

UK Alcohol Treatment Trial

Submission date 23/10/2000	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered
Registration date 23/10/2000	Overall study status Completed	<input checked="" type="checkbox"/> Protocol
Last Edited 24/11/2010	Condition category Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

Contact name
Dr J Orford

Contact details
School of Psychology
University of Birmingham
Edgbaston
Birmingham
United Kingdom
B15 2TT
+44 (0)121 414 4918
j.f.orford@bham.ac.uk

Additional identifiers

Protocol serial number
G9700729

Study information

Scientific Title

Acronym
UKATT

Study objectives

1. To conduct a multi-centre trial of treatment for alcohol problems within the context of the UK treatment system
2. To examine outcomes from a socially based treatment which both theory and research suggest may be effective and cost-effective compared with MET
3. To enquire what types of patient are suited to MET and what types of patient do not benefit from MET and may therefore need a more intensive form of treatment.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Study type(s)

Not Specified

Health condition(s) or problem(s) studied

Neuroscience, psychiatry

Interventions

Motivational Enhancement Therapy (MET)
Social Behaviour Network Therapy (SBNT)

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

Categorical outcome of treatment plus continuous change in levels of:

1. Alcohol consumption
2. Gamma-glutamyl transferase (GGT)
3. Alcohol dependence
4. Alcohol-related problems

Key secondary outcome(s)

Not provided at time of registration

Completion date

31/10/2002

Eligibility

Key inclusion criteria

A Diagnostic and Statistical Manual of Mental Disorders - Fourth Edition (DSM-IV) diagnosis of alcohol abuse or alcohol dependence

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Sex

Not Specified

Key exclusion criteria

1. Less than 16 years old
2. Abstinence from drinking during 3 months prior to screening
3. Currently receiving another form of alcohol treatment;
4. Intending to seek another form of alcohol treatment within 3 months
5. Other drug use the main problem area
6. Recommended by their clinician for treatment for their other drug use
7. Unable to provide a trace contact
8. Has an uncontrolled mental illness preventing treatment compliance
9. Has a severe language or cognitive problem
10. Has previously been entered into UKATT
11. Is a significant other or network member of an existing UKATT client;
12. Will definitely be moving to another area within 15 months

Date of first enrolment

01/04/1998

Date of final enrolment

31/10/2002

Locations**Countries of recruitment**

United Kingdom

England

Study participating centre

School of Psychology

Birmingham

United Kingdom

B15 2TT

Sponsor information

Organisation

Medical Research Council (MRC) (UK)

Funder(s)

Funder type

Research council

Funder Name

Medical Research Council (UK)

Alternative Name(s)

Medical Research Council (United Kingdom), UK Medical Research Council, Medical Research Committee and Advisory Council, MRC

Funding Body Type

Government organisation

Funding Body Subtype

National government

Location

United Kingdom

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	10/09/2005		Yes	No
Results article	results	01/01/2006		Yes	No
Protocol article	protocol	01/01/2001		Yes	No

