

# Outcomes in using biodegradable fixation materials for fractures of the ankle

<b>Submission date</b> 13/05/2008	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
		<input type="checkbox"/> Protocol
<b>Registration date</b> 05/11/2008	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
<b>Last Edited</b> 30/11/2012	<b>Condition category</b> Injury, Occupational Diseases, Poisoning	<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

**Contact name**  
Mr Michael Hennessy

**Contact details**  
Wirral University Teaching Hospital NHS Foundation Trust  
Arrowe Park Hospital  
Arrowe Park Road  
Upton  
Wirral  
United Kingdom  
CH49 5PE

## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

**Secondary identifying numbers**  
08/H1005/47

# Study information

## Scientific Title

The use of biodegradable fixation system for closed fractures of the ankle

## Study objectives

There is a clinical difference in using biodegradable fixation methods in ankle fractures.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Received from the Liverpool Adult Local Ethics Committee on the 22nd September 2008 (ref: 08/H1005/47).

## Study design

Randomised controlled trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Hospital

## Study type(s)

Treatment

## Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

## Health condition(s) or problem(s) studied

Closed fractures of the ankle

## Interventions

All patients who meet the inclusion criteria will be identified on admission and given the choice of entering the trial at which point they will sign a consent form. Patients can exit the trial at any point. Two cohorts of patients will exist, those for traditional fixation with a neutralisation plate, screws and medial malleolar screws, and there will also be those who have the biodegradable implants used.

Randomisation will be done using block randomisation. Four treatments, two of each kind, will be allocated to the block. All combinations for the order of treatment will be included. Consequently there will be six blocks. A random number generator will then be used to allocate a block of treatment to each sequence of four successive patients.

## Intervention Type

Other

## **Phase**

Not Specified

## **Primary outcome measure**

1. The American Orthopaedic Foot and Ankle Society (AOFAS) ankle score
2. Visual Analogue Scale score
3. Olerud and Molander score

Patients will be followed up on a routine basis at 3 months and 6 months.

## **Secondary outcome measures**

1. Time of injury to operation
2. Tourniquet time
3. Past medical history
4. Co-morbidities
5. Smoking history
6. Time non-weight bearing post-operation
7. Further surgery
8. Complications

Patients will be followed up on a routine basis at 3 months and 6 months.

## **Overall study start date**

01/06/2008

## **Completion date**

01/06/2009

# **Eligibility**

## **Key inclusion criteria**

1. Aged 18 - 65 years, either sex
2. Closed ankle fractures

## **Participant type(s)**

Patient

## **Age group**

Adult

## **Lower age limit**

18 Years

## **Sex**

Both

## **Target number of participants**

146

**Key exclusion criteria**

1. Children
2. Open wounds
3. Infection
4. Conditions that limit blood supply to the feet
5. Insufficient quality/quantity of bone
6. Poor patient co-operation (alcoholics/intravenous drug users [IVDUs])
7. Diabetics
8. Patients with peripheral nerve conditions
9. Adult unable to give consent

**Date of first enrolment**

01/06/2008

**Date of final enrolment**

01/06/2009

**Locations****Countries of recruitment**

England

United Kingdom

**Study participating centre**

Wirral University Teaching Hospital NHS Foundation Trust

Wirral

United Kingdom

CH49 5PE

**Sponsor information****Organisation**

Wirral University Teaching Hospital NHS Foundation Trust (UK)

**Sponsor details**

Arrowe Park Hospital

Arrowe Park Road

Upton

Wirral

England

United Kingdom

CH49 5PE

dr\_kenyon@hotmail.com

**Sponsor type**

Hospital/treatment centre

**Website**

<http://www.whnt.nhs.uk/>

**ROR**

<https://ror.org/05cv4zg26>

## **Funder(s)**

**Funder type**

Industry

**Funder Name**

Inion Ltd (UK) - providing biodegradable plates on a cost-neutral basis

**Funder Name**

No further funding is required or has been requested.

## **Results and Publications**

**Publication and dissemination plan**

Not provided at time of registration

**Intention to publish date****Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration