# Reversal of cerebrovascular endothelial dysfunction in diabetes: the effect of allopurinol upon cerebrovascular nitric oxide bioavailability

Submission date	Recruitment status	<ul><li>Prospectively registered</li></ul>		
09/09/2005	No longer recruiting	Protocol		
Registration date	Overall study status	Statistical analysis plan		
22/11/2005	Completed	[X] Results		
Last Edited	Condition category	Individual participant data		
05/01/2009	Nutritional, Metabolic, Endocrine			

## Plain English summary of protocol

Not provided at time of registration

## Contact information

## Type(s)

Scientific

#### Contact name

Dr Matthew Walters

#### Contact details

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## Additional identifiers

**EudraCT/CTIS** number

IRAS number

ClinicalTrials.gov number

## Secondary identifying numbers

N/A

# Study information

#### Scientific Title

#### **Study objectives**

Treatment with a xanthine oxidase inhibitor will improve cerebrovascular reactivity in patients with diabetes.

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Not provided at time of registration

#### Study design

Randomised controlled trial

#### Primary study design

Interventional

## Secondary study design

Randomised controlled trial

#### Study setting(s)

Hospital

## Study type(s)

Treatment

#### Participant information sheet

#### Health condition(s) or problem(s) studied

Diabetes

#### **Interventions**

Two weeks allopurinol versus lactose capsule.

#### Intervention Type

Drug

#### Phase

Not Applicable

## Drug/device/biological/vaccine name(s)

Allopurinol

#### Primary outcome measure

The change in internal carotid artery flow following L-NMMA infusion.

#### Secondary outcome measures

- 1. Change in serum urate level
- 2. Change in middle cerebral artery flow velocity

#### Overall study start date

01/11/2005

#### Completion date

01/11/2006

## **Eligibility**

#### Key inclusion criteria

- 1. Type II diabetes less than 5 years duration, treated with diet, metformin thiazolidinediones or a combination
- 2. Aged greater than 40 years
- 3. Normal full Bruce protocol exercise treadmill testing (ETT)
- 4. Favourable temporal bony window
- 5. HbA1c less than 9%
- 6. Cholesterol less than 7.5 mmol/l

#### Participant type(s)

**Patient** 

#### Age group

Adult

#### Sex

Both

## Target number of participants

24

#### Key exclusion criteria

- 1. Greater than 70% Internal carotid artery stenosis
- 2. Known coronary artery disease
- 3. Other significant comorbidity
- 4. Contraindication to allopurinol
- 5. Concurrent therapy with azathioprine or 6-mercaptopurine
- 6. Insulin or sulphonylurea treatment
- 7. Serum creatinine greater than 250 µmol/l

#### Date of first enrolment

01/11/2005

#### Date of final enrolment

01/11/2006

## **Locations**

#### Countries of recruitment

Scotland

**United Kingdom** 

Study participating centre

Department of Medicine & Therapeutics

Glasgow

United Kingdom

G11 6NT

# Sponsor information

## Organisation

Greater Glasgow NHS Board/Glasgow University (UK)

#### Sponsor details

c/o Judith Godden
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## Sponsor type

Not defined

#### **ROR**

https://ror.org/05kdz4d87

# Funder(s)

## Funder type

Government

#### **Funder Name**

# **Results and Publications**

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

## **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/01/2009		Yes	No