

# A pragmatic randomised trial of exercise training in older people with heart failure

<b>Submission date</b> 12/09/2002	<b>Recruitment status</b> No longer recruiting	<input checked="" type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 12/09/2002	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 05/09/2007	<b>Condition category</b> Circulatory System	<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

**Secondary identifying numbers**  
2006/918

# Study information

## Scientific Title

### Study objectives

Not provided at time of registration

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Not provided at time of registration

### Study design

Randomised controlled trial

### Primary study design

Interventional

### Secondary study design

Randomised controlled trial

### Study setting(s)

Not specified

### Study type(s)

Quality of life

## Participant information sheet

### Health condition(s) or problem(s) studied

Chronic stable heart failure

### Interventions

Individualised, graduated exercise training versus usual care

### Intervention Type

Other

### Phase

Not Specified

### Primary outcome measure

Not provided at time of registration

### Secondary outcome measures

Not provided at time of registration

**Overall study start date**

01/01/2003

**Completion date**

01/01/2004

## Eligibility

**Key inclusion criteria**

Aged 70 years or over with New York Heart Association (NYHA) class II and III chronic heart failure

**Participant type(s)**

Patient

**Age group**

Senior

**Sex**

Not Specified

**Target number of participants**

82

**Key exclusion criteria**

Not provided at time of registration

**Date of first enrolment**

01/01/2003

**Date of final enrolment**

01/01/2004

## Locations

**Countries of recruitment**

Scotland

United Kingdom

**Study participating centre**

**Ageing and Health**

Dundee

United Kingdom

DD1 9SY

# Sponsor information

## Organisation

The Health Foundation (UK)

## Sponsor details

90 Long Acre  
London  
United Kingdom  
WC2E 9RA  
+44 (0)20 7257 8000  
info@health.org.uk

## Sponsor type

Charity

## Website

<http://www.pppfoundation.org.uk/>

## ROR

<https://ror.org/02bj4420>

# Funder(s)

## Funder type

Charity

## Funder Name

The Health Foundation (UK)

# Results and Publications

## Publication and dissemination plan

Not provided at time of registration

## Intention to publish date

## Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

**Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	Results	01/05/2005		Yes	No