# Randomised controlled trial of restrictive versus routine use of episiotomy for instrumental delivery - a multicentre pilot study

Submission date	Recruitment status	[_] Pro:
19/01/2006	No longer recruiting	[_] Pro
Registration date	Overall study status	[] Stat
20/04/2006	Completed	[X] Res
Last Edited	Condition category	[_] Indi
07/12/2010	Pregnancy and Childbirth	

### Plain English summary of protocol

Not provided at time of registration

### Contact information

Type(s) Scientific

Contact name Prof Deirdre Murphy

#### Contact details

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### Additional identifiers

EudraCT/CTIS number

**IRAS** number

ClinicalTrials.gov number

Secondary identifying numbers

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### Study information

Scientific Title

**Study objectives** Aim to assess the effects of restrictive use of episiotomy compared with routine use during instrumental vaginal delivery

**Ethics approval required** Old ethics approval format

**Ethics approval(s)** Ethical approval granted on 12/08/2004, reference number 04/MRE10/29

**Study design** Randomised controlled, multicentre pilot study

**Primary study design** Interventional

**Secondary study design** Randomised controlled trial

**Study setting(s)** Hospital

**Study type(s)** Treatment

Participant information sheet

Health condition(s) or problem(s) studied Instrumental vaginal delivery

Interventions Restrictive versus routine use of episiotomy

Intervention Type Other

**Phase** Not Specified

**Primary outcome measure** Third or fourth degree perineal tears

Secondary outcome measures

Mother's perception of pain
Length of postnatal hospital stay
Rate of maternal healing complications

4. Neonatal trauma

Overall study start date 01/09/2004

**Completion date** 

31/08/2006

## Eligibility

#### Key inclusion criteria

- 1. Primgravidae
- 2. Singleton
- 3. Cephalic presentation
- 4. At term ( >37 weeks gestation)
- 5. No contraindications to vaginal delivery

Participant type(s)

Patient

**Age group** Adult

**Sex** Female

**Target number of participants** 200

#### Key exclusion criteria

Poor English
Maternal age <16 years</li>
Inability to provide informed consent

### Date of first enrolment

01/09/2004

Date of final enrolment 31/08/2006

### Locations

**Countries of recruitment** Scotland

United Kingdom

**Study participating centre Division of Maternal and Child Health Sciences** Dundee United Kingdom DD1 9SY

### Sponsor information

**Organisation** University of Dundee (UK)

**Sponsor details** Research and Innovation Services Dundee Scotland United Kingdom DD1 4HN

**Sponsor type** University/education

ROR https://ror.org/03h2bxq36

### Funder(s)

**Funder type** Charity

Funder Name Tenovus Scotland T03/23

### **Results and Publications**

**Publication and dissemination plan** Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

**IPD sharing plan summary** Not provided at time of registration

### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<u>Results article</u>	results	01/12/2008		Yes	No