**Target number of participants**

Planned sample size: 60; UK sample size: 60

**Total final enrolment**

21

**Key exclusion criteria**

1. Relative contraindications to stenting, e.g. bleeding abnormality or relative anticoagulation problems
2. Pregnancy
3. Surgically resectable disease

**Date of first enrolment**

13/10/2008

**Date of final enrolment**

01/03/2010

**Locations****Countries of recruitment**

England

United Kingdom

**Study participating centre**

**Royal Marsden Hospital**

Downs Road

Sutton

United Kingdom

SM2 5PT

**Sponsor information****Organisation**

The Royal Marsden Hospital NHS Foundation Trust (UK)

**Sponsor details**

Fulham Road

London

England

United Kingdom

SW3 6JJ

**Sponsor type**

Hospital/treatment centre

**Website**

<http://www.royalmarsden.nhs.uk>

**ROR**

<https://ror.org/0008wzh48>

## Funder(s)

### Funder type

Research organisation

### Funder Name

Marie Curie Fellowship (UK)

### Funder Name

National Cancer Research Institute

### Alternative Name(s)

NCRI

### Funding Body Type

Government organisation

### Funding Body Subtype

Research institutes and centers

### Location

United Kingdom

## Results and Publications

### Publication and dissemination plan

Not provided at time of registration

### Intention to publish date

### Individual participant data (IPD) sharing plan

Not provided at time of registration

### IPD sharing plan summary

Not provided at time of registration

### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
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[Plain English results](#)

26/10/2022

No

Yes