Efficacy of agomelatine given orally on the quality of remission in elderly depressed patients, after a 12-week treatment period. A randomised, double-blind, flexible-dose international multicentre study with parallel groups versus SSRI drug. Twelve-week treatment plus optional continuation for 12 weeks.

Submission date	<b>Recruitment status</b> No longer recruiting	<ul><li>Prospectively registered</li></ul>		
24/01/2006		☐ Protocol		
Registration date	Overall study status	Statistical analysis plan		
31/03/2006	Completed	[X] Results		
<b>Last Edited</b> 18/04/2018	Condition category  Mental and Behavioural Disorders	Individual participant data		

#### Plain English summary of protocol

Not provided at time of registration and not expected to be available in the future

## Contact information

## Type(s)

Scientific

#### Contact name

Dr Thierry Bougerol

#### Contact details

CHU de Grenoble-Hopital Sud Psychiatrie de l'Adulte BP 185 Cedex 09 Grenoble France 38042

## Additional identifiers

#### **EudraCT/CTIS** number

2005-002388-95

IRAS number

ClinicalTrials.gov number

#### Secondary identifying numbers

CL3-20098-048

# Study information

#### Scientific Title

Efficacy of agomelatine (25 to 50 mg/day) given orally on quality of remission in elderly depressed patients, after a 12-week treatment period. A randomised, double-blind, flexible-dose international multicentre study with parallel groups versus paroxetine (20 to 30 mg/day). Twelve-week treatment plus optional continuation for 12 weeks.

#### **Study objectives**

To show the efficacy of agomelatine in improving the quality of remission in elderly depressed patients.

On 26/11/2012 the anticipated end date of this trial was updated from 30/10/2007 to 30/04/2008.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

First approved by the Ethical Committee of Clinical Investigations, Clinical Hospital of San Carlos (Comite Etico de Investigacion Clinica, Hospital Clinico, San Carlos) on 05/08/2005 in Spain, reference number: 05/165-R

## Study design

Randomised double-blind flexible-dose international multicentre study with parallel groups versus SSRI drug

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Not specified

## Study type(s)

Treatment

#### Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

## Health condition(s) or problem(s) studied

Major depressive disorder

#### **Interventions**

Agomelatine versus SSRI drug

#### **Intervention Type**

Drug

#### **Phase**

Not Applicable

## Drug/device/biological/vaccine name(s)

Agomelatine

#### Primary outcome measure

Quality of sleep

#### Secondary outcome measures

- 1. Other sleep patterns
- 2. Quality of life
- 3. Daytime drowsiness
- 4. Residual symptoms of depression

#### Overall study start date

07/10/2005

#### Completion date

30/04/2008

# Eligibility

#### Key inclusion criteria

Out-patients aged at least 60 years with recurrent major depressive episode according to diagnostic and statistical manual of mental disorders (DSM) IV

## Participant type(s)

**Patient** 

#### Age group

Adult

#### Sex

Both

## Target number of participants

400

### Key exclusion criteria

- 1. Patients treated with electroconvulsive therapy (ECT) within the last three months
- 2. Insight-oriented and structured psychotherapy started within the three months before inclusion
- 3. Light-therapy started within two weeks before inclusion
- 4. Current diagnosis of neurological disorders
- 5. Cognitive dysfunction
- 6. Severe or uncontrolled organic disease, likely to interfere with the conduct of the study

#### Date of first enrolment

07/10/2005

#### Date of final enrolment

30/04/2008

# **Locations**

# Countries of recruitment Austria Belgium Denmark France Hungary Italy Norway Poland Portugal

Study participating centre CHU de Grenoble-Hopital Sud

Grenoble France 38042

Spain

# Sponsor information

#### Organisation

Institut de Recherches Internationales Servier (France)

#### Sponsor details

50 rue Carnot Suresnes France 92284

#### Sponsor type

Industry

#### Website

http://www.servier.com/

#### **ROR**

https://ror.org/034e7c066

# Funder(s)

#### Funder type

Industry

#### **Funder Name**

Institut de Recherches Internationales Servier (France)

## **Results and Publications**

#### Publication and dissemination plan

Summary results are published in https://clinicaltrials.servier.com.

For interventional Phase III studies ending after the 1st January 2014, the results are/will be published in scientific literature.

#### Intention to publish date

## Individual participant data (IPD) sharing plan

The datasets generated during and/or analysed during the current study will be available upon request from https://clinicaltrials.servier.com if a Marketing Authorisation has been granted after 1st January 2014.

#### IPD sharing plan summary

# Available on request

# Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Basic results				No	No
Results article	results	01/01/2013		Yes	No