

# Care Placement Evaluation (CAPE)

<b>Submission date</b> 28/09/2012	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 25/10/2012	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 16/12/2015	<b>Condition category</b> Other	<input type="checkbox"/> Individual participant data

## Plain English summary of protocol

### Background and study aims

The Department for Education and Skills is promoting a new model of treatment foster care (MTFC). This study aims to see how this new type of foster care compares with the other types of care already being used for these young people.

### Who can participate?

The young people who are aged 11-16 years and, in a care placement which was unstable, at risk of breakdown or not meeting their assessed needs, or at risk of custody or secure care and, who show complex or severe emotional difficulties and/or challenging behaviour.

### What does the study involve?

Two groups of young people in care will be followed up over a 12 month period. One group will be placed in MTFC where they will be looked after by a specially trained MTFC foster carer. The young people will also receive support from a team of mental health and education professionals. When they are in an MTFC placement the young people follow a special programme which includes daily monitoring and a points and levels system. As they move up the levels the young people earn more privileges and when they reach the highest level they graduate from the programme. The other group of young people will receive the usual range of care placements which include normal foster care and residential care.

### What are the possible benefits and risks of participating?

We do not anticipate any risks that may adversely affect the participants as a result of taking part in the trial. Young people will be fully informed as to what their participation in the research will involve. We do not anticipate any risks to research staff. All research staff are certificated by the

Criminal Records Bureau.

### Where is the study run from?

Universities of York and Manchester

### When is the study starting and how long is it expected to run for?

The study started in 2005. Recruitment will ended in 2009 and the final follow-up was in 2010.

Who is funding the study?  
Department for Education and Skills

Who is the main contact?  
Prof. Jonathan Green  
jonathan.green@manchester.ac.uk

## Contact information

**Type(s)**  
Scientific

**Contact name**  
Prof Jonathan Green

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## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

**Secondary identifying numbers**  
A1

## Study information

**Scientific Title**  
Evaluation of treatment foster care in England

**Acronym**  
CAPE

**Study objectives**  
Placement in Multidimensional Treatment Foster Care (MTFC) will result in enhanced global functioning for the most troubled young people in care in England.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

University of York, IRISS Ethics Committee, 01/06/2005, ref: PKLG

**Study design**

Two-arm multiple-centre single (assessor) blinded randomised controlled trial embedded in a quasi-experimental observational study

**Primary study design**

Interventional

**Secondary study design**

Randomised controlled trial

**Study setting(s)**

Other

**Study type(s)**

Quality of life

**Participant information sheet**

Not available in web format, please use the contact details below to request a patient information sheet

**Health condition(s) or problem(s) studied**

Evaluation of Multidimensional Treatment Foster Care in England for Adolescents

**Interventions**

MTFC represents an enhancement of traditional foster care in two ways.

1. Specialist foster parents will receive training and ongoing supervision in an intensive social learning approach

2. The provision of multidisciplinary team input including psychiatry and psychology

The treatment as usual (TAU) intervention will be heterogeneous; consisting of existing foster care, residential care, or other placements.

**Intervention Type**

Behavioural

**Primary outcome measure**

Two summative measures of mental health and social and physical functioning:

1. The standard Health of the Nation Outcome Scales for Children and Adolescents (HoNOSCA) (Gowers, Harrington, Whitton, et al., 1999)

2. Childrens Global Assessment Scale (CGAS, (Shaffer, Gould and Brasic, 1983)

**Secondary outcome measures**

Participation in education or training and involvement in offending at follow-up

**Overall study start date**

01/09/2005

**Completion date**

30/08/2010

## **Eligibility**

**Key inclusion criteria**

Eligibility for the trial mirrors the eligibility criteria set out by the National Implementation Team for inclusion in the MTFC programme. Young people are eligible for MTFC if they are:

1. Age 11-16 years and
2. In a placement which was unstable, at risk of breakdown or not meeting their assessed needs, or at risk of custody or secure care
3. Showing complex or severe emotional difficulties and/or challenging behaviour

**Participant type(s)**

Patient

**Age group**

Child

**Lower age limit**

11 Years

**Upper age limit**

16 Years

**Sex**

Both

**Target number of participants**

Total sample size of 220 (75 MTFC, 145 TAU), of which 130 (50, 80) will be in the RCT and 90 (25,65) will be in the case control study.

**Key exclusion criteria**

Young people diagnosed with a moderate or severe learning difficulty might not be considered suitable for the MTFC programme and therefore the trial, as it is necessary for those entering MTFC to understand and work within the programmes points and levels system.

**Date of first enrolment**

01/09/2005

**Date of final enrolment**

30/08/2010

## **Locations**

**Countries of recruitment**

England

United Kingdom

**Study participating centre**

**Royal Manchester Childrens Hospital**  
Manchester  
United Kingdom  
M13 9PL

## **Sponsor information**

**Organisation**

University of Manchester (UK)

**Sponsor details**

Oxford Road  
Manchester  
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United Kingdom  
M13 9PL

**Sponsor type**

University/education

**Website**

<http://www.manchester.ac.uk/>

**ROR**

<https://ror.org/027m9bs27>

## **Funder(s)**

**Funder type**

Government

**Funder Name**

Department for Education and Skills (UK)

## **Results and Publications**

## Publication and dissemination plan

Not provided at time of registration

## Intention to publish date

## Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/03/2014		Yes	No
<a href="#">Results article</a>	results	01/08/2016		Yes	No