

A pragmatic, randomised controlled trial of reflexology, relaxation and guided imagery, and self-initiated support in patients with lung cancer

Submission date 12/09/2003	Recruitment status Stopped	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
Registration date 12/09/2003	Overall study status Stopped	<input type="checkbox"/> Statistical analysis plan <input type="checkbox"/> Results
Last Edited 18/10/2012	Condition category Cancer	<input type="checkbox"/> Individual participant data <input type="checkbox"/> Record updated in last year

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

Dr Lesley Walker

Contact details

The Institute of Rehabilitation
215 Anlaby Road
Hull
United Kingdom
HU3 2 PG
+44 (0)1482 675046
L.G.Walker@hull.ac.uk

Additional identifiers

Protocol serial number

N0084122777

Study information

Scientific Title

Study objectives

Do reflexology, relaxation and guided imagery enhance Quality of Life in men and women with lung cancer, and what are their psychoneuroimmunological effects?

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Study type(s)

Quality of life

Health condition(s) or problem(s) studied

Lung cancer

Interventions

RCT with 3 arms:

1. Self initiated support in the Oncology Health Centre
2. Arm 1 plus relaxation and guided imagery
3. Arm 1 plus reflexology

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

Added 11/08/09:

Quality of life

Key secondary outcome(s))

Not provided at time of registration

Completion date

13/01/2006

Reason abandoned (if study stopped)

Lack of funding

Eligibility

Key inclusion criteria

180 patients will be recruited.

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Lower age limit

18 years

Sex

All

Key exclusion criteria

Not provided at time of registration

Date of first enrolment

06/03/2003

Date of final enrolment

13/01/2006

Locations

Countries of recruitment

United Kingdom

Study participating centre

The Institute of Rehabilitation

Hull

United Kingdom

HU3 2 PG

Sponsor information

Organisation

Department of Health (UK)

Funder(s)

Funder type

Government

Funder Name

Oncology Health Centre (UK)

Funder Name

The North and South Bank Research and Development Consortium (UK) (NHS R&D Support Funding)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Participant information sheet	Participant information sheet	11/11/2025	11/11/2025	No	Yes