

# Nurse Practitioner Service to nursing and residential home patients.

<b>Submission date</b> 23/01/2004	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 23/01/2004	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 25/07/2011	<b>Condition category</b> Other	<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

**Contact name**  
Mrs Soline Jerram

**Contact details**  
Sussex Weald and Downs NHS Trust  
Directorate of Professional Standards  
9 College Lane  
Chichester  
United Kingdom  
PO19 4FX

## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

**Secondary identifying numbers**  
SPGS632

## Study information

## **Scientific Title**

### **Study objectives**

Is it possible to improve the health of nursing and residential home older residents by the provision of a Nurse Practitioner Service?

Hypothesis 1. There will be a measurable gain in the health and the well-being of the patients in the study group.

Hypothesis 2. There will be a reduction in GP visits to the patients in the study group.

Hypothesis 3. There will be a reduction in hospital admissions.

Hypothesis 4. There will be a reduction in pharmaceutical interventions.

Hypothesis 5. Continuous monitoring and assessment by a Nurse Practitioner will prove to be a cost-effective service for this section of the population.

### **Ethics approval required**

Old ethics approval format

### **Ethics approval(s)**

Not provided at time of registration

### **Study design**

Randomised controlled trial

### **Primary study design**

Interventional

### **Secondary study design**

Randomised controlled trial

### **Study setting(s)**

Not specified

### **Study type(s)**

Not Specified

### **Participant information sheet**

### **Health condition(s) or problem(s) studied**

Not applicable: Service delivery

### **Interventions**

1. Nurse Practitioner Service - regular fortnightly clinic in each of the 14 homes plus access to the Nurse Practitioner 9am-5pm weekdays, for any health concern or query from either patients or staff.

2. Standard care

The intervention was found to reduce the number of GP visits per patient by an average of 1.50 visits per person per year (95% CI 0.64 to 2.36). It was also found to reduce the number of district nurse visits by an average of 1.27 visits per patient per year (95% CI:0.02-2.52). Further analysis is required to determine cost-effectiveness.

**Intervention Type**

Other

**Phase**

Not Specified

**Primary outcome measure**

Not provided at time of registration

**Secondary outcome measures**

Not provided at time of registration

**Overall study start date**

01/11/1998

**Completion date**

01/11/2000

**Eligibility****Key inclusion criteria**

Residents of nursing or residential home within the catchment area.

**Participant type(s)**

Patient

**Age group**

Not Specified

**Sex**

Not Specified

**Target number of participants**

Not provided at time of registration

**Key exclusion criteria**

Not provided at time of registration

**Date of first enrolment**

01/11/1998

**Date of final enrolment**

01/11/2000

**Locations****Countries of recruitment**

England

United Kingdom

**Study participating centre**

**Sussex Weald and Downs NHS Trust**

Chichester

United Kingdom

PO19 4FX

## **Sponsor information**

**Organisation**

NHS R&D Regional Programme Register - Department of Health (UK)

**Sponsor details**

The Department of Health

Richmond House

79 Whitehall

London

United Kingdom

SW1A 2NL

+44 (0)20 7307 2622

dhmail@doh.gsi.org.uk

**Sponsor type**

Government

**Website**

<http://www.doh.gov.uk>

## **Funder(s)**

**Funder type**

Government

**Funder Name**

NHS Executive South East (UK)

## **Results and Publications**

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results			Yes	No