

# Salford Bright Smiles Baby Study

<b>Submission date</b> 21/10/2010	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 21/10/2010	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input type="checkbox"/> Results
<b>Last Edited</b> 29/03/2018	<b>Condition category</b> Oral Health	<input type="checkbox"/> Individual participant data <input type="checkbox"/> Record updated in last year

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

**Contact name**  
Ms Rosy Armstrong

**Contact details**  
College of Health and Social Care  
AD101 Allerton Building  
University of Salford  
Salford  
United Kingdom  
M6 6PU

## Additional identifiers

**Protocol serial number**  
8483

## Study information

**Scientific Title**  
A comparison of community based preventive services to improve child dental health: a single centre randomised interventional prevention trial

**Study objectives**  
The primary hypotheses are that:  
1. There is no difference in the proportions of children with dental caries at age 3 years between

test group 1 (behavioural intervention) and the control group

2. There is no difference in the proportions of children with dental caries at 3 years between test group 2 (fluoride varnishing) and the control group

The test interventions will be four semi-annual applications of a fluoride varnish from approximately age 12 months to 30 months, or a ten session group-based behavioural intervention targeting two dental health-related behaviours: establishing twice daily tooth-brushing and a sugar-free bedtime routine, compared to a new standard dental service offered to families with babies aged 9 - 12 months.

There will be no specific criteria for excluding any child in the trial except with reference to the provision of fluoride varnish which is contraindicated with previous hospitalisation because of hypersensitivity reactions including asthma.

### **Ethics approval required**

Old ethics approval format

### **Ethics approval(s)**

North West 8 REC Greater Manchester East, 26/03/2010, ref: 10/H1013/8

### **Study design**

Single-centre randomised interventional prevention trial

### **Primary study design**

Interventional

### **Study type(s)**

Prevention

### **Health condition(s) or problem(s) studied**

Topic: Medicines for Children Research Network; Subtopic: All Diagnoses; Disease: All Diseases

### **Interventions**

1. A group-based behavioural intervention targeting two dental health related behaviours: Establishing twice daily tooth-brushing and a sugar-free bedtime routine, The behavioural interventions will be delivered as group sessions of 8 - 10 parents facilitated by a healthcare professional and an 'expert parent'. The intervention will be delivered in blocks of two or three weekly sessions over 10 to 12 sessions as the child's age increases from 12 to 30 months.
2. A clinical intervention of semi annual applications of fluoride varnish (up to 0.4 ml of 0.9% difluorosilane in a polyurethane varnish base). Four doses of topically applied fluoride varnish will be delivered to the deciduous teeth of infants commencing at a minimum age of 12 months and repeated at approximately 18, 24 and 30 months.

Duration of both interventions: 18 months

Follow up length: 24 months

Study entry: single randomisation only

### **Intervention Type**

Mixed

### **Primary outcome(s)**

Improvement in dental health, measured by the standard dental index (d1mft) number of decayed, extracted and filled teeth. Measured at age 2 years and age 3 years (12 and 24 months from enrolment respectively).

### **Key secondary outcome(s)**

Enhancement of parental efficacy to undertake two key dental health-related behaviours, measured twice daily at baseline, age 2 and age 3 (enrolment, 12 and 24 months).

### **Completion date**

30/10/2013

## **Eligibility**

### **Key inclusion criteria**

1. Parents or principal carers of a child between 8 and 12 months of age at recruitment
2. Residing in the City of Salford
3. Able to read and understand the study literature with/out a translator/interpreter and provide written informed consent

### **Participant type(s)**

Patient

### **Healthy volunteers allowed**

No

### **Age group**

Mixed

### **Sex**

All

### **Key exclusion criteria**

There will be no specific criteria for excluding any child in the trial except with reference to the provision of fluoride varnish which is contra-indicated with previous hospitalisation because of hypersensitivity reactions including asthma.

### **Date of first enrolment**

30/04/2010

### **Date of final enrolment**

30/10/2013

## **Locations**

### **Countries of recruitment**

United Kingdom

England

**Study participating centre**  
University of Salford  
Salford  
United Kingdom  
M6 6PU

## Sponsor information

### Organisation

University of Salford (UK)

### ROR

<https://ror.org/01tmqtf75>

## Funder(s)

### Funder type

Government

### Funder Name

National Institute for Health Research (NIHR) (UK)

### Alternative Name(s)

National Institute for Health Research, NIHR Research, NIHRresearch, NIHR - National Institute for Health Research, NIHR (The National Institute for Health and Care Research), NIHR

### Funding Body Type

Government organisation

### Funding Body Subtype

National government

### Location

United Kingdom

## Results and Publications

**Individual participant data (IPD) sharing plan**

**IPD sharing plan summary**

Not provided at time of registration