

# Kinematic Motion Analyses of Upper Extremity After Intensive Training with Spring-assisted Dynamic Hand Orthosis in Patient with Stroke

<b>Submission date</b> 11/10/2010	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 19/10/2010	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input type="checkbox"/> Results
<b>Last Edited</b> 19/10/2010	<b>Condition category</b> Circulatory System	<input type="checkbox"/> Individual participant data <input type="checkbox"/> Record updated in last year

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

**Contact name**  
Dr Young-Keun Woo

**Contact details**  
Department of Physical Therapy  
Andong Science College  
496 Kyu-ri SeoHu-Myeon  
Andong City  
Gyeongsangbuk-do  
Korea, South  
760-709

## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

**Secondary identifying numbers**  
2009-44

# Study information

## Scientific Title

Effects of Spring Assisted Dynamic Hand Orthosis Training on Functions and Movement Smoothness of the Hemiparetic Upper Extremity: A randomised controlled trial

## Acronym

SADHO

## Study objectives

The purpose of this experiment was to evaluate the effectiveness of training using a spring assisted dynamic hand orthosis on smoothness of movement, clinical assessment score, and grip strength of the affected limb in hemiparetic patients. To determine resultant velocity and jerkiness score for movement smoothness, the Box and Block Test (BBT), Action Research Arm Test (ARAT), and Fugl-Meyer Assessment (FMA) for functions of the hemiparetic upper extremity were conducted.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Yonsei University, College of Medicine approved on the 25th of March 2010 (ref: 2009-44)

## Study design

Randomised comparative interventional pretest-posttest control group design

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Hospital

## Study type(s)

Treatment

## Participant information sheet

Not available in web format, please use contact details to request a patient information sheet

## Health condition(s) or problem(s) studied

Hemiparesis due to Stroke

## Interventions

Patients will undergo training activities while each wore a spring assisted dynamic hand orthosis. Training will be guided by a physiotherapist for 1 hour per day per week for 4 weeks.

## Intervention Type

Other

**Phase**

Not Applicable

**Primary outcome measure**

3 clinical assessments and the measurement of grip strength. Fugl-Meyer Assessment and grip strength and Action Research Arm Test and Box and Block Test.

All outcomes were measured at baseline and after 4 weeks of training.

**Secondary outcome measures**

Spatiotemporal parameters were collected using a 3-D motion analysis system and workstation software pre- and post-test (VICON MX system, Oxford Metrics, U.K.). Data collection was conducted at the Motion Analysis Research Laboratory in the Yonsei University.

All outcomes were measured at baseline and after 4 weeks of training.

**Overall study start date**

23/12/2009

**Completion date**

15/03/2010

## **Eligibility**

**Key inclusion criteria**

1. 18 years or older
2. Unilateral hemiparesis more than 6 months post-stroke duration
3. No current or previous orthopedic or surgical histories affecting the hemiparetic upper extremity
4. Mini-Mental State Examination (MMSE) Korean version - score  $\geq 23$  (to ensure that they fully understood the study procedure)
5. Patients should have at least some active voluntary movement of the upper extremity (i.e., 10 degrees of shoulder flexion/abduction, 10 degrees of elbow flexion/extension, and 30 degrees of interphalangeal proximal joints / 20 degrees of interphalangeal distal joints of volitional finger flexion when the hand is positioned in wrist and finger extension)
6. No flaccidity of the affected limb
7. No severe contracture or spasticity of the affected wrist or hand

**Participant type(s)**

Patient

**Age group**

Adult

**Lower age limit**

18 Years

**Sex**

Both

**Target number of participants**

10

**Key exclusion criteria**

Does not match inclusion criteria

**Date of first enrolment**

23/12/2009

**Date of final enrolment**

15/03/2010

**Locations****Countries of recruitment**

Korea, South

**Study participating centre****Department of Physical Therapy**

Gyeongsangbuk-do

Korea, South

760-709

**Sponsor information****Organisation**

Yonsei University College of Medicine (South Korea)

**Sponsor details**

c/o Young-Keun Woo

Department of Physical Therapy

Andong Science College

496 Kyu-ri SeoHu-Myeon

Andong City

Gyeongsangbuk-do

Korea, South

760-709

**Sponsor type**

Not defined

**ROR**

<https://ror.org/01wjej96>

# Funder(s)

## Funder type

Other

## Funder Name

Investigator funded (South Korea) - Dissertation project

# Results and Publications

## Publication and dissemination plan

Not provided at time of registration

## Intention to publish date

## Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration