

# UK Alcohol Treatment Trial

<b>Submission date</b> 23/10/2000	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 23/10/2000	<b>Overall study status</b> Completed	<input checked="" type="checkbox"/> Protocol
<b>Last Edited</b> 24/11/2010	<b>Condition category</b> Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

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## Additional identifiers

### Protocol serial number

G9700729

## Study information

### Scientific Title

### Acronym

UKATT

**Study objectives**

1. To conduct a multi-centre trial of treatment for alcohol problems within the context of the UK treatment system
2. To examine outcomes from a socially based treatment which both theory and research suggest may be effective and cost-effective compared with MET
3. To enquire what types of patient are suited to MET and what types of patient do not benefit from MET and may therefore need a more intensive form of treatment.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Not provided at time of registration

**Study design**

Randomised controlled trial

**Primary study design**

Interventional

**Study type(s)**

Not Specified

**Health condition(s) or problem(s) studied**

Neuroscience, psychiatry

**Interventions**

Motivational Enhancement Therapy (MET)  
Social Behaviour Network Therapy (SBNT)

**Intervention Type**

Other

**Phase**

Not Specified

**Primary outcome(s)**

Categorical outcome of treatment plus continuous change in levels of:

1. Alcohol consumption
2. Gamma-glutamyl transferase (GGT)
3. Alcohol dependence
4. Alcohol-related problems

**Key secondary outcome(s))**

Not provided at time of registration

**Completion date**

31/10/2002

**Eligibility**

**Key inclusion criteria**

A Diagnostic and Statistical Manual of Mental Disorders - Fourth Edition (DSM-IV) diagnosis of alcohol abuse or alcohol dependence

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Sex**

Not Specified

**Key exclusion criteria**

1. Less than 16 years old
2. Abstinence from drinking during 3 months prior to screening
3. Currently receiving another form of alcohol treatment;
4. Intending to seek another form of alcohol treatment within 3 months
5. Other drug use the main problem area
6. Recommended by their clinician for treatment for their other drug use
7. Unable to provide a trace contact
8. Has an uncontrolled mental illness preventing treatment compliance
9. Has a severe language or cognitive problem
10. Has previously been entered into UKATT
11. Is a significant other or network member of an existing UKATT client;
12. Will definitely be moving to another area within 15 months

**Date of first enrolment**

01/04/1998

**Date of final enrolment**

31/10/2002

**Locations****Countries of recruitment**

United Kingdom

England

**Study participating centre**

School of Psychology

Birmingham

United Kingdom

B15 2TT

# Sponsor information

## Organisation

Medical Research Council (MRC) (UK)

## Funder(s)

### Funder type

Research council

### Funder Name

Medical Research Council (UK)

### Alternative Name(s)

Medical Research Council (United Kingdom), UK Medical Research Council, MRC

### Funding Body Type

Government organisation

### Funding Body Subtype

National government

### Location

United Kingdom

# Results and Publications

## Individual participant data (IPD) sharing plan

### IPD sharing plan summary

Not provided at time of registration

### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	10/09/2005		Yes	No
<a href="#">Results article</a>	results	01/01/2006		Yes	No
<a href="#">Protocol article</a>	protocol	01/01/2001		Yes	No