# Management of idiopathic anal fistula using collagen

Submission date	Recruitment status	Prospectively registered
20/06/2008	No longer recruiting	☐ Protocol
Registration date	Overall study status	Statistical analysis plan
13/08/2008	Completed	[X] Results
Last Edited	Condition category	[] Individual participant data
27/03/2012	Digestive System	

## Plain English summary of protocol

Not provided at time of registration

# Contact information

#### Type(s)

Scientific

#### Contact name

Mr Peter Lunniss

#### Contact details

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# Additional identifiers

**EudraCT/CTIS** number

**IRAS** number

ClinicalTrials.gov number

Secondary identifying numbers

N/A

# Study information

Scientific Title

Management of idiopathic anal fistula using collagen: a prospective, randomised trial

#### **Study objectives**

Fibrin glue and porcine intestinal submucosa have been used as novel sphincter preserving techniques to heal anal fistulas, but the success of the former is highly variable, and widespread long term data are not available for the latter. The study aim was to assess the safety, feasibility and potential efficacy of another novel agent, cross-linked collagen, either as a solid implant or as fibres suspended in fibrin glue, to heal idiopathic anal fistulas.

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Ethics approval received from the East London and the City Research Ethics Committee in September 2004 (ref: P/03/870)

#### Study design

Prospective randomised single-blind controlled study

#### Primary study design

Interventional

#### Secondary study design

Randomised controlled trial

#### Study setting(s)

Hospital

#### Study type(s)

Treatment

#### Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

#### Health condition(s) or problem(s) studied

Idiopathic anal fistulas deemed unsuitable for fistulotomy

#### **Interventions**

This is a randomised single-blind controlled study performed at two london (UK) hospitals, the Royal London Hospital and the Homerton University Hospital.

Intervention 1: Solid Permacol® implant

Intevention 2: Milled Permacol® fibres suspended in fibrin glue

Permacol® (Tissue Science Laboratories plc) is a porcine derived acellular dermal sheet, predominately composed of Type I collagen (93 - 95%), with type III collagen and a small amount of elastin comprising the remainder. Sterile sheets 1.0 mm in thickness were used in this study. The alternative format is a 2.5 ml Permacol injection® (Tissue Science Laboratories plc), a 60% (wet weight/volume) suspension in saline of the cryogenically milled implant, with a defined particle size of 150 µm in diameter.

Fibrin glue: The 1.0 ml Tisseel Kit® - Two Component Fibrin Sealant (Baxter Healthcare Ltd, UK) was employed.

The implant was fashioned to the approximate dimensions of the fistula tract, and drawn into position using a suture, passed along a grooved fistula probe within the fistula tract.

The fibre suspension was prepared as follows: 1 ml Permacol injection® was injected into a 1.5 ml sterile Eppendorf Biopur® pipette tip (Eppendorf UK Limited, UK), and centrifuged at 1,100 rpm for 5 minutes. The saline supernatant was discarded, and the residual collagen fibres resuspended in 1.0 ml calcium chloride solution supplied with the Tisseel Kit®. The individual components of the Tisseel Kit® were mixed, warmed in a Fibrinotherm™ (Baxter AG, Austria) and were then drawn up into two syringes (syringe 1: fibrinogen and aprotinin; syringe 2: thrombin and collagen fibres suspended in calcium chloride solution), which were subsequently placed in a Duploject™ (Baxter AG) two-syringe clip, where they shared a common plunger. A plastic double-lumen Y-connector joined these two syringes. This apparatus was then attached to a 21-gauge cannula, passed along a grooved fistula probe in the fistula tract.

#### **Intervention Type**

Drug

#### Phase

**Not Specified** 

#### Drug/device/biological/vaccine name(s)

Collagen

#### Primary outcome measure

- 1. Safety of procedure, defined as no acute perineal sepsis or anal incontinence at 3 months post intervention. Assessed by symptom and continence questionnaires, clinical examination, anal manometry, and endoanal ultrasound. All performed at 3 months post-intervention.
- 2. Success of procedure assessed by symptom questionnaire and clinical examination at 3, 6, 9, 12 and 18-months post-intervention

## Secondary outcome measures

The following were assessed by a patient questionnaire at 3-months post-intervention:

- 1. Time taken for perineal wound to heal
- 2. Time taken to return to work

# Overall study start date

01/09/2004

# Completion date

01/05/2008

# Eligibility

## Key inclusion criteria

All patients, over 18-years, with an idiopathic anal fistula, under the care of a single surgeon, in whom fistulotomy was deemed unsuitable (on the basis of the fistula type and level, threat to continence or patient choice).

#### Participant type(s)

**Patient** 

#### Age group

Adult

#### Lower age limit

18 Years

#### Sex

Both

## Target number of participants

40

#### Key exclusion criteria

Patients with either clinical or radiological (magnetic resonance imaging) evidence of secondary tracts or acute sepsis were excluded from the trial until these had been eradicated, leaving a single primary tract.

#### Date of first enrolment

01/09/2004

#### Date of final enrolment

01/05/2008

# **Locations**

#### Countries of recruitment

England

**United Kingdom** 

# Study participating centre

Homerton University Hospital NHS Foundation Trust

London United Kingdom E9 6SR

# Sponsor information

#### Organisation

Queen Mary, University of London (UK)

#### Sponsor details

c/o Mr P J Lunniss
Centre for Academic Surgery
Institute of Cell & Molecular Science
Barts & The London NHS Trust
London
United Kingdom
1BB UK
p.j.lunniss@qmul.ac.uk

#### Sponsor type

University/education

#### Website

http://www.qmul.ac.uk/

#### **ROR**

https://ror.org/026zzn846

# Funder(s)

#### Funder type

Government

#### **Funder Name**

Local NHS Trusts (UK) - the trial was performed on NHS patients requring a surgical intervention at their local trusts

#### **Funder Name**

Tissue Science Laboratories plc (UK) - donated Permacol® unconditionally

# **Results and Publications**

# Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type Details Date created Date added Peer reviewed? Patient-facing?

Results article 101/01/2011 Yes No