

# Does the use of food photography help people with diabetes?

**Submission date**

29/09/2006

**Recruitment status**

No longer recruiting

☐ Prospectively registered

☐ Protocol

**Registration date**

29/09/2006

**Overall study status**

Completed

☐ Statistical analysis plan

☐ Results

**Last Edited**

28/04/2015

**Condition category**

Nutritional, Metabolic, Endocrine

☐ Individual participant data

☐ Record updated in last year

**Plain English summary of protocol**

Not provided at time of registration

## Contact information

**Type(s)**

Scientific

**Contact name**

Ms Marilyn Yusuf

**Contact details**

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## Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

N0051177692

## Study information

**Scientific Title**

Does the use of food photography help people with diabetes?

**Study objectives**

Is food photography a useful tool in the management of people with diabetes and can it influence people's choice of food portion size and their perception of what they eat?

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Not provided at time of registration

**Study design**

Randomised controlled trial

**Primary study design**

Interventional

**Secondary study design**

Randomised controlled trial

**Study setting(s)**

Not specified

**Study type(s)**

Treatment

**Participant information sheet****Health condition(s) or problem(s) studied**

Nutritional, Metabolic, Endocrine: Diabetes

**Interventions**

Visit 1: patients will be randomised to complete a standard written food diary or a photographic food diary (using a 35 mm camera)

Visit 2: participants will be given education and nutrition counselling by the dietician based on their respective food diaries. Baseline measurements of body weight and HbA1c will be taken.

Visit 3: all participants will repeat measurements of body weight and HbA1c

**Intervention Type**

Other

**Phase**

Not Specified

**Primary outcome measure**

1. Improvement in diabetes control - HbA1c, lipids and weight loss

2. Data to advice the sample size

**Secondary outcome measures**

Not provided at time of registration

**Overall study start date**

01/01/2006

**Completion date**

30/06/2006

## Eligibility

**Key inclusion criteria**

8 patients with type 2 diabetes

**Participant type(s)**

Patient

**Age group**

Adult

**Sex**

Not Specified

**Target number of participants**

8

**Key exclusion criteria**

Not provided at time of registration

**Date of first enrolment**

01/01/2006

**Date of final enrolment**

30/06/2006

## Locations

**Countries of recruitment**

England

United Kingdom

**Study participating centre**

Brighton & Sussex University Hospitals NHS Trust (RSCH)

Brighton

United Kingdom

BN2 5BE

# Sponsor information

## Organisation

Record Provided by the NHSTCT Register - 2006 Update - Department of Health

## Sponsor details

The Department of Health, Richmond House, 79 Whitehall

London

United Kingdom

SW1A 2NL

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## Sponsor type

Government

## Website

<http://www.dh.gov.uk/Home/fs/en>

# Funder(s)

## Funder type

Government

## Funder Name

Brighton and Sussex University Hospitals NHS Trust (UK), NHS R&D Support Funding

# Results and Publications

## Publication and dissemination plan

Not provided at time of registration

## Intention to publish date

## Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration