

# Efficiency of Proton pump Inhibitors in Patients with gastro-oesophageal reflux symptoms

<b>Submission date</b> 24/10/2006	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 24/04/2007	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input type="checkbox"/> Results
<b>Last Edited</b> 22/09/2021	<b>Condition category</b> Digestive System	<input type="checkbox"/> Individual participant data <input type="checkbox"/> Record updated in last year

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

**Secondary identifying numbers**  
N/A

## Study information

**Scientific Title**

Efficiency of Proton pump Inhibitors in Patients with gastro-oesophageal reflux symptoms

**Acronym**

PIP study

**Study objectives**

1. To determine subgroups of patients with gastro-oesophageal reflux symptoms according to endoscopy and pH monitoring
2. To evaluate the differences in the subgroups of patients with Gastro-oesophageal Reflux Disease (GERD) symptoms in:
  - a. duration of Proton Pump Inhibitor (PPI) treatment (four versus eight weeks)
  - b. inflammatory reaction
  - c. prevalence of Helicobacter pylori
  - d. occurrence of symptoms
3. To evaluate treatment of GERD patients with PPIs for four or eight weeks in order to determine the effectiveness of the PPI treatment
4. To evaluate the effect of PPI treatment on:
  - a. symptom relief
  - b. inflammatory reaction in the oesophagus

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Approval received from the Medical Ethics Committee (Medisch Ethische Toetsings Commissie Erasmus MC) (ref: MEC-2005-141).

**Study design**

Randomised multicentre trial

**Primary study design**

Interventional

**Secondary study design**

Multi-centre

**Study setting(s)**

Hospital

**Study type(s)**

Treatment

**Participant information sheet****Health condition(s) or problem(s) studied**

Gastro-oesophageal reflux disease

**Interventions**

All patients will undergo a baseline endoscopy and follow up endoscopy with biopsies, then they all will undergo a wireless oesophageal 48 hour pH monitoring study, and finally these patients

will be randomised to either four weeks or eight weeks of 20 mg once daily rabeprazole treatment.

**Intervention Type**

Drug

**Phase**

Not Specified

**Drug/device/biological/vaccine name(s)**

Rabeprazole

**Primary outcome measure**

Differences in the subgroups of patients with GERD symptoms in:

1. Duration of PPI treatment (four versus eight weeks)
2. Inflammatory reaction
3. Prevalence of H. pylori
4. Occurrence of symptoms

**Secondary outcome measures**

Effect of PPI treatment on:

1. Symptom relief
2. Inflammatory reaction in the oesophagus

**Overall study start date**

01/10/2005

**Completion date**

01/10/2008

**Eligibility****Key inclusion criteria**

1. Aged 18 years or older
2. Symptoms of GERD as determined by the GERD-Health Related Quality of Life (HRQL) questionnaire (score more than or equal to 12)
3. Informed consent

**Participant type(s)**

Patient

**Age group**

Adult

**Lower age limit**

18 Years

**Sex**

Not Specified

**Target number of participants**

415

**Key exclusion criteria**

1. Aged under 18 years
2. Unable to fill out questionnaire
3. Previous history of upper Gastro-Intestinal (GI) tract cancer
4. Previous history of achalasia
5. Previous surgery to the oesophagus or stomach
6. Endoscopically demonstrated and histologically proven complicated reflux disease (ulcer, stricture, Barretts esophagus)
7. Coagulation disorder if uncorrected at the time of endoscopy
8. Use of warfarin or other anti-coagulant medication if uncorrected at the time of endoscopy
9. Liver cirrhosis
10. Pregnancy and lactation
11. Contraindications to the study medication

**Date of first enrolment**

01/10/2005

**Date of final enrolment**

01/10/2008

**Locations****Countries of recruitment**

Netherlands

**Study participating centre**

's-Gravendijkwal 230

Rotterdam

Netherlands

3015 CE

**Sponsor information****Organisation**

Erasmus Medical Center (The Netherlands)

**Sponsor details**

University Medical Center Rotterdam

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+31 (0)10 463 55 28  
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**Sponsor type**

Hospital/treatment centre

**Website**

<http://www.erasmusmc.nl/content/englishindex.htm>

**ROR**

<https://ror.org/018906e22>

## **Funder(s)**

**Funder type**

Industry

**Funder Name**

Janssen & Cilag B.V. (The Netherlands)

## **Results and Publications**

**Publication and dissemination plan**

Not provided at time of registration

**Intention to publish date**

**Individual participant data (IPD) sharing plan**

**IPD sharing plan summary**

Not provided at time of registration