# Magnesium in Aneurysmal Subarachnoid Haemorrhage

Submission date	Recruitment status No longer recruiting	[X] Prospectively registered		
04/08/2005		☐ Protocol		
Registration date	Overall study status	Statistical analysis plan		
04/08/2005	Completed	[X] Results		
<b>Last Edited</b> 01/08/2016	Condition category Circulatory System	[] Individual participant data		

### Plain English summary of protocol

Not provided at time of registration

### Contact information

### Type(s)

Scientific

#### Contact name

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#### Contact details

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### Additional identifiers

Clinical Trials Information System (CTIS) 2006-003523-36

Protocol serial number NTR50

### Study information

#### Scientific Title

Magnesium in Aneurysmal Subarachnoid Haemorrhage (MASH): a phase III clinical trial

### Acronym

MASH

### **Study objectives**

The MASH study is a prospective randomised, placebo-controlled, international multi-centre trial to determine whether magnesium reduces the frequency of poor outcome (death or dependence) in patients admitted within four days after aneurysmal subarachnoid haemorrhage.

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Ethics approval received from local ethics committee

### Study design

Multi-centre randomised double-blind placebo-controlled parallel-group trial

### Primary study design

Interventional

### Study type(s)

Treatment

### Health condition(s) or problem(s) studied

Aneurysmal subarachnoid haemorrhage

#### Interventions

Magnesium sulphate 64 mmol/day (or placebo) is started intravenously as soon as possible after informed consent and continued until 20 days after the haemorrhage.

### Intervention Type

Drug

#### Phase

Phase III

### Drug/device/biological/vaccine name(s)

Magnesium sulphate

### Primary outcome(s)

Poor outcome (dependence or death) 3 months after the subarachnoid haemorrhage (Rankin 0 - 3 versus Rankin 4 - 5, or death) as assessed with the modified Rankin scale during a telephone interview. Dependence will be defined as a Rankin score greater than 3.

### Key secondary outcome(s))

- 1. No symptoms 3 months after the subarachnoid haemorrhage (Rankin 0 versus Rankin 1 5 or death)
- 2. Global change in Rankin score

### Completion date

### **Eligibility**

### Key inclusion criteria

Aneurysmal subarachnoid haemorrhage

### Participant type(s)

**Patient** 

### Healthy volunteers allowed

No

### Age group

Adult

### Sex

All

### Key exclusion criteria

- 1. Renal failure (creatinine greater than 150)
- 2. Age less than 18 years
- 3. Weight less than 50 kg
- 4. No informed consent
- 5. Death is imminent

#### Date of first enrolment

01/01/2006

### Date of final enrolment

01/01/2011

### Locations

### Countries of recruitment

Netherlands

## Study participating centre University Medical Centre Utrecht

Utrecht Netherlands 3508 GA

### Sponsor information

### Organisation

University Medical Centre Utrecht (UMCU) (The Netherlands)

### **ROR**

https://ror.org/04pp8hn57

### Funder(s)

### Funder type

University/education

### Funder Name

University Medical Centre Utrecht (UMCU) (The Netherlands)

### **Results and Publications**

Individual participant data (IPD) sharing plan

### IPD sharing plan summary

Not provided at time of registration

### **Study outputs**

Output type	Details	Date created Date added	Peer reviewed?	Patient-facing?
Results article	results	07/07/2012	Yes	No
Results article	substudy results	01/10/2015	Yes	No
Other publications	meta-analysis	01/09/2011	Yes	No
Participant information sheet	Participant information sheet	11/11/2025 11/11/2025	No	Yes