Does the use of food photography help people with diabetes?

Submission date	Recruitment status	Prospectively registered
29/09/2006	No longer recruiting	☐ Protocol
Registration date	Overall study status	Statistical analysis plan
29/09/2006	Completed	☐ Results
Last Edited	Condition category	Individual participant data
28/04/2015	Nutritional, Metabolic, Endocrine	Record updated in last year

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

Ms Marilyn Yusuf

Contact details

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Additional identifiers

Protocol serial number N0051177692

Study information

Scientific Title

Does the use of food photography help people with diabetes?

Study objectives

Is food photography a useful tool in the management of people with diabetes and can it influence people's choice of food portion size and their perception of what they eat?

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Nutritional, Metabolic, Endocrine: Diabetes

Interventions

Visit 1: patients will be randomised to complete a standard written food diary or a photographic food diary (using a 35 mm camera)

Visit 2: participants will be given education and nutrition counselling by the dietician based on their respective food diaries. Baseline measurements of body weight and HbA1c will be taken. Visit 3: all participants will repeat measurements of body weight and HbA1c

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

- 1. Improvement in diabetes control HbA1c, lipids and weight loss
- 2. Data to advice the sample size

Key secondary outcome(s))

Not provided at time of registration

Completion date

30/06/2006

Eligibility

Key inclusion criteria

8 patients with type 2 diabetes

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Sex

Not Specified

Key exclusion criteria

Not provided at time of registration

Date of first enrolment

01/01/2006

Date of final enrolment

30/06/2006

Locations

Countries of recruitment

United Kingdom

England

Study participating centre

Brighton & Sussex University Hospitals NHS Trust (RSCH)

Brighton United Kingdom BN2 5BE

Sponsor information

Organisation

Record Provided by the NHSTCT Register - 2006 Update - Department of Health

Funder(s)

Funder type

Government

Funder Name

Brighton and Sussex University Hospitals NHS Trust (UK), NHS R&D Support Funding

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration