Reversal of cerebrovascular endothelial dysfunction in diabetes: the effect of allopurinol upon cerebrovascular nitric oxide bioavailability

Submission date	Recruitment status	Prospectively registered		
09/09/2005	No longer recruiting	☐ Protocol		
Registration date	Overall study status	Statistical analysis plan		
22/11/2005	Completed	[X] Results		
Last Edited	Condition category	Individual participant data		
05/01/2009	Nutritional, Metabolic, Endocrine			

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

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Contact details

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Additional identifiers

Protocol serial number N/A

Study information

Scientific Title

Study objectives

Treatment with a xanthine oxidase inhibitor will improve cerebrovascular reactivity in patients with diabetes.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Diabetes

Interventions

Two weeks allopurinol versus lactose capsule.

Intervention Type

Drug

Phase

Not Applicable

Drug/device/biological/vaccine name(s)

Allopurinol

Primary outcome(s)

The change in internal carotid artery flow following L-NMMA infusion.

Key secondary outcome(s))

- 1. Change in serum urate level
- 2. Change in middle cerebral artery flow velocity

Completion date

01/11/2006

Eligibility

Key inclusion criteria

- 1. Type II diabetes less than 5 years duration, treated with diet, metformin thiazolidinediones or a combination
- 2. Aged greater than 40 years
- 3. Normal full Bruce protocol exercise treadmill testing (ETT)
- 4. Favourable temporal bony window
- 5. HbA1c less than 9%
- 6. Cholesterol less than 7.5 mmol/l

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Sex

All

Key exclusion criteria

- 1. Greater than 70% Internal carotid artery stenosis
- 2. Known coronary artery disease
- 3. Other significant comorbidity
- 4. Contraindication to allopurinol
- 5. Concurrent therapy with azathioprine or 6-mercaptopurine
- 6. Insulin or sulphonylurea treatment
- 7. Serum creatinine greater than 250 µmol/l

Date of first enrolment

01/11/2005

Date of final enrolment

01/11/2006

Locations

Countries of recruitment

United Kingdom

Scotland

Study participating centre Department of Medicine & Therapeutics

Glasgow United Kingdom G11 6NT

Sponsor information

Organisation

Greater Glasgow NHS Board/Glasgow University (UK)

ROR

https://ror.org/05kdz4d87

Funder(s)

Funder type

Government

Funder Name

Chief Scientist Office of the Scottish Executive Health Department (UK)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/01/2009		Yes	No