# The efficacy of chiropractic spinal adjustments as a treatment protocol in the management of infantile colic: a randomised controlled trial

Submission date	Recruitment status	Prospectively registered
29/01/2007	No longer recruiting	Protocol
Registration date	Overall study status	Statistical analysis plan
09/10/2007	Completed	Results
Last Edited	Condition category	Individual participant data
10/10/2007	Neonatal Diseases	<ul><li>Record updated in last year</li></ul>

# Plain English summary of protocol

Not provided at time of registration

# Contact information

## Type(s)

Scientific

#### Contact name

Dr Brian Nook

### Contact details

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# Additional identifiers

**EudraCT/CTIS** number

**IRAS** number

ClinicalTrials.gov number

# Secondary identifying numbers

N/A

# Study information

### Scientific Title

## **Study objectives**

Chiropractic manipulation is more effective than placebo for the treatment of infantile colic.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Responsible Committee on Human Experimentation, and the Research Ethics Committee of Technikon Natal, Durban, South Africa. Approved in 1998.

## Study design

Randomised controlled trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Not specified

## Study type(s)

Treatment

## Participant information sheet

## Health condition(s) or problem(s) studied

Infantile colic

## **Interventions**

Chiropractic manipulation/mobilization for spinal adjustments vs placebo treatment. One hour per session, 6 sessions over a 2-week period with a follow-up consultation after 1 month.

## Intervention Type

Other

## Phase

**Not Specified** 

## Primary outcome measure

Parental questionnaire at baseline, each subsequent treatment session and follow-up consultation. The questionnaire asked the following quetisons:

- 1. Measured from the parents' perception, how long does the baby cry with each attack of colic?
- 2. How often does the colic occur in 24 hours?
- 3. Does the colic attack occur at any particular time of day or night?
- 4. Does anything seem to precipitate an attack?
- 5. For how long does the baby sleep between colic attacks?
- 6. Does the baby still require medicine to relieve the colic?
- 7. How would you rate the baby's response to treatment (1-5)?
- 8. Has the baby had any other illnesses?

## Secondary outcome measures

Increased joint motion assessed at baseline, each subsequent treatment session and follow-up consultation.

## Overall study start date

01/01/1998

## Completion date

01/12/1998

# **Eligibility**

## Key inclusion criteria

- 1. The infant was to undergo a thorough examination by the consulting paediatrician to determine the health of the infant and to exclude any underlying organic problem, thereby ensuring a strict diagnosis of infantile colic
- 2. The infant was to be 0 to 8 weeks of age at the commencement of treatment to exclude the possibility of spontaneous cessation of the colic at 3 months
- 3. Apart from the colic, the infant was to suffer from no other condition/disease
- 4. If any medication had been administered to the infant to relieve the symptomatology of colic prior to the commencement of treatment (whether prescribed or over-the-counter drugs) the infant was required to remain on the same medication for the duration of the study, if the medication was required
- 5. Written informed consent was to be obtained from a parent before participation in the study

## Participant type(s)

**Patient** 

## Age group

Neonate

#### Sex

Both

## Target number of participants

30

## Key exclusion criteria

Any participant that did not meet the inclusion criteria.

## Date of first enrolment

01/01/1998

## Date of final enrolment

01/12/1998

# Locations

# Countries of recruitment

Australia

South Africa

## Study participating centre Murdoch University

Murdoch Australia 6150

# **Sponsor information**

## Organisation

Technikon Natal School of Chiropractic (South Africa)

## Sponsor details

Durban University Of Technology - Durban Central Offices 41/43 Centenary Road Durban South Africa 4001 +27 (0)31 308 5111 CharmaK@dut.ac.za

## Sponsor type

University/education

#### Website

http://www.dut.ac.za/front%20page.aspx

### **ROR**

https://ror.org/0303y7a51

# Funder(s)

## Funder type

University/education

## Funder Name

Technikon Natal School of Chiropractic (South Africa)

# **Results and Publications**

# Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration