

# Advancing care for critically ill patients with acute traumatic brain injuries

<b>Submission date</b> 14/12/2025	<b>Recruitment status</b> Recruiting	<input checked="" type="checkbox"/> Prospectively registered
		<input type="checkbox"/> Protocol
<b>Registration date</b> 17/12/2025	<b>Overall study status</b> Ongoing	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
<b>Last Edited</b> 20/02/2026	<b>Condition category</b> Injury, Occupational Diseases, Poisoning	<input type="checkbox"/> Individual participant data
		<input checked="" type="checkbox"/> Record updated in last year

## Plain English summary of protocol

### Background and study aims

Traumatic brain injury (TBI) is a major cause of death and disability worldwide. Among survivors, moderate and severe TBI can lead to lasting neurological and functional impairments, including problems with mobility, communication, cognition, and independence. Despite improvements in critical care, current treatments rely on limited evidence, and management practices vary significantly between hospitals. The BRAINapt trial aims to identify the most effective interventions to improve survival and recovery after moderate or severe TBI. It is an international, multicentre, adaptive platform trial evaluating multiple interventions simultaneously, including drugs, devices, and other treatment strategies used in the intensive care unit (ICU).

### Who can participate?

Adult patients aged 18 years or older admitted to the ICU with an acute moderate or severe acute TBI

### What does the study involve?

Participants are randomly assigned to one or more intervention domains for which they are eligible and have consented to participate. Each intervention begins soon after randomization and continues until ICU discharge, death, or a decision to withdraw life-sustaining therapy. The main outcome assessed is the neurological functional status at 6 months. Secondary outcomes include death rates, quality of life, cognition, and depression, organ support-free days and ICU-free days.

### What are the possible benefits and risks of participating?

Participants may not directly benefit but their involvement will contribute to improving TBI care for future patients. All participants are closely monitored by ICU physicians throughout the study, and any intervention can be stopped at any time if it is not in the patient's best interest.

### Where is the study run from?

The trial is coordinated by the CHU de Québec–Université Laval Clinical Trial Unit (CTU). The chief investigator is Pr. Alexis Turgeon at CHU de Québec–Université Laval (Hôpital de l'Enfant-Jésus).

When is the study starting and how long is it expected to run for?  
BRAINapt is a perpetual adaptive platform trial, meaning it is designed to continue as long as funding and new intervention domains are available. New domains, interventions within existing domains, and participating sites will be added over time.

Who is funding the study?  
The trial is funded by the Canadian Institutes of Health Research (CIHR/IRSC), with institutional support from Université Laval and CHU de Québec–Université Laval.

Who is the main contact?  
Prof. Alexis Turgeon, alexis.Turgeon@crchudequebec.ulaval.ca

## Contact information

### Type(s)

Public, Principal investigator, Scientific

### Contact name

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## Additional identifiers

# Study information

## Scientific Title

BRAINapt – TBI International Adaptive Platform Trial

## Acronym

BRAINapt

## Study objectives

The objective of BRAINapt is to identify i) drugs, ii) devices, or iii) or other interventions (excluding drugs and devices) that can improve long term outcomes in critically ill adult patients with moderate to severe TBI.

## Ethics approval required

Ethics approval required

## Ethics approval(s)

approved 09/12/2025, CHU de Québec-Université Laval Research Ethics Board (Bureau de l'éthique de la recherche CHU de Québec-Université Laval HSFA - local D7-704 10, rue de L'Espinay, Québec, G1L 3L5, Canada; +1 (0)418-525-4444; gurecherche@chudequebec.ca), ref: MP-20-2026-8206

## Primary study design

Interventional

## Allocation

Randomized controlled trial

## Masking

Open (masking not used)

## Control

Uncontrolled

## Assignment

Parallel

## Purpose

Treatment

## Study type(s)

## Health condition(s) or problem(s) studied

Traumatic brain injury

## Interventions

BRAINapt is a platform trial evaluating several interventions, which may sometimes be tested within the same participant if eligibility criteria are met. These interventions are organized into "domain families," categorized as (i) drugs, (ii) devices, and (iii) other interventions (neither drugs

nor devices). Below, the current interventions are listed along with their respective domain family and domain.

### Beta-blockers Domain

Domain-specific Exclusion Criteria: Contraindications to beta-blockers as per treating physician.

Intervention Arms: Participants will be randomly assigned in a 2:2:3 ratio to one of three arms:

#### 1. Propranolol

Generic drug name: propranolol.

Dosage and administration: As per ICU protocol at sites; PO (recommended) or IV.

Recommended initial daily dose 40 mg (10 mg q 6h). Recommended target daily dose 80 mg (20 mg q 6h). Recommended maximal daily dose 160 mg (40 mg q 6h). IV:PO ratio is 1:10

Frequency: As clinically indicated. Recommended frequency in divided doses every 6, 8 or 12 hours

Duration: From randomization until ICU discharge, death, or withdrawal of life-sustaining therapies.

#### 2. Metoprolol

Generic drug name: metoprolol.

Dosage and administration: As per ICU protocol at sites; PO (recommended) or IV.

