# Community falls prevention for people who call an emergency ambulance after a fall

| Submission date   | Recruitment status No longer recruiting | <ul><li>Prospectively registered</li></ul> |  |  |
|-------------------|---|--|--|--|
| 30/09/2009        |   | Protocol                                   |  |  |
| Registration date | Overall study status Completed          | Statistical analysis plan                  |  |  |
| 29/10/2009        |   | [X] Results                                |  |  |
| Last Edited       | Condition category                      | Individual participant data                |  |  |
| 30/10/2012        | Signs and Symptoms                      |  |  |  |

## Plain English summary of protocol

Not provided at time of registration

# Contact information

## Type(s)

Scientific

#### Contact name

Dr Philippa Anne Logan

#### Contact details

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# Additional identifiers

EudraCT/CTIS number

**IRAS** number

ClinicalTrials.gov number

Secondary identifying numbers

Version 2

# Study information

#### Scientific Title

A randomised controlled trial to compare falls prevention rehabilitation for people who fall and call an emergency ambulance but who are not transported to hospital

#### **Study objectives**

The hypothesis was that falls prevention rehabilitation would reduce the falls rate over 12 months compared to usual practice.

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

North Nottinghamshire Local Research Ethic Committee and NHS R&D approval from Nottinghamshire Primary Care Trust granted on 19th July 2005 (ref: 05/Q2402/53)

#### Study design

Randomised two armed controlled trial

#### Primary study design

Interventional

#### Secondary study design

Randomised controlled trial

## Study setting(s)

Other

## Study type(s)

Prevention

## Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

# Health condition(s) or problem(s) studied

Falls prevention

#### Interventions

Intervention group: Community falls prevention rehabilitation and normal medical and social care

Control group: Normal medical and social care

Patients will be treated for 6 months and followed-up for 12 months.

## Intervention Type

Other

#### **Phase**

#### Primary outcome measure

Rate of falls over 12 months measured using a falls diary

#### Secondary outcome measures

Measured at 6 and 12 months:

- 1. Number of falls
- 2. Independence in activities of daily living
- 3. Days to first fall
- 4. Fear of falling
- 5. Hospital admissions
- 6. Number of emergency ambulance calls

#### Overall study start date

01/09/2005

#### Completion date

30/11/2006

# **Eligibility**

#### Key inclusion criteria

- 1. Aged greater than 60 years, either sex
- 2. Living at home or in care homes in four Nottinghamshire (UK) Primary Care Trusts (PCT)
- 3. Contacted the East Midlands Ambulance Service (EMAS) through the emergency telephone system because of a fall
- 4. Had not been transported to hospital

## Participant type(s)

**Patient** 

#### Age group

Senior

#### Sex

Both

#### Target number of participants

200

#### Key exclusion criteria

- 1. Unable to give consent
- 2. Deemed too ill to participate (e.g. terminally ill)
- 3. Already in a falls prevention rehabilitation programme

#### Date of first enrolment

01/09/2005

#### Date of final enrolment

# Locations

#### Countries of recruitment

England

**United Kingdom** 

Study participating centre
B99, Division of Rehabilitation and Ageing
Nottingham
United Kingdom
NG7 2UH

# Sponsor information

# Organisation

University of Nottingham (UK)

## Sponsor details

Research Innovation Services (RIS)
Kings Meadow Campus
Lenton Lane
Nottingham
England
United Kingdom
NG7 2NR
paul.cartledge@nottingham.ac.uk

#### Sponsor type

University/education

#### Website

http://www.nottingham.ac.uk/

#### **ROR**

https://ror.org/01ee9ar58

# Funder(s)

# Funder type

Government

#### Funder Name

Department of Health (UK)

#### Funder Name

College of Occupational Therapy (UK)

# **Results and Publications**

# Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

## **Study outputs**

| Output type        | Details             | Date created | Date added | Peer reviewed? | Patient-facing? |
|--------------------|---------------------|--------------|------------|----------------|-----------------|
| Results article    | results             | 11/05/2010   |            | Yes            | No              |
| Other publications | economic evaluation | 01/09/2012   |            | Yes            | No              |