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An exploratory randomised trial of brief intervention for alcohol misuse among people who self harm and misuse alcohol: impact on repetition of self harm

Submission date
19/08/2005

Recruitment status
No longer recruiting

Registration date
07/09/2005

Overall study status
Completed

Last Edited
06/01/2011

Condition category
Mental and Behavioural Disorders

[ ] Prospectively registered
[ ] Protocol
[ ] Statistical analysis plan
[X] Results
[ ] Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
11.01.05

Study information

Scientific Title

Acronym
SHARP (Self Harm Alcohol Reduction Programme)

Study objectives
Among people who present to emergency hospital services following deliberate self harm and are found to be misusing alcohol, the proportion who repeat self harm over the following six months will be lower among those offered a self-help leaflet and an appointment for brief intervention from an Alcohol Health Worker than among those who receive a self-help leaflet on alcohol and health.

Ethics approval required
Old ethics approval format

Ethics approval(s)
West London REC 2 on 24/05/2010
10/H0706/29

Study design
Randomised controlled trial

Primary study design
Interventional

Study type(s)
Treatment

Health condition(s) or problem(s) studied
Alcohol misuse

Interventions
Experimental treatment: A leaflet on alcohol and health together with an appointment card asking the patient to attend an appointment with an Alcohol Health Worker (AHW). The AHW will provide a single session of assessment, brief counselling based on the FRAMES approach (Bien et al., 1993), and referral on to other services.

Control treatment (CT): A leaflet on alcohol and health

Intervention Type
Other

Phase
Not Specified

Primary outcome(s)
Repetition of deliberate self harm over the following 6 months (as measured by self report together with an examination of hospital records).

Key secondary outcome(s))
Level of alcohol consumption, mental health and satisfaction with care at six months

Completion date
31/08/2007

Eligibility

Key inclusion criteria
All those aged over 18 years or over, who are found to be misusing alcohol (according to the Paddington Alcohol Test), and have an address in the local area (within the M25).

Participant type(s)
Patient

Healthy volunteers allowed
No

Age group
Adult

Lower age limit
18 years

Sex
All

Key exclusion criteria
All those unwilling to provide informed consent to participate in the trial, all those unable to complete baseline assessment because of an inability to communicate in English, and all those who are already in contact with alcohol misuse services will be excluded from the study.

Date of first enrolment
01/09/2005

Date of final enrolment
31/08/2007

Locations

Countries of recruitment
United Kingdom

England

Study participating centre
Department of Psychological Medicine
London
United Kingdom
W6 8LN

Sponsor information

Organisation
Imperial College London (UK)

ROR
https://ror.org/041kmwe10

Funder(s)

Funder type
Charity

Funder Name
St Marys Charitable Trust (AE08)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/11/2010		Yes	No