Recommended initial daily dose 50 mg (25 mg q 12h). Recommended target daily dose 100 mg (50 mg q 12h). Recommended maximal daily dose 200 mg (100 mg q 12h). IV:PO ratio is 1:2.5

Frequency: As clinically indicated. Recommended frequency in divided doses every 12 hours

Duration: From randomization until ICU discharge, death, or withdrawal of life-sustaining therapies.

#### 3. Control (No beta-blocker)

Participants receive standard ICU care without beta-blockers.

Follow-up and Duration: Participants are followed for six months post-randomization.

Domain-specific secondary outcome: Day 28: myocardial ischemic events.

### Anticonvulsants Domain

Domain-specific Exclusion Criteria: Contraindications to anticonvulsants per treating physician; Pre-existing anticonvulsant therapy for seizure disorder; Early seizure requiring anticonvulsants; More than 72 hours elapsed since ICU admission.

Intervention Arms: Participants will be randomly assigned in a 2:2:3 ratio to one of three arms:

#### 4. Phenytoin

Generic drug name: phenytoin.

Dosage and administration: As per local ICU clinical protocols at sites; PO or IV. Recommended loading dose 15 mg/kg (max 2000 mg). Recommended maintenance daily dose 5 mg/kg or 300 mg (100 mg q 8h). May be titrated according to serum level, as per local practice.

Frequency: As per local ICU clinical protocols. Recommended frequency in divided doses every 8 or 12 hours.

Duration: From randomization until ICU discharge, death, or withdrawal of life-sustaining therapies.

#### 5. Levetiracetam

Generic drug name: levetiracetam.

Dosage and administration: As per local ICU clinical protocols at sites; PO or IV. Recommended loading dose 20 mg/kg. recommended maintenance daily dose 2000 mg (1000mg q 12h). The dose should be titrated down to 500 mg q12h in patients aged  $\geq 75$  years or with a creatinine clearance  $\leq 50$  mL/min.

Frequency: As per local ICU clinical protocols.

Duration: From randomization until ICU discharge, death, or withdrawal of life-sustaining therapies.

## 6. Control (No anticonvulsant)

Participants receive standard ICU care without prophylactic anticonvulsants.

Follow-up and Duration: Participants are followed for six months post-randomization.

Domain-specific secondary outcome: Day 7: occurrence of seizures.

## Intervention Type

Mixed

## Primary outcome(s)

1. Neurologic functional outcome measured using Glasgow Outcome Scale extended questionnaire at 6 months

## Key secondary outcome(s)

1. Mortality measured using medical records, public registries or questionnaire at Hospital and 6 months

2. Quality of life measured using EuroQoL Visual Analogue Scale (VAS) and 5-Dimension 5-Level (EQ-5D-5L) at 6 months

3. Cognition measured using Telephone-Montréal Cognitive Assessment test (T-MoCA) at 6 months

4. Depression measured using Patient Health Questionnaire-9 (PHQ-9) at 6 months

5. Organ-support free days (mechanical ventilation, vasopressors, renal replacement therapy) measured using medical records at 28 days

6. ICU-free days measured using medical records at 28 days

## Completion date

31/12/2035

## Eligibility

### Key inclusion criteria

1. Adults aged  $\geq 18$  years
2. Admitted to the intensive care unit following acute TBI
3. Moderate or severe acute TBI (GCS  $\leq 12$  [on a scale of 3 to 15])

Each domain may have additional inclusion criteria

### Healthy volunteers allowed

No

### Age group

Mixed

### Lower age limit

18 years

### Upper age limit

100 years

**Sex**

All

**Total final enrolment**

0

**Key exclusion criteria**

Platform trial exclusion criteria:

1. A decision to withdraw life-sustaining therapies was made

Domain exclusion criteria:

Beta-blocker domain:

1. Contraindications to use beta-blockers based on clinical risk (as per treating physician)

Anticonvulsant domain:

1. Contraindications to use anticonvulsants based on clinical risk (as per treating physician)
2. Patient on anticonvulsants for seizure disorder prior to hospital admission
3. Early seizure requiring anticonvulsants
4. More than 72 hours have elapsed since ICU admission

**Date of first enrolment**

02/02/2026

**Date of final enrolment**

31/12/2032

**Locations**

**Countries of recruitment**

Australia

Belgium

Brazil

Canada

Colombia

France

Ireland

Italy

Netherlands

New Zealand

Switzerland

**Study participating centre**

**CHU de Québec-Université Laval (Hôpital de l'Enfant-Jésus)**

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## Sponsor information

**Organisation**

Université Laval

**ROR**

<https://ror.org/04sjchr03>

**Organisation**

Centre de recherche du CHU de Québec-Université Laval

**ROR**

<https://ror.org/04rgqcd02>

## Funder(s)

**Funder type**

**Funder Name**

Canadian Institutes of Health Research

**Alternative Name(s)**

Instituts de Recherche en Santé du Canada, The Canadian Institutes of Health Research (CIHR), Canadian Institutes of Health Research (CIHR), Canadian Institutes of Health Research | Ottawa ON, CIHR - Welcome to the Canadian Institutes of Health Research, CIHR, IRSC

**Funding Body Type**

Government organisation

**Funding Body Subtype**

National government

**Location**

Canada

## **Results and Publications**

**Individual participant data (IPD) sharing plan**

**IPD sharing plan summary**

Data sharing statement to be made available at a later date