Dementia care initiative in primary practice (German title: Initiative Demenzversorgung in der Allgemeinmedizin)

Submission date 28/08/2007	Recruitment status No longer recruiting	 Prospectively registered [X] Protocol
Registration date 16/10/2007	Overall study status Completed	 Statistical analysis plan [X] Results
Last Edited 01/02/2011	Condition category Mental and Behavioural Disorders	Individual participant data

Plain English summary of protocol

Not provided at time of registration

Study website http://www.projekt-ida.de/

Contact information

Type(s) Scientific

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Study information

Scientific Title

Acronym

IDA

Study objectives

The main research hypothesis is that for dementia patients still living at home a complex intervention consisting of a training of General Practitioners (GPs) in evidence based treatment, of the provision of caregiver support groups, and of actively approaching family counselling, can prolong time to nursing home placement in comparison to usual care.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Ethics approval received from the Ethics board of the Bavarian Chamber of Physicians (Bayerische Landesarztekammer) on the 30th May 2005 (ref: 05029).

Study design

Three armed cluster-randomised trial with recruitment by 220 GPs (clusters) and an intervention /follow-up period of two years. Observer blind assessment of secondary outcomes.

Primary study design Interventional

Secondary study design Randomised controlled trial

Study setting(s)

GP practice

Study type(s) Quality of life

Participant information sheet

Health condition(s) or problem(s) studied

Mild to moderate dementia

Interventions

Control group: usual care (GPs receive only training in dementia diagnosis and in study procedures)

Intervention group 1: GPs receive additional training in evidence based dementia treatment, caregivers are offered participation in dementia caregiver support groups Intervention group 2: as in intervention group 1 plus actively approaching family counselling

Training for the GPs had a duration of 0.5 days for the control group and 1 day for the two intervention groups. The caregiver support groups take place once a month. The contact frequency with the actively approaching family counselling is every 6 to 8 weeks. The total duration of follow-up is 2 years for all treatment arms.

Intervention Type

Other

Phase Not Specified

Primary outcome measure

Time to nursing home placement (within two year intervention and follow-up period).

Secondary outcome measures

1. Subjective burden of informal caregivers (Burden Scale for Family Caregivers [BSFC])

- 2. Quality of life of the patients (EuroQol-5D measure [EQ5D])
- 3. Direct medical and non-medical costs (including informal care)
- 4. Cognitive functioning of the patients (MMSE)

5. Patients' ability to perform Activities of Daily Living (ADL) and Instrumental Activities of Daily Living (IADL) (Barthel-Index, Nurses' Observation Scale for Geriatric patients [NOSGER] subscale IADL)

Secondary outcomes are measured at one and two years after study entry.

Overall study start date

25/06/2005

Completion date

31/12/2008

Eligibility

Key inclusion criteria

General practitioners:

- 1. Participating in a study specific training
- 2. Located in the study region of Middle Franconia

Patients:

- 1. Mild to moderate dementia (Mini-Mental State Examination [MMSE] between 10 and 23)
- 2. Member of the health insurance AOK
- 3.65 years and older
- 4. Living at home
- 5. Having an informal caregiver who is willing to participate in study

Participant type(s)

Patient

Age group

Senior

Sex

Both

Target number of participants

300 patients per study arm, 900 in total (as of the end of the study only 390 patients were recruited)

Key exclusion criteria

- 1. Patients having a terminal illness
- 2. Nursing home placement is already planned
- 3. Patients not able or willing to give informed consent

Date of first enrolment

25/06/2005

Date of final enrolment 31/12/2008

Locations

Countries of recruitment Germany

Study participating centre Psychiatrische und Psychotherapeutische Klinik Erlangen Germany 91054

Sponsor information

Organisation

Federal Association of the Statutory Regional Health Insurance Fund (Allgemeine Ortskrankenkasse [AOK]) (Germany)

Sponsor details

Kortrijker Strasse 1 Bonn Germany 53177 **Sponsor type** Government

Website http://www.aok.de/bundesweit/

ROR https://ror.org/004cmqw89

Funder(s)

Funder type Industry

Funder Name The study is jointly and equally funded by:

Funder Name The statutory health insurance AOK Bavaria (Germany)

Funder Name The Federal Association of the AOK (Germany)

Funder Name Pfizer Deutschland (Germany) - research-based pharmaceutical company

Funder Name EISAI GmbH (Germany) - research-based pharmaceutical company

Results and Publications

Publication and dissemination plan Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary Not provided at time of registration

Study outputs

Output type	Details	Date created Date added	Peer reviewed?	Patient-facing?
Other publications	study design and baseline data report	01/05/2007	Yes	No
<u>Protocol article</u>	protocol	06/06/2009	Yes	No
Results article	results	18/11/2010	Yes	No