# Outcomes in using biodegradable fixation materials for fractures of the ankle

Submission date	Recruitment status	Prospectively registered
13/05/2008	No longer recruiting	☐ Protocol
Registration date	Overall study status	Statistical analysis plan
05/11/2008	Completed	Results
Last Edited	Condition category	Individual participant data
30/11/2012	Injury, Occupational Diseases, Poisoning	<ul><li>Record updated in last year</li></ul>

# Plain English summary of protocol

Not provided at time of registration

# Contact information

## Type(s)

Scientific

#### Contact name

Mr Michael Hennessy

#### Contact details

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# Additional identifiers

**EudraCT/CTIS** number

**IRAS** number

ClinicalTrials.gov number

Secondary identifying numbers

08/H1005/47

# Study information

#### Scientific Title

The use of biodegradable fixation system for closed fractures of the ankle

#### Study objectives

There is a clinical difference in using biodegradable fixation methods in ankle fractures.

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Received from the Liverpool Adult Local Ethics Committee on the 22nd September 2008 (ref: 08 /H1005/47).

# Study design

Randomised controlled trial

#### Primary study design

Interventional

#### Secondary study design

Randomised controlled trial

#### Study setting(s)

Hospital

## Study type(s)

Treatment

#### Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

# Health condition(s) or problem(s) studied

Closed fractures of the ankle

#### Interventions

All patients who meet the inclusion criteria will be identified on admission and given the choice of entering the trial at which point they will sign a consent form. Patients can exit the trial at any point. Two cohorts of patients will exist, those for traditional fixation with a neutralisation plate, screws and medial malleolar screws, and there will also be those who have the biodegradable implants used.

Randomisation will be done using block randomisation. Four treatments, two of each kind, will be allocated to the block. All combinations for the order of treatment will be included. Consequently there will be six blocks. A random number generator will then be use to allocated a block of treatment to each sequence of four successive patients.

## Intervention Type

#### Other

#### Phase

**Not Specified** 

#### Primary outcome measure

- 1. The American Orthopaedic Foot and Ankle Society (AOFAS) ankle score
- 2. Visual Analogue Scale score
- 3. Olerud and Molander score

Patients will be followed up on a routine basis at 3 months and 6 months.

# Secondary outcome measures

- 1. Time of injury to operation
- 2. Tourniquet time
- 3. Past medical history
- 4. Co-morbidities
- 5. Smoking history
- 6. Time non-weight bearing post-operation
- 7. Further surgery
- 8. Complications

Patients will be followed up on a routine basis at 3 months and 6 months.

#### Overall study start date

01/06/2008

# Completion date

01/06/2009

# **Eligibility**

## Key inclusion criteria

- 1. Aged 18 65 years, either sex
- 2. Closed ankle fractures

#### Participant type(s)

**Patient** 

#### Age group

Adult

# Lower age limit

18 Years

#### Sex

Both

# Target number of participants

146

# Key exclusion criteria

- 1. Children
- 2. Open wounds
- 3. Infection
- 4. Conditions that limit blood supply to the feet
- 5. Insufficient quality/quantity of bone
- 6. Poor patient co-operation (alcoholics/intravenous drug users [IVDUs])
- 7. Diabetics
- 8. Patients with peripheral nerve conditions
- 9. Adult unable to give consent

#### Date of first enrolment

01/06/2008

#### Date of final enrolment

01/06/2009

# Locations

#### Countries of recruitment

England

**United Kingdom** 

# Study participating centre

Wirral University Teaching Hospital NHS Foundation Trust

Wirral United Kingdom CH49 5PE

# Sponsor information

## Organisation

Wirral University Teaching Hospital NHS Foundation Trust (UK)

# Sponsor details

Arrowe Park Hospital Arrowe Park Road Upton Wirral England United Kingdom

**CH49 5PE** 

dr\_kenyon@hotmail.com

#### Sponsor type

Hospital/treatment centre

#### Website

http://www.whnt.nhs.uk/

#### ROR

https://ror.org/05cv4zg26

# Funder(s)

#### Funder type

Industry

#### **Funder Name**

Inion Ltd (UK) - providing biodegradable plates on a cost-neutral basis

#### Funder Name

No further funding is required or has been requested.

# **Results and Publications**

# Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration