# Reducing Suicide In Men through general practice (The SIM Study)

Submission date	Recruitment status	Prospectively registered		
23/01/2007	No longer recruiting	☐ Protocol		
Registration date	Overall study status Completed Condition category	Statistical analysis plan		
04/05/2007		[X] Results		
Last Edited		Individual participant data		
23/09/2021	Mental and Behavioural Disorders			

#### Plain English summary of protocol

Not provided at time of registration

# Contact information

#### Type(s)

Scientific

#### Contact name

Dr Grant Blashki

#### Contact details

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# Additional identifiers

**EudraCT/CTIS** number

**IRAS** number

ClinicalTrials.gov number

Secondary identifying numbers

N/A

# Study information

#### Scientific Title

Reducing Suicide In Men through general practice (The SIM Study)

#### Acronym

SIM

#### **Study objectives**

The objectives of this study are to examine whether General Practitioners (GPs) who have completed the Suicide In Men (SIM) training package in assessing and managing suicide risk in men, demonstrate:

- 1. An increased understanding of the science, epidemiology, interventions and statistics related to male suicide
- 2. A raised awareness of the scale of the problem and the barriers to managing it
- 3. Increased competency to improve suicide assessment and management of at-risk patients

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Ethics approval is currently in progress at the University of Melbourne Human Research Ethics Committee

#### Study design

This study is a randomised controlled trial of the SIM training package, with GPs randomised to training and wait-listed (control) groups.

#### Primary study design

Interventional

#### Secondary study design

Randomised controlled trial

## Study setting(s)

GP practice

## Study type(s)

Prevention

## Participant information sheet

## Health condition(s) or problem(s) studied

Depression and suicide risk in male general practice patients

#### Interventions

The SIM education package includes:

- 1. A training workshop
- 2. Completion of a ten minute survey before and after training
- 3. Undertake two 30 minute simulated patient consultations at their practice during the study

#### Intervention Type

Other

#### Phase

**Not Specified** 

#### Primary outcome measure

GPs improvement in:

- 1. Knowledge
- 2. Attitude/awareness of suicide management
- 3. Competence in the assessment and management of male suicide risk

#### Secondary outcome measures

Comparison of pre-training GP knowledge and attitudes with performance in simulated consultations will be undertaken

#### Overall study start date

31/01/2007

#### Completion date

31/12/2007

# Eligibility

#### Key inclusion criteria

GPs registered in the state of Victoria, Australia. This study does not involve patients.

#### Participant type(s)

**Patient** 

#### Age group

**Not Specified** 

#### Sex

**Not Specified** 

#### Target number of participants

56 GPs in total, 28 in each arm of the study

#### Key exclusion criteria

None specified

#### Date of first enrolment

31/01/2007

#### Date of final enrolment

31/12/2007

# Locations

#### Countries of recruitment

Australia

Study participating centre Department of General Practice

Carlton Australia 3053

# Sponsor information

#### Organisation

The beyondblue Victorian Centre of Excellence in Depression and Related Disorders (Australia)

#### Sponsor details

PO Box 6100 West Hawthorn Australia 3122 +61 (0)3 9810 6100 bb@beyondblue.org.au

#### Sponsor type

Government

#### Website

http://www.beyondblue.org.au/index.aspx?link\_id=6.841

#### **ROR**

https://ror.org/05mwvz623

# Funder(s)

#### Funder type

Government

#### **Funder Name**

The beyondblue Victorian Centre of Excellence in Depression and Related Disorders (Australia)

# **Results and Publications**

## Publication and dissemination plan

Not provided at time of registration

## Intention to publish date

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration

# Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article		10/09/2013	23/09/2021	Yes	No