

# A randomised controlled factorial trial of simple strategies to implement non-pharmacological dietary advice for hypertension in primary care

<b>Submission date</b> 31/01/2002	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 31/01/2002	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 10/09/2007	<b>Condition category</b> Circulatory System	<input type="checkbox"/> Individual participant data

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

Dr Paul S Little

### Contact details

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## Additional identifiers

### Protocol serial number

PG/97172

## Study information



## **Scientific Title**

### **Study objectives**

Not provided at time of registration

### **Ethics approval required**

Old ethics approval format

### **Ethics approval(s)**

Southampton and South West Hampshire local research ethics committee.

### **Study design**

Randomised controlled trial

### **Primary study design**

Interventional

### **Study type(s)**

Treatment

### **Health condition(s) or problem(s) studied**

Essential hypertension

### **Interventions**

Subjects to be randomised to one of eight groups by 2x2x2 factorial design:

Factor 1: leaflet

Factor 2: low salt

Factor 3: lifestyle prompts

### **Intervention Type**

Other

### **Phase**

Not Specified

### **Primary outcome(s)**

Not provided at time of registration

### **Key secondary outcome(s)**

Not provided at time of registration

### **Completion date**

01/01/2001

## **Eligibility**

### **Key inclusion criteria**

Patients with blood pressure greater than 160/90 mmHg



**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Not Specified

**Sex**

Not Specified

**Key exclusion criteria**

Not provided at time of registration

**Date of first enrolment**

01/01/1999

**Date of final enrolment**

01/01/2001

**Locations****Countries of recruitment**

United Kingdom

England

**Study participating centre**

Primary Medical Care Group

Southampton

United Kingdom

SO16 5ST

**Sponsor information****Organisation**

British Heart Foundation (UK)

**ROR**

<https://ror.org/02wdwnk04>

**Funder(s)**



**Funder type**

Charity

**Funder Name**

British Heart Foundation (UK)

**Alternative Name(s)**

the\_bhf, The British Heart Foundation, BHF

**Funding Body Type**

Private sector organisation

**Funding Body Subtype**

Trusts, charities, foundations (both public and private)

**Location**

United Kingdom

## Results and Publications

**Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration

**Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	Results	01/05/2004		Yes	No