# A pragmatic randomised trial of exercise training in older people with heart failure

Submission date	Recruitment status No longer recruiting	[X] Prospectively registered		
12/09/2002		☐ Protocol		
Registration date	Overall study status Completed	Statistical analysis plan		
12/09/2002		[X] Results		
Last Edited	Condition category	[] Individual participant data		
05/09/2007	Circulatory System			

## Plain English summary of protocol

Not provided at time of registration

# Contact information

## Type(s)

Scientific

#### Contact name

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# Additional identifiers

Protocol serial number 2006/918

# Study information

Scientific Title

#### **Study objectives**

Not provided at time of registration

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Not provided at time of registration

#### Study design

Randomised controlled trial

## Primary study design

Interventional

#### Study type(s)

Quality of life

## Health condition(s) or problem(s) studied

Chronic stable heart failure

#### **Interventions**

Individualised, graduated exercise training versus usual care

#### Intervention Type

Other

#### **Phase**

**Not Specified** 

#### Primary outcome(s)

Not provided at time of registration

#### Key secondary outcome(s))

Not provided at time of registration

#### Completion date

01/01/2004

# **Eligibility**

#### Key inclusion criteria

Aged 70 years or over with New York Heart Association (NYHA) class II and III chronic heart failure

#### Participant type(s)

Patient

#### Healthy volunteers allowed

No

#### Age group

Senior

#### Sex

**Not Specified** 

## Key exclusion criteria

Not provided at time of registration

#### Date of first enrolment

01/01/2003

#### Date of final enrolment

01/01/2004

# **Locations**

#### Countries of recruitment

**United Kingdom** 

Scotland

# Study participating centre

Ageing and Health

Dundee United Kingdom DD1 9SY

# **Sponsor information**

## Organisation

The Health Foundation (UK)

#### **ROR**

https://ror.org/02bzj4420

# Funder(s)

## Funder type

Charity

## Funder Name

The Health Foundation (UK)

# **Results and Publications**

Individual participant data (IPD) sharing plan

# IPD sharing plan summary

Not provided at time of registration

## **Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	Results	01/05/2005		Yes	No