A randomised controlled factorial trial of simple strategies to implement non-pharmacological dietary advice for hypertension in primary care

Submission date	Recruitment status No longer recruiting	Prospectively registered		
31/01/2002		☐ Protocol		
Registration date	Overall study status	Statistical analysis plan		
31/01/2002	Completed	[X] Results		
Last Edited 10/09/2007	Condition category Circulatory System	[] Individual participant data		
10/09/2007	Circulatory System			

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

Dr Paul S Little

Contact details

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

PG/97172

Study information

Scientific Title

Study objectives

Not provided at time of registration

Ethics approval required

Old ethics approval format

Ethics approval(s)

Southampton and South West Hampshire local research ethics committee.

Study design

Randomised controlled trial

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

GP practice

Study type(s)

Treatment

Participant information sheet

Health condition(s) or problem(s) studied

Essential hypertension

Interventions

Subjects to be randomised to one of eight groups by 2x2x2 factorial design:

Factor 1: leaflet Factor 2: low salt

Factor 3: lifestyle prompts

Intervention Type

Other

Phase

Not Specified

Primary outcome measure

Not provided at time of registration

Secondary outcome measures

Not provided at time of registration

Overall study start date

01/01/1999

Completion date

01/01/2001

Eligibility

Key inclusion criteria

Patients with blood pressure greater than 160/90 mmHg

Participant type(s)

Patient

Age group

Not Specified

Sex

Not Specified

Target number of participants

Not provided at time of registration

Key exclusion criteria

Not provided at time of registration

Date of first enrolment

01/01/1999

Date of final enrolment

01/01/2001

Locations

Countries of recruitment

England

United Kingdom

Study participating centre

Primary Medical Care Group

Southampton United Kingdom SO16 5ST

Sponsor information

Organisation

British Heart Foundation (UK)

Sponsor details

14 Fitzhardinge Street London United Kingdom W1H 6DH +44 (0)20 7935 0185 research@bhf.org.uk

Sponsor type

Charity

Website

http://www.bhf.org.uk/

ROR

https://ror.org/02wdwnk04

Funder(s)

Funder type

Charity

Funder Name

British Heart Foundation (UK)

Alternative Name(s)

the_bhf, The British Heart Foundation, BHF

Funding Body Type

Private sector organisation

Funding Body Subtype

Trusts, charities, foundations (both public and private)

Location

United Kingdom

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	Results	01/05/2004		Yes	No