

# An exploratory randomised trial of brief intervention for alcohol misuse among people who self harm and misuse alcohol: impact on repetition of self harm

**Submission date**

19/08/2005

**Recruitment status**

No longer recruiting

**Registration date**

07/09/2005

**Overall study status**

Completed

**Last Edited**

06/01/2011

**Condition category**

Mental and Behavioural Disorders

☐ Prospectively registered

☐ Protocol

☐ Statistical analysis plan

☒ Results

☐ Individual participant data

**Plain English summary of protocol**

Not provided at time of registration

## Contact information

**Type(s)**

Scientific

**Contact name**

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**Contact details**

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## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

# Study information

## Scientific Title

## Acronym

SHARP (Self Harm Alcohol Reduction Programme)

## Study objectives

Among people who present to emergency hospital services following deliberate self harm and are found to be misusing alcohol, the proportion who repeat self harm over the following six months will be lower among those offered a self-help leaflet and an appointment for brief intervention from an Alcohol Health Worker than among those who receive a self-help leaflet on alcohol and health.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

West London REC 2 on 24/05/2010  
10/H0706/29

## Study design

Randomised controlled trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Not specified

## Study type(s)

Treatment

## Participant information sheet

## Health condition(s) or problem(s) studied

Alcohol misuse

## Interventions

Experimental treatment: A leaflet on alcohol and health together with an appointment card asking the patient to attend an appointment with an Alcohol Health Worker (AHW). The AHW will provide a single session of assessment, brief counselling based on the FRAMES approach (Bien et al., 1993), and referral on to other services.

Control treatment (CT): A leaflet on alcohol and health

**Intervention Type**

Other

**Phase**

Not Specified

**Primary outcome measure**

Repetition of deliberate self harm over the following 6 months (as measured by self report together with an examination of hospital records).

**Secondary outcome measures**

Level of alcohol consumption, mental health and satisfaction with care at six months

**Overall study start date**

01/09/2005

**Completion date**

31/08/2007

**Eligibility**

**Key inclusion criteria**

All those aged over 18 years or over, who are found to be misusing alcohol (according to the Paddington Alcohol Test), and have an address in the local area (within the M25).

**Participant type(s)**

Patient

**Age group**

Adult

**Lower age limit**

18 Years

**Sex**

Both

**Target number of participants**

270

**Key exclusion criteria**

All those unwilling to provide informed consent to participate in the trial, all those unable to complete baseline assessment because of an inability to communicate in English, and all those who are already in contact with alcohol misuse services will be excluded from the study.

**Date of first enrolment**

01/09/2005

**Date of final enrolment**

31/08/2007

## Locations

**Countries of recruitment**

England

United Kingdom

**Study participating centre**

Department of Psychological Medicine

London

United Kingdom

W6 8LN

## Sponsor information

**Organisation**

Imperial College London (UK)

**Sponsor details**

G02, Sir Alexander Fleming Building

Imperial College London

London

England

United Kingdom

SW7 2AZ

**Sponsor type**

University/education

**ROR**

<https://ror.org/041kmwe10>

## Funder(s)

**Funder type**

Charity

**Funder Name**

St Marys Charitable Trust (AE08)

# Results and Publications

## Publication and dissemination plan

Not provided at time of registration

## Intention to publish date

## Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/11/2010		Yes	No