The use of a prognostic tool (EndoPredict®) to inform adjuvant chemotherapy decision in low to medium risk oestrogen receptor positive, Her--2 negative early breast cancer

Submission date 19/08/2015	Recruitment status No longer recruiting	Prospectively registeredProtocol
Registration date 19/08/2015	Overall study status Completed	 Statistical analysis plan Results
Last Edited 23/05/2019	Condition category Cancer	 Individual participant data Record updated in last year

Plain English summary of protocol

http://www.cancerresearchuk.org/about-cancer/find-a-clinical-trial/a-study-to-help-decide-if-women-with-breast-cancer-should-have-further-treatment-endopredict

Contact information

Type(s) Public

Contact name Mrs Amy Arbon

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

Study information

Scientific Title

The use of a prognostic tool (EndoPredict®) to inform adjuvant chemotherapy decision in low to medium risk oestrogen receptor positive, Her--2 negative early breast cancer: feasibility, acceptability and economic impact in multicentre UK NHS practice

Acronym

EndoPredict

Study objectives

Breast cancer is common and causes a large burden of suffering. The majority of women with breast cancer are ER positive, HER2 negative. Currently, a number of factors are used to stratify patients as being either high risk or low risk for distant metastases developing within 10 years of surgery. If patients fall within the low risk group, they are treated with endocrine therapy and if they are highrisk, they are treated with endocrine therapy and chemotherapy. Patients who fall into the intermediate risk category present a challenge to clinicians and in many cases where there is uncertainty, chemotherapy may be used as a precautionary measure, resulting in possible overuse of chemotherapy in patients. Chemotherapy has a significant side effect profile and it is both resource intensive and high cost. EndoPredict is a multigene test for predicting likelihood of distant metastases in patients with ER positive, HER2-negative breast cancer. The tool combines gene expression and tumour prognostic indicators to identify a subgroup of women who have low risk of distant recurrence of disease. This information can therefore help clinicians identify women who would not benefit from chemotherapy and save them the unnecessary side effects of treatment. This trial will take place in high patient volume NHS breast oncology clinics in South-East England. The study will look at the impact of the EndoPredict tool on clinical decision making by doctors, by comparing chemotherapy decisions before and after information from the EndoPredict is added. It also aims to explore patient attitudes surrounding risk and satisfaction when it is used. Cost analysis will be performed to assess if there is longer term financial benefit with its use.

Ethics approval required

Old ethics approval format

Ethics approval(s) NRES Committee South Central - Oxford C, 07/04/2015, ref: 15/SC/0090

Study design Non-randomised; Interventional; Design type: Diagnosis, Treatment

Primary study design Interventional

Secondary study design Non randomised study

Study setting(s) Hospital

Study type(s)

Treatment

Participant information sheet

Not available in web format, please use contact details to request a participant information sheet

Health condition(s) or problem(s) studied

Topic: Cancer; Subtopic: Breast Cancer; Disease: Breast

Interventions

Eligible patients will be discussed post-operatively in the relevant local breast multidisciplinary meeting. Those who are identified as eligible will ideally be given the patient information sheet by a member of the breast team at the post-surgical review, or sent a covering letter and patient information sheet in the post prior to first oncology consultation., or given the patient information sheet by a member of the breast team at the post-surgical review. If they give their consent to the study, their breast surgery tissue will be sent to a central lab to undergo the EndoPredict test. At the first consultation, patients will be invited to complete the 3 following questionnaires: (Decision conflict scale (DCS) and the STAI trait/state anxiety). Patient and oncologist meet again within 2 weeks with EndoPredict test results available. Additional information from this test is shared and discussed and a joint treatment decision made about adjuvant chemotherapy. Patients then complete questionnaires (Decision conflict scale (DCS) and the STAI state form. Decision and chemotherapy regimen is documented in CRF.

Intervention Type

Other

Primary outcome measure

Change in use of chemotherapy, measuring any change in treatment decision after receiving the EndoPredict test results, by the patient and by the clinician, recorded on a case report form.

Secondary outcome measures

Recording psychosocial outcomes which may influence decision making, recorded on STAI trait, STAI state, and DCS licensed questionnaires. Economic analysis of difference in chemotherapy use.

Overall study start date

21/07/2015

Completion date

27/10/2016

Eligibility

Key inclusion criteria

1. Women over 18 years of age with first presentation of early Oestrogen Receptor +ve and HER-2

2. Negative breast cancer with all known disease surgically removed

3. Women who have an unclear decision regarding chemotherapy based on standard prognostic criteria

4. Performance status and general health sufficient in the judgement of the treating oncologist to manage adjuvant chemotherapy5. Ability to understand verbal and written English

Participant type(s)

Patient

Age group

Adult

Lower age limit

18 Years

Sex Female

Target number of participants Planned Sample Size: 151; UK Sample Size: 151

Total final enrolment 149

Key exclusion criteria 1. Patients unwilling to accept adjuvant chemotherapy 2. Patients unable to give full informed consent

Date of first enrolment 28/07/2015

Date of final enrolment 01/05/2016

Locations

Countries of recruitment England

United Kingdom

Study participating centre Royal Sussex County Hospital (lead centre) Eastern Road Brighton United Kingdom BN2 5BE

Study participating centre

Western Sussex Hospitals NHS Foundation Trust

Lyndhurst Rd Worthing, West Sussex United Kingdom BN11 2DH

Study participating centre Surrey & Sussex Healthcare NHS East Surrey Hospital Canada Ave

Redhill Surrey United Kingdom RH1 5RH

Study participating centre Dartford and Gravesham NHS Trust Darent Valley Hospital Darenth Wood Road Dartford Kent United Kingdom DA2 8DA

Study participating centre East Sussex Healthcare NHS Trust King's Dr Eastbourne East Sussex United Kingdom BN21 2UD

Study participating centre Maidstone & Tunbridge Wells NHS Trust Tunbridge Wells Hospital Tonbridge Road Tunbridge Wells Kent United Kingdom TN2 4QJ

Study participating centre East Kent Hospitals University NHS Foundation Trust Kent United Kingdom CT1 3NG

Study participating centre Frimley Park Hospital

Portsmouth Road Frimley Surrey United Kingdom GU16 7UJ

Study participating centre Royal Surrey County Hospital Egerton Road Guildford Surrey United Kingdom GU2 7XX

Sponsor information

Organisation Brighton & Sussex University Hospitals NHS Trust

Sponsor details

CIRU, Royal Sussex County Hospital Eastern Road Brighton England United Kingdom BN2 5BE

Sponsor type Hospital/treatment centre

Funder(s)

Funder type

Industry

Funder Name Myriad Genetics Inc

Results and Publications

Publication and dissemination plan Not provided at time of registration

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Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<u>Plain English results</u>			23/05/2019	No	Yes
HRA research summary			28/06/2023	No	No