

Does the use of food photography help people with diabetes?

Submission date

29/09/2006

Recruitment status

No longer recruiting

☐ Prospectively registered

☐ Protocol

Registration date

29/09/2006

Overall study status

Completed

☐ Statistical analysis plan

☐ Results

Last Edited

28/04/2015

Condition category

Nutritional, Metabolic, Endocrine

☐ Individual participant data

☐ Record updated in last year

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

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Contact details

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BN2 5BE

Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers

N0051177692

Study information

Scientific Title

Does the use of food photography help people with diabetes?

Study objectives

Is food photography a useful tool in the management of people with diabetes and can it influence people's choice of food portion size and their perception of what they eat?

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Not specified

Study type(s)

Treatment

Participant information sheet**Health condition(s) or problem(s) studied**

Nutritional, Metabolic, Endocrine: Diabetes

Interventions

Visit 1: patients will be randomised to complete a standard written food diary or a photographic food diary (using a 35 mm camera)

Visit 2: participants will be given education and nutrition counselling by the dietician based on their respective food diaries. Baseline measurements of body weight and HbA1c will be taken.

Visit 3: all participants will repeat measurements of body weight and HbA1c

Intervention Type

Other

Phase

Not Specified

Primary outcome measure

1. Improvement in diabetes control - HbA1c, lipids and weight loss

2. Data to advice the sample size

Secondary outcome measures

Not provided at time of registration

Overall study start date

01/01/2006

Completion date

30/06/2006

Eligibility

Key inclusion criteria

8 patients with type 2 diabetes

Participant type(s)

Patient

Age group

Adult

Sex

Not Specified

Target number of participants

8

Key exclusion criteria

Not provided at time of registration

Date of first enrolment

01/01/2006

Date of final enrolment

30/06/2006

Locations

Countries of recruitment

England

United Kingdom

Study participating centre

Brighton & Sussex University Hospitals NHS Trust (RSCH)

Brighton

United Kingdom

BN2 5BE

Sponsor information

Organisation

Record Provided by the NHSTCT Register - 2006 Update - Department of Health

Sponsor details

The Department of Health, Richmond House, 79 Whitehall
London

United Kingdom

SW1A 2NL

+44 (0)20 7307 2622

dhmail@doh.gsi.org.uk

Sponsor type

Government

Website

<http://www.dh.gov.uk/Home/fs/en>

Funder(s)

Funder type

Government

Funder Name

Brighton and Sussex University Hospitals NHS Trust (UK), NHS R&D Support Funding

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration